



**CalOptima Medi-Cal  
Step and Contingent Therapy Restrictions**

<b>Generic Name</b>	<b>Representative Brand Name</b>	<b>Step or Contingent Therapy Restriction</b>
Acetaminophen drops, liquid, chew tablets, dissolve tablets, suppository	Tylenol	Limited to members age 20 years or under
Acetic acid	Vosol	Limited to members age 20 years or under
Acetaminophen-Codeine	Tylenol-Codeine	Limited to age 13 years or older
Alcaftadine	Lastacaft	Must first try cromolyn or ketotifen
Alclometasone cream	Aclovate	Limited to members age 20 years or under
Alendronate	Fosamax	Limited to age 50 years or older
Alogliptin	Nesina	Must first try metformin or sulfonylurea
Alogliptin-Metformin	Kazano	Must first try metformin or sulfonylurea
Aloglipin-Pioglitazone	Oseni	Must first try metformin or sulfonylurea
Aminocaproic acid oral solution	Amicar	Limited to members age 20 years or under
Amitriptyline	Elavil	Limited to members age 64 years or under
Amlodipine Benzoate	Katerzia	Limited to members age 20 years or under
Ammonium lactate	Amlactin	Limited to members age 20 years or under
Anastrozole	Arimidex	For females only
Antipyrine-Benzocaine	Auralgan	Limited to members age 20 years or under
Aprepitant	Emend	For use with ondansetron or granisetron
Alteplase	Cathflo Activase	Limited to members age 20 years or under
Ascorbic acid 500mg	Vitamin C	Limited to members age 20 years or under
Aspirin-Dipyridamole	Aggrenox	Must first try aspirin
Atovaquone	Mepron	Must first try trimethoprim-sulfamethoxazole
Auranofin	Ridaura	Must first try methotrexate
Azelastine	Optivar	Must first try cromolyn or ketotifen
Azithromycin 600mg	Zithromax	For members receiving an antiretroviral agent
Aztreonam lysine	Cayston	Limited to members age 20 years or under
Bethanechol	Urecholine	Limited to members age 20 years or under
Bimatoprost 0.03%	Lumigan	Must first try latanoprost
Blood ketone test strips	Precision Xtra	Limited to members age 20 years or under
Bosentan	Tracleer	Limited to members age 20 years or under
Brivaracetam	Briviact	Limited to members age 20 years or under
Budesonide nebulization 0.25mg/2mL, 1mg/2mL	Pulmicort	Limited to members age 20 years or under
Budesonide ER	Entocort EC, Uceris	Limited to members age 20 years or under
Budesonide-Formoterol	Symbicort <sup>®</sup>	Limited to members age 20 years or under
Butalbital- Acetaminophen- Caffeine 50mg-325mg-40mg tablet	Fioricet	Limited to members age 64 years or under



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Butalbital- Aspirin- Caffeine 50mg-325mg- 40mg capsule	Fiorinal	Limited to members age 64 years or under
Cabazitaxel	Jevtana	Limited to males
Cabergoline	Dostinex	Limited to members age 20 years or under
Calamine-Zinc oxide	Calamine	Limited to members age 20 years or under
Calcitonin nasal solution	Miacalcin	For women age 70 years or older and currently taking calcium supplements
Calcitriol	Rocaltrol	Limited to members age 20 years or under
Calcium carbonate suspension	Calcium	Limited to members age 20 years or under
Canagliflozin	Invokana	Must first try Jardiance or Steglatro
Canagliflozin-Metformin	Invokamet, Invokamet XR	Must first try Jardiance or Steglatro
Cannabidiol	Epidiolex	Limited to members age 20 years or under
Captopril	Capoten	Limited to members age 20 years or under
Carbamide peroxide	Debrox	Limited to members age 20 years or under
Carisoprodol 350mg	Soma	Limited to members age 64 years or under
Cefpodoxime	Vantin	Limited to members age 20 years or under
Cefprozil	Cefzil	Limited to members age 20 years or under
Chlorhexidine gluconate	Hibiclens	Limited to members age 20 years or under
Chlorothiazide	Diuril	Limited to members age 20 years or under
Chlorpheniramine	Chlor-Trimeton	Limited to members age 64 years or under
Chlorpheniramine-Codeine	Z-Tuss AC	Limited to members age 18 to 64 years
Clindamycin-Benzoyl Peroxide 1%-5% gel pump	Benzaclin	Limited to members age 20 years or under
Clobazam	Onfi, Sympazan	Limited to members age 20 years or under
Clobetasol ointment	Temovate	Limited to members age 20 years or under
Clonidine patch	Catapres-TTS	Limited to members age 20 years or under
Clorazepate	Tranxene-T	Limited to members age 20 years or under
Cinacalcet	Sensipar	Limited to secondary hyperparathyroidism in members on dialysis
Ciprofloxacin	Cetraxal	Limited to members age 20 years or under
Ciprofloxacin oral suspension	Cipro	Limited to members age 20 years or under
Ciprofloxacin-Dexamethasone	Ciprodex	Limited to members age 20 years or under
Ciprofloxacin-Hydrocortisone	Cipro HC	Limited to members age 20 years or under



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Cobicistat	Tybost	For members receiving atazanavir or darunavir
Colistin	Colistimethate	Limited to members age 20 years or under
Collagenase	Santyl	Limited to members age 20 years or under
Compounding vehicle suspension	Ora Plus	Limited to members age 20 years or under
Cyclobenzaprine	Flexeril	Limited to members age 64 years or under
Cyproheptadine syrup	Periactin	Limited to members age 20 years or under
Cyproheptadine tablet	Periactin	Limited to members age 64 years or under
OTC Cough and Cold Products	Various	Limited to members age 3 to 20 years
Dabigatran	Pradaxa	Must first try warfarin or enoxaparin
Dantrolene	Dantrium	Limited to members age 20 years or under
Dapagliflozin-Saxagliptin	Qtern	Must first try metformin
Deferasirox	Jadenu	Limited to members age 20 years or under
Diazepam	Diastat, Diastat Acudial, Valtoco	Limited to members age 20 years or under
Diazoxide	Proglycem	Limited to members age 20 years or under
Dicyclomine	Bentyl	Limited to members age 64 years or under
Difenoxin-Atropine sulfate	Motofen	Limited to members age 64 years or under
Digoxin	Lanoxin	Limited to members age 64 years or under
Dimenhydrinate 25mg chew	Dramamine	Limited to members age 20 years or under
Dimenhydrinate	Dramamine	Limited to members age 64 years or under
Dimethicone-Zinc oxide-Vitamin A-Vitamin D-Aloe	A & D Diaper Rash	Limited to members age 20 years or under
Diphenhydramine	Benadryl	Limited to members age 64 years or under
Diphenhydramine- Zinc acetate	Benadryl Itch	Limited to members age 20 years or under
Dipyridamole	Persantine	Limited to members age 64 years or under
Disopyramide	Norpace, Norpace ER	Limited to members age 64 years or under
Divalproex sodium	Depakote, Depakote ER <sup>®</sup>	Limited to members age 20 years or under
Dolutegravir	Tivicay PD	Limited to members age 20 years or under
Donepezil	Aricept	Limited to members age 55 years or over
Dornase Alfa	Pulmozyme	Limited to members age 20 years or under
Doxepin	Silenor	Limited to members age 64 years or under
Doxepin oral concentrate	Silenor	Limited to members age 20 years or under
Doxycycline hyclate	Vibramycin	Limited to age 8 years or older
Doxycycline monohydrate	Adoxa, Monodox	Limited to age 8 years or older
Dronabinol	Marinol	For members receiving an antiretroviral agent



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Dulaglutide	Trulicity	Must first try metformin or metformin combination products
Dutasteride	Avodart	For males only
Edoxaban	Savaysa	Must first try warfarin or enoxaparin
Eletriptan	Relpax	Must first try sumatriptan, naratriptan, or rizatriptan
Eltrombopag	Promacta	Limited to members age 20 years or under
Empagliflozin	Jardiance	Must first try metformin or metformin combination products
Empagliflozin-Metformin	Synjardy, Synjardy XR	Must first try metformin or metformin combination products
Enalapril	Epaned	Limited to members age 20 years or under
Entacapone	Comtan	Must first try carbidopa/levodopa, carbidopa/levodopa ER, or levodopa
Epinastine	Elestat	Must first try cromolyn or ketotifen
Eplerenone	Inspra	Must first try spironolactone
Epoetin alfa	Epogen, Procrit	For members receiving zidovudine
Ertugliflozin	Steglatro	Must first try metformin or metformin combination products
Ertugliflozin-Metformin	Segluromet	Must first try metformin or metformin combination products
Ertugliflozin-Sitagliptin	Steglujan	Must first try alogliptin
Erythromycin suspension	Eryped, E.E.S.	Limited to members age 20 years or under
Eslicarbazepine	Aptiom	Limited to members age 20 years or under
Estradiol tablet	Estrace	Limited to members age 64 years or under
Eszopiclone	Lunesta	Limited to members age 64 years or under
Exenatide	Byetta, Bydureon	Must first try metformin or metformin combination products
Exemestane	Aromasin	For females only
Felbamate	Felbatol <sup>®</sup>	Limited to members age 20 years or under
Ferrous sulfate liquid	Iron	Limited to members age 20 years or under
Fexofenadine oral suspension	Allegra	Must first try cetirizine, levocetirizine, or loratadine
Finasteride	Proscar	For males only
Fish Oil (Generic OTC)	Various	Must first try atorvastatin, lovastatin, pravastatin, rosuvastatin, or simvastatin
Fluconazole 150mg tablet	Diflucan	For females only
Fluconazole suspension	Diflucan	Limited to members age 18 years or under

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Generic Name	Representative Brand Name	Step or Contingent Therapy Restriction
Flunisolide	Nasarel	Must first try budesonide, fluticasone, or triamcinolone
Fluocinolone acetonide oil	Dermotic	Limited to members age 20 years or under
Fluoxymesterone	Androxy	For females only
Fluoxetine tablet	Sarafem	Must first try fluoxetine capsule
Fluticasone-Salmeterol	Advair HFA	Must first try generic Airduo
Fluticasone-Vilanterol	Breo Ellipta	Must first try generic Airduo
Fosfomycin	Monurol	For members receiving azathioprine, cyclosporine, everolimus, methotrexate, mycophenolate, sirolimus, or tacrolimus
Gabapentin oral solution	Neurontin	Limited to members age 20 years or under
Galantamine	Razadyne, Razadyne ER	Limited to members age 55 years or over
Glimepiride	Amaryl	Limited to members age 64 years or under
Glucagon	Gvoke	Limited to members age 20 years or under
Glucose blood test	Various	Limited to members age 20 years or under receiving medications for diabetes
Glucose blood test	True Metrix test strips*	For members receiving prenatal vitamins, immunosuppressants, or medications for diabetes
Glucose urine test	Diastix, Clinistix, Clinitest	For members receiving prenatal vitamins, immunosuppressants, or medications for diabetes
Glyburide	Diabeta	Limited to members age 64 years or under
Glyburide-Metformin	Glucovance	Limited to members age 64 years or under
Glycopyrrolate syringe/vial, oral solution	Robinul, Cuvposa	Limited to members age 20 years or under
Glycopyrrolate-formoterol	Bevespi	Must first try Incruse Ellipta
Guaifenesin-Codeine	Cheratussin AC	Limited to members age 18 to 64 years
Guaifenesin-Pseudoephedrine-Codeine	Virtussin DAC	Limited to members age 18 to 64 years
Guanfacine	Tenex	Limited to members age 64 years or under
Hydrocodone-Homatropine	Hydromet	Limited to members age 18 years and older
Hydrocortisone- Acetic acid	Acetasol HC	Limited to members age 20 years or under
Hydrocortisone butyrate 0.1% cream	Locoid	Limited to members age 20 years or under
Hydrocortisone butyrate 0.1% ointment	Locoid	Must first try betamethasone, fluocinolone, mometasone, or triamcinolone
Hydrocortisone valerate	Westcort	Must first try betamethasone, fluocinolone, mometasone, or triamcinolone
Hydroxyprogesterone caproate	Makena <sup>d</sup>	Limited to female members



A Public Agency

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Hydroxyzine HCL	Atarax	Limited to members age 64 years or under
Hydroxyzine pamoate	Vistaril	Limited to members age 64 years or under
Ibandronate	Boniva	Limited to females and age 50 years or older
Imipramine	Tofranil	Limited to members age 64 years or under
Indacaterol- Glycopyrrolate	Utibron Neohaler	Must first try Incruse Ellipta
Indomethacin	Indocin	Limited to members age 64 years or under
Insulin Aspart	Novolog <sup>¥</sup> , Novolog Flexpen, Novolog Mix <sup>¥</sup> 70-30 <sup>¥</sup>	Limited to members age 20 years or under
Insulin Degludec	Tresiba Flextouch	Limited to members age 20 years or under
Insulin Lispro	Humalog Junior, Kwikpen, Humalog <sup>¥</sup> , Humalog Kwikpen <sup>¥</sup>	Limited to members age 20 years or under
Isradipine	Dynacirc CR	Must first try amlodipine or felodipine
Itraconazole oral solution	Sporanox	Limited to members age 20 years or under
Lacosamide	Vimpat	Limited to members age 20 years or under
Lactulose oral packet	Kristalose	Limited to members age 20 years or under
Lamotrigine chewable tablet, ER tablet, dispersible tablet	Lamictal	Limited to members age 20 years or under
Lamivudine-Tenofovir disoproxil fumarate	Cimduo	Must use in combination with another antiretroviral
Lansoprazole dispersible tablet	Prevacid	Limited to members age 20 years or under
Leflunomide	Arava	Must first try methotrexate
Letrozole	Femara	For females only
Levalbuterol	Xopenex HFA	Must first try Proair HFA, Proventil HFA, or Ventolin HFA
Levalbuterol nebulization	Xopenex	Limited to members age 20 years or under
Levetiracetam	Keppra, Keppra ER, Roweepea, Roweepea ER <sup>¥</sup>	Limited to members age 20 years or under
Levocarnitine	Carnitor	Limited to members age 20 years or under
Lidocaine 2% jelly, 4% cream	Anecream, Xylocaine	Limited to members age 20 years or under
Lidocaine-Prilocaine	Emla	Limited to members age 20 years or under
Lidocaine-Tetracaine	Synera	Limited to members age 20 years or under
Lipase-Protease-Amylase	Creon, Pancreaze, Pancrelipase, Zenpep, Pertyze, Viokace	Limited to members age 20 years or under





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Liraglutide	Victoza	Limited to members age 20 years or under
Lisdexamfetamine	Vyvanse	Must first try a stimulant
Lorazepam oral concentrate	Ativan	Limited to members age 20 years or under
Malathion	Ovide	Must first try permethrin or piperonyl butoxide-pyrethrins-permethrin
Medium Chain Triglycerides	MCT Oil	Limited to members age 20 years or under
Megestrol	Megace	For members receiving an antiretroviral or anticancer agent
Megestrol 625mg/5mL oral suspension	Megace ES	Limited to members age 20 years or under
Memantine	Namenda	Limited to members age 55 years or over
Memantine ER-Donepezil	Namzaric	Must first try Namenda XR
Mercaptopurine	Purixan	Limited to members age 20 years or under
Mesalamine	Apriso, Asacol HD, Canasa, Delzicol, Lialda, Pentasa	Limited to members age 20 years or under
Metformin	Riomet	Limited to members age 20 years or under
Methocarbamol	Robaxin	Limited to members age 64 years or under
Methotrexate	Xatmep, Trexall	Limited to members age 20 years or under
Methyldopa	Aldomet	Limited to members age 64 years or under
Methyldopa-HCTZ	Aldoril	Limited to members age 64 years or under
Methylergonovine	Methergine	For females age 12-44 years
Methylphenidate	Daytrana	Limited to members age 20 years or under
Milnacipran	Savella	Must first try duloxetine
Mineral oil- Hydrophil Petrolatum	Dermaphor	Limited to members age 20 years or under
Minocycline	Minocin	Limited to age 8 years or older
Misoprostol	Cytotec	For members receiving an NSAID
Mometasone	Nasonex	Limited to members age 20 years or under
Mometasone-Formoterol	Dulera	Must first try generic Airduo
Multivitamin infusion	Infuvite	Limited to members age 20 years or under
Nadolol	Corgard	Must first try propranolol
Naloxegol oxalate	Movantik	Must be receiving methadone
Neomycin-Colistin-Hydrocortisone-Thonzonium bromide	Coly-Mycin S	Limited to members age 20 years or under
Netarsudil	Rhopressa	Must first try Lumigan
Nitrofurantoin	Furadantin	Limited to members age 20 years or under



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Nitrofurantoin	Macrochantin, Macrobid	Limited to members age 64 years or under
Nortriptyline	Pamelor	Limited to members age 64 years or under
Nystatin-Triamcinolone cream	Myconel	Limited to members age 20 years or under
Ofloxacin	Floxin	Limited to members age 20 years or under
Olopatadine	Patanol	Must first try cromolyn or ketotifen
Omega-3 acid ethyl esters	Lovaza	Must first try generic OTC fish oil
Onabotulinumtoxina	Botox	Limited to members age 20 years or under
Oxcarbazepine ER	Oxtellar XR	Limited to members age 20 years or under
Oxymetazoline	Afrin	Limited to members age 20 years or under
Paroxetine	Paxil	Limited to members age 64 years or under
Pediatric Multivitamin	Nano VM	Limited to members age 20 years or under
Pentosan polysulfate sodium	Elmiron	Limited to members age 20 years or under
Pentoxifylline	Trental	Must first try cilostazol
Perampanel	Fycompa	Limited to members age 20 years or under
Perphenazine-Amitriptyline	Etrafon	Limited to members age 64 years or under
Petrolatum	Aquaphor	Limited to members age 20 years or under
Pindolol	Visken	Must first try acebutolol
Phytonadione injection	Vitamin K1	Limited to members age 20 years or under
Phenobarbital	Solfoton	Limited to members age 64 years or under
Potassium chloride liquid	K-Sol	Limited to members age 20 years or under
Potassium citrate	Urocit-K	Limited to members age 20 years or under
Potassium citrate-Citric acid packet	Cytra-K	Limited to members age 20 years or under
Prednisolone oral solution	Orapred	Limited to members age 20 years or under
Progesterone	Prometrium	For females only
Promethazine	Phenergan	Limited to members age 64 years or under
Promethazine-Codeine	Phenergan-Codeine	Limited to members age 18 to 64 years
Pyridostigmine	Mestinon	Limited to members age 20 years or under
Pyridoxine	Vitamin B6	For females age 44 years or under
Raloxifene	Evista	For women age 70 years or older and currently taking calcium supplements
Rabeprazole	Aciphex	Must first try lansoprazole, esomeprazole, omeprazole, or pantoprazole
Ranitidine syrup, 150mg capsule	Zantac	Limited to members age 20 years or under
Renal vitamins	Various	For members receiving phosphate binders such as calcium acetate, sevelamer, or lanthanum
Riboflavin	Vitamin B2	Limited to members age 20 years or under





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Rifabutin	Mycobutin	For members receiving an antiretroviral agent
Rilpivirine	Edurant	For members receiving an antiretroviral agent
Riluzole	Rilutek	Limited to members age 21 years or older
Risedronate	Actonel, Atelvia	Must first try alendronate or ibandronate; limited to females
Rivaroxaban	Xarelto	For age 21 years and older: Must first try warfarin or enoxaparin
Rivastigmine	Exelon	Limited to members age 55 years or over
Rufinamide	Banzel	Limited to members age 20 years or under
Scopolamine	Transderm-Scop	Limited to members age 20 years or under
Sildenafil 20mg tablet, oral suspension	Revatio	Limited to members age 20 years or under
Simethicone chewable tablet, drops	Gas-X	Limited to members age 20 years or under
Sirolimus oral solution	Rapamune	Limited to members age 20 years or under
Sodium chloride 0.65% nasal spray	Little Remedies	Limited to members age 20 years or under
Spinosad	Natroba	Must first try permethrin or piperonyl butoxide-pyrethrins-permethrin
Spirolactone	CaroSpir	Limited to members age 20 years or under
Stiripentol	Diacomit	Limited to members age 20 years or under
Succimer	Chemet	Must first try penicillamine
Sucralfate oral suspension	Carafate	Limited to members age 20 years or under
Tamoxifen	Nolvadex	Limited to females
Telmisartan-HCTZ	Micardis-HCTZ	Must first try irbesartan, losartan, or valsartan
Testosterone cypionate	Depo-Testosterone	Limited to members age 20 years or under
Testosterone enanthate	Delatestryl	For members receiving chemotherapy
Tetracaine	Altacaine	Limited to members age 20 years or under
Thalidomide	Thalomid	Limited to males
Theophylline 300mg, 450mg, 600mg ER tablet	Theochron	Limited to members age 20 years or under
Thyroid, pork	Armour Thyroid	Limited to members age 64 years or under
Timolol maleate	Timoptic-XE	Limited to members age 20 years or under
Tiotropium 1.25mcg inhaler	Spiriva Respimat	Limited to members age 20 years or under
Tiotropium-Olodaterol	Stiolto Respimat	Must first try Incruse Ellipta
Tobramycin inhalation	Tobi	Limited to members age 20 years or under
Topiramate 25mg, 50mg, 100mg, 150mg, 200mg ER sprinkle capsule	Qudexy XR	Limited to members age 20 years or under

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Triamcinolone dental paste	Kenalog	Limited to members age 20 years or under
Trimethobenzamide	Tigan	Limited to members age 64 years or under
Tramadol	Ultram	Limited to 18 years or older
Tramadol-Acetaminophen	Ultracet	Limited to 18 years or older
Tropium	Sanctura, Sanctura XR	Must first try oxybutynin tablet, syrup, or gel sachet
Ursodiol	Urso, Urso Forte	Must be on pancreatic enzymes
Umeclidinium-Vilanterol	Anoro Ellipta	Must first try Incruse Ellipta
Urine acetone test strips	Chemstrip K, Ketostix Reagent	Limited to members age 20 years or under
Urine multiple test strips	Chemstrip 9	For members receiving prenatal vitamins or medications for diabetes
Ursodiol	Urso Forte	Limited to members age 20 years or under
Valganciclovir	Valcyte	For age 21 years and older: members receiving azathioprine, cyclosporine, everolimus, methotrexate, mycophenolate, sirolimus, or tacrolimus
Vancomycin	Vancocin	Must first try metronidazole
Vigabatrin	Sabril	Limited to members age 20 years or under
Vitamin A	Vitamin A	Limited to members age 20 years or under
Vitamin A and D ointment	A & D	Limited to members age 20 years or under
Voriconazole	Vfend	Limited to members age 20 years or under
Zaleplon	Sonata	Limited to members age 64 years or under
Zolpidem	Ambien	Limited to members age 64 years or under
Zolmitriptan	Zomig, Zomig ZMT	Must first try sumatriptan, naratriptan, or rizatriptan

\* True Metrix brand is CalOptima's preferred product for new prescriptions. All other brands require prior authorization.

‡ Step or contingent therapy restriction applies to the brand name drug