

# 2024 QUALITY IMPROVEMENT AND HEALTH EQUITY TRANSFORMATION PROGRAM



EFFECTIVE DATE: JANUARY 1, 2024 TO DECEMBER 31, 2024



# 2024 QUALITY IMPROVEMENT AND HEALTH EQUITY TRANSFORMATION PROGRAM SIGNATURE PAGE

# Quality Improvement and Health Equity Committee Chairperson:

and May 2000	3/13/2024
Richard Pitts, D.O., Ph.D.	Date
CalOptima Health Chief Medical Officer	
Board of Directors' Quality Assurance Con-	nmittee Chairperson:  3 //3/2 9  Date
Board of Directors Chairperson:	4-4-14 Date

#### TABLE OF CONTENTS

CALOPTIMA HEALTH OVERVIEW	<i>6</i>
Our Mission	<i>6</i>
Our Vision	<i>6</i>
Our Values	<i>6</i>
Our Strategic Plan	7
Centers for Medicare & Medicaid Services (CMS) National Quality Strategy	7
Department of Health Care Services (DHCS) Comprehensive Quality Strategy (CQS)	8
Health Equity Framework	8
Program Structure	10
Medi-Cal	10
Scope of Services	10
Members With Special Health Care Needs	10
Medi-Cal Managed Long-Term Services and Supports	11
OneCare (HMO D-SNP)	11
Scope of Services	12
Program of All-Inclusive Care for the Elderly (PACE)	12
Provider Partners	12
CalOptima Health Direct (COD)	13
CalOptima Health Direct-Administrative (COD-A)	13
CalOptima Health Community Network (CCN)	13
CalOptima Health Contracted Health Networks	13
Membership Demographics	14
QUALITY IMPROVEMENT AND HEALTH EQUITY TRANSFORMATION PROGRAM	15
Quality Improvement and Health Equity Transformation Program (QIHETP) Purpose	15
AUTHORITY AND ACCOUNTABILITY	18
Board of Directors	18
Board of Directors' Quality Assurance Committee	18
Member Advisory Committee	18
Provider Advisory Committee	19
Whole-Child Model Family Advisory Committee	20
Quality Improvement and Health Equity Transformation Program Committee Structure	21
Quality Improvement and Health Equity Transformation Program Committee Organization Structure — Diagram	
Quality Improvement Health Equity Committee (QIHEC)	21

Credentialing and Peer Review Committee (CPRC)	24
Utilization Management Committee (UMC)	24
Pharmacy & Therapeutics Committee (P&T)	25
Benefit Management Subcommittee (BMSC)	25
Whole-Child Model Clinical Advisory Committee (WCM CAC)	26
Member Experience Committee (MEMX)	
Grievance and Appeals Resolution Services (GARS) Committee	26
Population Health Management Committee (PHMC)	26
Confidentiality	27
Conflict of Interest	27
2024 Quality Improvement and Health Equity Priority Areas and Goals	28
Quality Improvement and Health Equity Transformation Program Work Plan	28
QUALITY IMPROVEMENT AND HEALTH EQUITY PROJECTS	29
QIHE Project Selection and Focus Areas	29
QIHE Project Measurement Methodology	30
Types of QIHE Projects	31
Improvement Standards	31
Documentation of QIHE Projects	32
Communication of QIHE Activities	32
QUALITY IMPROVEMENT AND HEALTH EQUITY PROGRAM EVALUATION	33
Quality Improvement and Health Equity Transformation Program Organizationa Structure	
Quality Program Organizational Chart — Diagram	34
Quality Improvement and Health Equity Transformation Program Organizational Structure	e. 34
Quality Improvement and Health Equity Program Resources	38
STAFF ORIENTATION, TRAINING AND EDUCATION	41
KEY BUSINESS PROCESSES, FUNCTIONS, IMPORTANT ASPECTS OF CARE AND SERVICE	41
Quality Improvement	43
Peer Review Process for Potential Quality Issues	43
Comprehensive Credentialing Program	44
Facility Site Review, Medical Record and Physical Accessibility Review	45
Medical Record Documentation	45
Corrective Action Plan(s) to Improve Quality of Care and Service	46
National Committee for Quality Assurance (NCQA) Accreditation	46
Quality Analytics	47
Quality Performance Measures	48
Value-Based Payment Program	48

Five-Year Hospital Quality Program 2023–2027	48
Population Health Management	48
Health Education and Promotion	50
Managing Members With Emerging Risk	50
Care Coordination and Care Management	50
Health Risk Assessment (HRA) and Health Needs Assessment (HNA)	51
Interdisciplinary Care Team (ICT)	51
Individual Care Plan (ICP)	52
Seniors and Persons with Disability (SPD)	52
Whole-Child Model (WCM)	53
OneCare Dual Eligible Special Needs Plan (D-SNP) Model of Care (MOC)	53
Behavioral Health Integration Services	54
Medi-Cal Behavioral Health (BH)	54
OneCare Behavioral Health	55
Utilization Management	55
Patient Safety Program	55
Encounter Data Review	57
Member Experience	57
Grievance and Appeals	57
Access to Care	58
Cultural & Linguistic Services Program	59
Delegated And Non-Delegated Activities	60
Delegation Oversight	60
Non-Delegated Activities	60
Appendix:	61
A – 2024 QIHETP WORK PLAN	61
B – 2024 POPULATION HEALTH MANAGEMENT STRATEGY	61
C – CALOPTIMA HEALTH MEASUREMENT YEAR (MY) 2024 MEDI-CAL AND ONECARE PAY FOR VALUE PROGRAMS	61

# **CalOptima Health Overview**

Caring for the people of Orange County has been CalOptima Health's privilege since 1995. We believe that our Medicaid (Medi-Cal) and Medicare members deserve the highest quality care and service throughout the health care continuum. CalOptima Health works in collaboration with providers, community stakeholders and government agencies to achieve our mission and vision while upholding our values.

#### **Our Mission**

To serve member health with excellence and dignity, respecting the value and needs of each person.

#### **Our Vision**

By 2027, remove barriers to health care access for our members, implement same-day treatment authorizations and real-time claims payments for our providers, and annually assess members' social determinants of health (SDOH).

#### **Our Values**

CalOptima Health abides by our core values in working to meet members' needs and partnering with Orange County providers who deliver access to quality care. Living our values ensures CalOptima Health builds and maintains trust as a public agency and with our members and providers.



C	C Collaboration		
Α	Accountability		
R	Respect		
E	Excellence		
S	Stewardship		

## **Our Strategic Plan**

CalOptima Health's Board of Directors and executive team worked together to develop our 2022–2025 Strategic Plan. After engaging a wide variety of stakeholders and collecting feedback, the strategic plan was approved in June 2022. Our core strategy is the "interagency" co-creation of services and programs, together with our delegated networks, providers and community partners, to support the mission and vision.

The five Strategic Priorities and Objectives are:

- Organizational and Leadership Development
- Overcoming Health Disparities
- Finance and Resource Allocation
- Accountabilities and Results Tracking
- Future Growth

CalOptima Health aligns our strategic plan with the priorities of our federal and state regulators.

#### **Centers for Medicare & Medicaid Services (CMS) National Quality Strategy**

The CMS national quality strategy aims to set and raise the bar for a resilient, high-value health care system that promotes quality outcomes, safety, equity and accessibility for all individuals, especially for people in historically underserved and under-resourced communities. The strategy focuses on a person-centric approach from birth to end of life as individuals journey across the continuum of care, from home or community-based settings to hospital to post-acute care, and across payer types, including Traditional Medicare, Medicare Advantage, Medicaid, Children's Health Insurance Program (CHIP) and Marketplace coverage.

Quality Mission: To achieve optimal health and well-being for all individuals.

Quality Vision: As a trusted partner, shape a resilient, high-value American health care system to achieve high-quality, safe, equitable and accessible care for all.

CMS National Quality Strategy has four priority areas, each with two goals.

- 1. Outcomes and Alignment
  - a. Outcomes: Improve quality and health outcomes across the care journey.
  - b. Alignment: Align and coordinate across programs and settings.
- 2. Equity and Engagement
  - a. Advance health equity and whole-person care.
  - b. Engage individuals and communities to become partners in their care.
- 3. Safety and Resiliency
  - a. Safety: Achieve zero preventable harm.
  - b. Resiliency: Enable a responsive and resilient health care system to improve quality.
- 4. Interoperability and Scientific Advancement
  - a. Interoperability: Accelerate and support the transition to a digital and data-driven health care system.
  - b. Scientific Advancement: Transform health care using science, analytics and technology.

# Department of Health Care Services (DHCS) Comprehensive Quality Strategy (CQS)

The 2022 CQS lays out DHCS' quality and health equity strategy that leverages a whole-system, person-centered, and population health approach to support a 10-year vision for Medi-Cal, whereby people served by Medi-Cal should have longer, healthier and happier lives. The goals and guiding principles summarized below are built upon the Population Health Management (PHM) framework that is the foundation of California Advancing and Innovating Medi-Cal (CalAIM) and emphasize DHCS' commitment to health equity, member involvement and accountability in all program initiatives.

#### **Quality Strategy Goals**

- Engaging members as owners of their own care
- Keeping families and communities healthy via prevention
- Providing early interventions for rising risk and member-centered chronic disease management
- Providing whole-person care for high-risk populations, addressing drivers of health

#### **Quality Strategy Guiding Principles**

- Eliminating health disparities through anti-racism and community-based partnerships
- Data-driven improvements that address the whole person
- Transparency, accountability and member involvement

CQS outlines specific clinical goals across the Medi-Cal program. Centered on specific clinical focus areas, the CQS introduces DHCS' Bold Goals: 50x2025 initiative that, in partnership with stakeholders across the state, will help achieve significant improvements in Medi-Cal clinical and health equity outcomes by 2025.

#### Bold Goals: 50x2025:

- Close racial/ethnic disparities in well-child visits and immunizations by 50%
- Close maternity care disparity for Black and Native American persons by 50%
- Improve maternal and adolescent depression screening by 50%
- Improve follow-up for mental health and substance disorder by 50%
- Ensure all health plans exceed the 50<sup>th</sup> percentile for all children's preventive care measures

DHCS recognizes that inequities are embedded within our health care system. DHCS has developed a Health Equity Framework to identify, catalog and eliminate health disparities through:

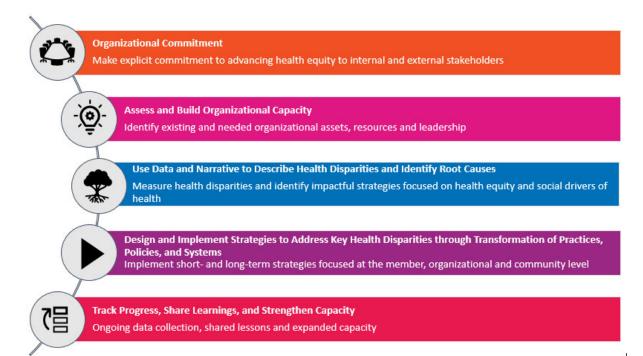
- Data collection and stratification
- Workforce diversity and cultural responsiveness
- Reducing health care disparities

#### **Health Equity Framework**

Health equity is achieved when an individual has the opportunity to "attain his or her full health potential" and no one is "disadvantaged from achieving this potential because of social position or other socially determined circumstances" (Centers for Disease Control and Prevention).

SDOH are the conditions that exist in the places where people are born, live, learn, work, play, worship and age that affect health outcomes (Henry J. Kaiser Family Foundation).

In response to CalOptima Health's strategic plan, staff began the process to identify and address health equity and SDOH for vulnerable populations throughout Orange County. The framework includes several milestones from uncovering inequities, looking at root causes and designing a comprehensive intervention plan to planning and tracking progress. It begins with a comprehensive readiness assessment to determine organizational capacity to undertake a health equity redesign. As the framework is developed, there will be opportunities to obtain feedback from internal and external stakeholders and include their input in the intervention and design process.



# **Program Structure**

"Better. Together." Is CalOptima Health's motto, and it means that by working together, we can make things better — for our members and community. As a public agency, CalOptima Health was founded by the community as a County Organized Health System that offers health insurance programs for low-income children, adults, seniors and people with disabilities. As Orange County's single largest health insurer, we provide coverage through three major programs:

#### Medi-Cal

Medi-Cal covers low-income adults, families with children, seniors, people with disabilities, children in foster care (as well as former foster youth up to age 26), pregnant women and low-income people with specific diseases, such as tuberculosis, breast cancer or HIV/AIDS. A Medi-Cal member must reside in Orange County to be enrolled in CalOptima Health Medi-Cal.

#### **Scope of Services**

Under our Medi-Cal program, CalOptima Health provides a comprehensive scope of acute and preventive care services for Orange County's Medi-Cal and dual eligible population, including eligible conditions under California Children's Services (CCS) managed by CalOptima Health through the Whole-Child Model (WCM) Program that began in 2019.

CalOptima Health provides Enhanced Care Management (ECM) and all 14 Community Supports to address social drivers of health and assist members with finding stable or safe housing, accessing healthy food, transitioning back to home or getting support in the home.

Certain services are not covered by CalOptima Health but may be provided by a different agency, including those indicated below:

- Specialty mental health services are administered by the Orange County Health Care Agency (OCHCA)
- Substance use disorder services are administered by OCHCA
- Dental services are provided through the Medi-Cal Dental Program

#### **Members With Special Health Care Needs**

To ensure that clinical services as described above are accessible and available to members with special health care needs, such as seniors, people with disabilities and people with chronic conditions, CalOptima Health has developed specialized care management (CM) services. These care management services are designed to ensure coordination and continuity of care and are described in the Utilization Management (UM) Program and the Population Health Management (PHM) Strategy.

Additionally, CalOptima Health works with community programs to ensure that members with special health care needs (or with high-risk or complex medical and developmental conditions) receive additional services that enhance their Medi-Cal benefits. These partnerships are established as special services through specific Memoranda of Understanding (MOU) with

certain community agencies, including OCHCA and the Regional Center of Orange County (RCOC).

#### **Medi-Cal Managed Long-Term Services and Supports**

On July 1, 2015, DHCS integrated Long-Term Services and Supports (LTSS) benefits for CalOptima Health Medi-Cal members. CalOptima Health ensures LTSS are available to members with health care needs that meet program eligibility criteria and guidelines. LTSS includes both institutional and community-based services. The LTSS department monitors and reviews the quality and outcomes of services provided to members in both settings.

These integrated LTSS benefits include the following programs:

- In-Home Supportive Services (IHSS): IHSS provides in-home assistance to eligible aged, blind and disabled individuals as an alternative to out-of-home care and enables members to remain safely in their own homes.
- Nursing Facility Services for Long-Term Care: CalOptima Health LTSS is responsible
  for the clinical review and medical necessity determination for members receiving longterm Nursing Facility Level A, Nursing Facility Level B and Subacute levels of care.
  CalOptima Health LTSS monitors the levels of overall program utilization as well as care
  setting transitions for members in the program.
- Community-Based Adult Services (CBAS): CBAS offers services to eligible older adults and/or adults with disabilities to restore or maintain their optimal capacity for self-care and delay or prevent inappropriate or personally undesirable institutionalization.
   CalOptima Health LTSS monitors the levels of member access to, utilization of and satisfaction with CBAS.
- Multipurpose Senior Services Program (MSSP): Intensive home- and community-based care coordination of a wide range of services and equipment to support members in their home and avoid institutionalization. CalOptima Health LTSS monitors the level of member access to MSSP as well as its role in diverting members from institutionalization.

### OneCare (HMO D-SNP)

Our OneCare members have Medicare and Medi-Cal benefits covered in one single plan, making it easier for them to get the health care they need. Since 2005, CalOptima Health has been offering OneCare to low-income seniors and people with disabilities who qualify for both Medicare and Medi-Cal. OneCare has extensive experience serving the complex needs of frail, disabled, dual-eligible members in Orange County.

To be a member of OneCare, a person must be age 21 or older, live in Orange County and be eligible for both Medicare and Medi-Cal. Enrollment in OneCare is voluntary and by member choice.

#### **Scope of Services**

OneCare provides comprehensive services for dual eligible members enrolled in Medi-Cal and Medicare Parts A, B and D. OneCare has an innovative Model of Care, which is the structure for supporting consistent provision of quality care. Each member has a Personal Care Coordinator (PCC) whose role is to help the member navigate the health care system and receive integrated medical, behavioral and supportive services. Also, the PCCs work with our members and their doctors to create individualized health care plans that fit each member's needs. Addressing individual needs results in a better, more efficient and higher quality health care experience for the member. CalOptima Health monitors quality for OneCare through regulatory measures, including Part C, Part D and CMS Star measures.

In addition to the comprehensive scope of acute care, preventive care and behavioral health services covered under Medi-Cal and Medicare, OneCare members are eligible for supplemental benefits, such as gym memberships.

# **Program of All-Inclusive Care for the Elderly (PACE)**

CalOptima Health's Program of All-Inclusive Care for the Elderly (PACE) is a long-term comprehensive health care program that helps older adults to remain as independent as possible. PACE coordinates and provides all needed preventive, primary, acute and long-term care services so seniors can continue living in their community.

PACE combines health care and adult day care for people with multiple chronic conditions. These can be offered in the member's home, in the community or at the CalOptima Health PACE Center:

- 1. Routine medical care, including specialist care
- 2. Prescribed drugs and lab tests
- 3. Personal care for things like bathing, dressing and light chores
- 4. Recreation and social activities
- 5. Nutritious meals
- 6. Social services
- 7. Rides to health-related appointments, and to and from the program
- 8. Hospital care and emergency services

PACE maintains a separate PACE Quality Improvement Program, work plan and evaluation.

### **Provider Partners**

Providers have options for participating in CalOptima Health's programs to provide health care to CalOptima Health members. Providers can contract directly with CalOptima Health through CalOptima Health Direct, which consists of CalOptima Health Direct-Administrative and CalOptima Health Community Network (CCN). Providers also have the option to contract directly with a CalOptima Health Health Network (HN). CalOptima Health members can choose CCN or one of nine HNs representing more than 8,000 providers.

# **CalOptima Health Direct (COD)**

CalOptima Health Direct has two elements: CalOptima Health Direct-Administrative and CCN.

#### **CalOptima Health Direct-Administrative (COD-A)**

COD-A is a self-directed program administered by CalOptima Health to serve Medi-Cal members in special situations, including dual-eligibles (those with both Medicare and Medi-Cal who elect not to participate in OneCare), share-of-cost members, newly eligible members transitioning to a HN and members residing outside of Orange County.

#### **CalOptima Health Community Network (CCN)**

CCN doctors have an alternate path to contract directly with CalOptima Health to serve our members. CCN is administered directly by CalOptima Health and available for HN-eligible members to select, supplementing the existing HN delivery model and creating additional capacity for access.

## **CalOptima Health Contracted Health Networks**

CalOptima Health has contracts with delegated HNs through a variety of risk models to provide care to members. The following contract risk models are currently in place:

- Health Maintenance Organization (HMO)
- Physician/Hospital Consortia (PHC)
- Shared-Risk Group (SRG)

Through our delegated HNs, CalOptima Health members have access to more than 1,200 Primary Care Providers (PCPs), more than 9,000 specialists, 43 acute and rehabilitative hospitals, 52 community health centers and 106 long-term care facilities.

CalOptima Health contracts with the following HNs:

Health Network	Medi-Cal	OneCare
AltaMed Health Services	SRG	SRG
AMVI Care Medical Group	PHC	PHC
CHOC Health Alliance	PHC	-
Family Choice Medical Group	HMO	SRG
HPN-Regal Medical Group	НМО	HMO
Noble Mid-Orange County	SRG	SRG
Optum Care Network	НМО	HMO
Prospect Medical Group	НМО	НМО
<b>United Care Medical Group</b>	SRG	SRG

CalOptima Health contracts with vendors that provide benefits for our members. These vendors are responsible for maintaining a contracted network of providers, coordinating services and providing direct services. They may also be delegated for plan functions.

Vendor	Medi-Cal	OneCare
Vision Service Plan	VS	VS
MedImpact	-	PBM

HMO=Health Maintenance Organization; PHC=Physician/Hospital Consortium; SRG=Shared-Risk Group; VS=Vision Service; PBM=Pharmacy Benefit Manager

Upon successful completion of readiness reviews and audits, contracted entities may be delegated for clinical and administrative functions, which may include:

- Utilization management
- Basic and complex care management
- Claims
- Credentialing

# **Membership Demographics**

Membership Data\* (as of November 30, 2023)

Total CalOptima	Program	Members
Health Membership	Medi-Cal	945,874
•	OneCare (HMO D-SNP)	17,648
963,968	<b>Program of All -Inclusive Care for the Elderly</b>	446
,	(PACE)	
	*Based on unaudited financial report and includes prior per	iod adjustment

# Membership Demographics (as of November 30, 2023)

Member 2	Age	Language Pro	eference	<b>Medi-Cal Aid Category</b>	
0 to 5	8%	English	58%	Temporary Assistance for Needy Families	39%
6 to 18	25%	Spanish	27%	Expansion	37%
19 to 44	34%	Vietnam ese	9%	Optional Targeted Low- Income Children	8%
45 to 64	20%	Other	2%	Seniors	10%
65+	13%	Korean	1%	<b>People With Disabilities</b>	5%
		Farsi	1%	<b>Long-Term Care</b>	<1%
		Chinese	<1%	Other	<1%
		Arabic	<1%		·

# **Quality Improvement and Health Equity Transformation Program (QIHETP)**

CalOptima Health's Quality Improvement and Health Equity Transformation Program (QIHETP) encompasses all clinical care, health and wellness services, and quality of service provided to our members, which aligns with our vision to provide an integrated and well-coordinated system of care to ensure optimal health outcomes for all members.

CalOptima Health developed programs using evidence-based guidelines that incorporate data and best practices tailored to our populations. Our focus extends across the health care continuum, from primary care, urgent care, acute and subacute care to long-term care and end-of-life care. Our comprehensive person-centered approach integrates physical and behavioral health, leveraging the care delivery systems and community partners for our members with vulnerabilities, disabilities, special health care needs and chronic illnesses.

CalOptima Health's QIHETP includes processes and procedures designed to ensure that all medically necessary covered services are available and accessible to all members, including those with limited English proficiency or diverse cultural and ethnic backgrounds, regardless of race, color, national origin, creed, ancestry, religion, language, age, gender, marital status, sexual orientation, gender identity, health status or disability. All covered services are provided in a culturally and linguistically appropriate manner.

CalOptima Health is committed to promoting diversity in practices throughout the organization, including Human Resources best practices for recruiting and hiring. Also, as part of the new hire process as well as annual compliance, employees are trained on cultural competency, bias and inclusion.

# **Quality Improvement and Health Equity Transformation Program** (QIHETP) Purpose

The purpose of the CalOptima Health QIHETP is to establish objective methods for systematically evaluating and improving the quality of care provided to members. Through the QIHETP, and in collaboration with providers and community partners, CalOptima Health strives to continuously improve the structure, processes and outcomes of the health care delivery system to serve members. We aim to identify health inequities and to develop structures and processes to reduce disparities, ensuring that all members receive equitable and timely access to care.

CalOptima Health applies the principles of continuous quality improvement (CQI) to all aspects of service delivery system through analysis, evaluation and systematic enhancements of the following:

- Quantitative and qualitative data collection and data-driven decision-making
- Up-to-date evidence-based practice guidelines
- Feedback provided by members and providers in the design, planning and implementation of CQI activities
- And other issues identified by CalOptima Health or its regulators

The CalOptima Health QIHETP incorporates the CQI methodology of Plan-Do-Study-Act (PDSA) that focuses on the specific needs of CalOptima Health's multiple customers and

stakeholders (members, health care providers, community-based organizations and government agencies). The QIHETP is organized around a systematic approach to accomplish the following annually:

- Identify and analyze significant opportunities for improvement in care and service to advance CalOptima Health's strategic mission, goals and objectives.
- Foster the development of improvement actions, along with systematic monitoring and evaluation, to determine whether these actions result in progress toward established benchmarks or goals.
- Focus on quality improvement and health equity activities carried out on an ongoing basis to support early identification and timely correction of quality-of-care issues to ensure safe care and experiences.
- Maintain organizationwide practices that support health plan and health equity accreditation by National Committee for Quality Assurance (NCQA) and meet DHCS/CMS quality and measurement reporting requirements.

In addition, the QIHETP's ongoing responsibilities include the following:

- Setting expectations to develop plans to design, measure, assess and improve the quality of the organization's governance, management, delivery system and support processes.
- Supporting the provision of a consistent level of high-quality care and service for members throughout the contracted provider networks, as well as monitoring utilization practice patterns of practitioners, contracted hospitals, contracted services, ancillary services and specialty providers. Recommending delivery system reform to ensure high quality and equitable health care.
- Monitoring quality of care and services from the contracted facilities to continuously assess that the care and service provided satisfactorily meet quality goals.
- Ensuring contracted facilities, as required by federal and state laws, report to OCHCA outbreaks of conditions and/or diseases, which may include but are not limited to methicillin resistant Staphylococcus aureus (MRSA), scabies, tuberculosis, and since 2020, COVID-19.
- Promoting member safety and minimizing risk through the implementation of safety
  programs and early identification of issues that require intervention and/or education and
  working with appropriate committees, departments, staff, practitioners, provider medical
  groups and other related organizational providers (OPs) to ensure that steps are taken to
  resolve and prevent recurrences.

- Educating the workforce and promoting a continuous quality improvement and health equity culture at CalOptima Health.
- Ensure the annual review and acceptance of the UM CM Program Description, UM CM Evaluation Population Health Programs, including the Population Health Strategy and Work Plans.
- Provide operational support and oversight to a member-centric Population Health Management (PHM) Program.

In collaboration with the Compliance Audit & Oversight departments, the QIHETP ensures the following standards or outcomes are carried out and achieved by CalOptima Health's contracted HNs, including CCN and/or COD network providers serving CalOptima Health's various populations:

- Support the organization's strategic quality and business goals by using resources appropriately, effectively and efficiently.
- Continuously improve clinical care and service quality provided by the health care delivery system in all settings, especially as it pertains to the unique needs of the population.
- Identify in a timely manner the important clinical and service issues facing the Medi-Cal and OneCare populations relevant to their demographics, risks, disease profiles for both acute and chronic illnesses, and preventive care.
- Ensure continuity and coordination of care between specialists and primary care practitioners, and between medical and behavioral health practitioners by annually evaluating and acting on identified opportunities.
- Ensure accessibility and availability of appropriate clinical care and a network of providers with experience in providing care to the population.
- Monitor the qualifications and practice patterns of all individual providers in the network to deliver quality care and service.
- Promote the continuous improvement of member and provider satisfaction, including the timely resolution of complaints and grievances.
- Ensure the reliability of risk prevention and risk management processes.
- Ensure compliance with regulatory agencies and accreditation standards.
- Ensure the annual review and acceptance of the UM Program Description and other relevant Population Health Programs and Work Plans.
- Promote the effectiveness and efficiency of internal operations.
- Ensure the effectiveness and efficiency of operations associated with functions delegated to the contracted HNs.
- Ensure the effectiveness of aligning ongoing quality initiatives and performance measurements with CalOptima Health's strategic direction in support of its mission, vision and values.
- Ensure compliance with up-to-date Clinical Practice Guidelines and evidence-based practice.

# **Authority and Accountability**

#### **Board of Directors**

The CalOptima Health Board of Directors has ultimate accountability and responsibility for the quality of care and services provided to CalOptima Health members. The responsibility to oversee the program is delegated by the Board of Directors to the Board's Quality Assurance Committee, which oversees the functions of the Quality Improvement and Health Equity Committee (QIHEC) described in CalOptima Health's state and federal contracts, and to CalOptima Health's Chief Executive Officer (CEO), as described below.

The Board holds the CEO and Chief Medical Officer (CMO) accountable and responsible for the quality of care and services provided to members. The Board promotes the separation of medical services from fiscal and administrative management to ensure that medical decisions will not be unduly influenced by financial considerations. The Board approves and evaluates the QIHETP annually.

The QIHETP is based on ongoing systematic collection, integration and analysis of clinical and administrative data to identify member needs, risk levels and appropriate interventions to make certain that the program meets the specific needs of the individual member and promotes health equity among specific population segments, while improving overall population health and member experience. The CMO is charged with identifying appropriate interventions and allocating resources necessary to implement the QIHETP in alignment with federal and state regulations, contractual obligations, and fiscal parameters.

CalOptima Health is required under California's open meeting law, the Ralph M. Brown Act, Government Code §54950 *et seq.*, to hold public meetings except under specific circumstances described in the Act. CalOptima Health's Board meetings are open to the public.

# **Board of Directors' Quality Assurance Committee**

The Board of Directors appoints the Quality Assurance Committee (QAC) to conduct annual evaluation, provide strategic direction, and make recommendations to the Board regarding the overall QIHETP and to direct any necessary modifications to QIHETP policies and procedures to ensure compliance with the QI and Health Equity contractual and regulatory standards and the DHCS Comprehensive Quality Strategy. QAC routinely receives progress reports from the QIHEC describing improvement actions taken, progress in meeting objectives, and quality performance results achieved. The QAC also makes recommendations to the Board for annual approval with modifications and appropriate resource allocations of the QIHETP and the Work Plan of the QIHETP.

# **Member Advisory Committee**

CalOptima Health is committed to member-focused care through member and community engagement. The Member Advisory Committee (MAC) has 17 voting members, with each seat representing a constituency served by CalOptima Health. The MAC ensures that CalOptima Health members' values and needs are integrated into the design, implementation, operations and evaluation of the overall QIHETP. The MAC provides advice and recommendations on

community outreach, cultural and linguistic needs and needs assessment, member survey results, access to health care, and preventive services. The MAC meets on a bimonthly basis and reports directly to the CalOptima Health Board of Directors. MAC meetings are open to the public.

The MAC membership includes representatives from the following constituencies:

- Adult beneficiaries
- Behavioral/mental health
- Children
- Consumers
- Family support
- Foster children
- Medi-Cal beneficiaries or Authorized Family Members (two seats)
- Member Advocate
- County of Orange Social Services Agency (OC SSA)
- OneCare Member or Authorized Family Members (four seats)
- Persons with disabilities
- Persons with special needs
- Recipients of CalWORKs
- Seniors

One of the 17 positions, held by OCSSA, is a standing seat. Each of the remaining 16 appointed members may serve two consecutive three-year terms.

# **Provider Advisory Committee**

The Provider Advisory Committee (PAC) was established by the CalOptima Health Board of Directors to advise the Board on issues impacting the CalOptima Health provider community. The PAC members represent the broad provider community that serves CalOptima Health members. The PAC has 15 members, 14 of whom serve three-year terms with two consecutive term limits, along with a representative of OCHCA, which maintains a standing seat. PAC meetings are open to the public. The 15 seats include:

- Health networks
- Hospitals
- Physicians (three seats)
- Nurse
- Allied health services (two seats)
- Community health centers
- OCHCA (one standing seat)
- LTSS (LTC facilities and CBAS) (one seat)
- Non-physician medical practitioner
- Safety net
- Behavioral/mental health
- Pharmacy

### **Whole-Child Model Family Advisory Committee**

Whole-Child Model Family Advisory Committee (WCM FAC) has been required by the state as part of California Children's Services (CCS) since it became a Medi-Cal managed care plan benefit. The WCM FAC provides advice and recommendations to the Board and staff on issues concerning the WCM program, serves as a liaison between interested parties and the Board, and assists the Board and staff in obtaining public opinion on issues relating to CalOptima Health's WCM program. The committee can initiate recommendations on issues for study and facilitate community outreach.

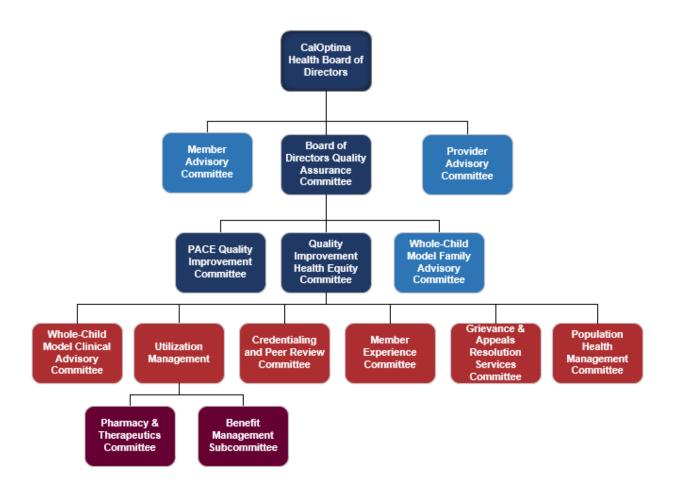
The WCM FAC includes the following 11 voting seats:

- Family representatives (nine seats)
  - o Authorized representatives, which includes parents, foster parents and caregivers of a CalOptima Health member who is a current recipient of CCS services; or
  - o CalOptima Health members ages 18–21 who are current recipients of CCS services; or
  - Current CalOptima Health members over the age of 21 who transitioned from CCS services
- Interests of children representatives (two seats)
  - o Community-based organizations; or
  - Consumer advocates

Members of the committee serve staggered two-year terms. WCM FAC quarterly meetings are open to the public.

# **Quality Improvement and Health Equity Transformation Program Committee Structure**

**Quality Improvement and Health Equity Transformation Program Committee Organization Structure — Diagram** 



# **Quality Improvement Health Equity Committee (QIHEC)**

The QIHEC is the foundation of the QIHETP and is accountable to the QAC. The QIHEC is chaired by the CMO and the Chief Health Equity Officer (CHEO), and in collaboration, develop and oversee the QIHETP and QIHETP Work Plan activities.

The purpose of the QIHEC is to assure that all QIHETP activities are performed, integrated and communicated internally and to the contracted delegated HNs to achieve the result of improved care and services for members. In collaboration with the Compliance Committee, the QIHEC oversees the performance of delegated functions by monitoring delegated HNs and their contracted provider and practitioner partners.

The composition of the QIHEC includes a broad range of network providers, including but not limited to hospitals, clinics, county partners, physicians, subcontractors, downstream

subcontractors, community health workers, other non-clinical providers and members. The QIHEC participants are representative of the composition of the CalOptima Health's provider network and include, at a minimum, network providers who provide health care services to members affected by health disparities, Limited English Proficiency (LEP) members, children with special health care needs, Seniors and Persons with Disabilities (SPDs), and persons with chronic conditions. QIHEC participants are practitioners who are external to CalOptima Health, including a behavioral health practitioner to specifically address integration of behavioral and physical health, appropriate utilization of recognized criteria, development of policies and procedures, care review as needed, and identification of opportunities to improve care.

The QIHEC provides overall direction for the continuous improvement process and evaluates whether activities are consistent with CalOptima Health's strategic goals and priorities. It supports efforts to ensure that an interdisciplinary and interdepartmental approach is taken, and adequate resources are committed to the program. It monitors compliance with regulatory and accrediting body standards relating to QIHETP projects, activities and initiatives. In addition, and most importantly, it makes certain that members are provided optimal quality of care. Performance measurement and improvement activities and interventions are reviewed, approved, processed, monitored and reported through the QIHEC.

#### Responsibilities of the QIHEC include:

- Analyze and evaluate the results of QIHE activities including annual review of the results of performance measures, utilization data, consumer satisfaction surveys, and the findings and activities of other quality committees
- Recommend policy decisions and priority alignment of the QIHETP subcommittees for effective operation and achievement of objectives
- Oversee the analysis and evaluation of QIHETP activities
- Ensure practitioner participation through attendance and discussion in the planning, design, implementation and review of QIHETP activities
- Identify, prioritize and institute needed actions and interventions to improve quality
- Ensure appropriate follow up of quality activities to determine the effectiveness of quality improvement-related actions and remediation of identified performance deficiencies.
- Monitor overall quality compliance for the organization to quickly resolve deficiencies that affect members
- Evaluate practice patterns of providers, practitioners and delegated HNs, including over/under utilization of physical and behavioral health care services
- Recommend practices so that all members receive medical and behavioral health care that meets CalOptima Health standards.

The QIHEC oversees and coordinates member outcome-related QIHE actions. Member outcome-related QIHE actions consist of well-defined, planned QIHE projects by which the plan addresses and achieves improvement in major focus areas of clinical and non-clinical services. The QIHEC also recommends strategies for dissemination of all study results to CalOptima Health-contracted providers and practitioners, and delegated HNs.

The composition of the QIHEC is defined in the QIHEC charter and includes but is not limited to:

#### **Voting Members**

- Four physicians or practitioners, with at least two practicing physicians or practitioners
- Orange County Behavioral Health Representative
- CalOptima Health Chief Medical Officer (Chair or Designee)
- CalOptima Health Chief Health Equity Officer (Chair or Designee)
- CalOptima Health Deputy Chief Medical Officer
- CalOptima Health Quality Improvement Medical Director
- CalOptima Health Behavioral Health Integration Medical Director
- CalOptima Health Medical Directors
- CalOptima Health Executive Director, Quality Improvement
- CalOptima Health Executive Director, Population Health Management
- CalOptima Health Executive Director, Behavioral Health Integration
- CalOptima Health Executive Director, Clinical Operations
- CalOptima Health Executive Director, Network Management
- CalOptima Health Executive Director, Operations

The QIHEC is supported by CalOptima Health departments including but not limited to:

- Behavioral Health Integration
- Care Management
- Long-Term Services and Supports
- Population Health Management
- Quality Analytics
- Quality Improvement
- Utilization Management
- Director, Customer Service
- Cultural and Linguistic Services

#### Quorum

A quorum consists of a minimum of six voting members of which at least four are physicians or practitioners. Once a quorum is attained, the meeting may proceed and any vote will be considered official, even if the quorum is not maintained. Participation is defined as attendance in person, by telephone or by video conference.

The QIHEC shall meet at least eight times per calendar year and report to the Board QAC quarterly.

QIHEC and all QIHE subcommittee reports and proceedings are covered under California Welfare & Institution Code § 14087.58(b), Health and Safety Code § 1370, and California Evidence Code §1157. Section 14087.58(b) renders records of HE proceedings, including peer review and quality assessment records, exempt from disclosure under the Public Records Act.

#### Minutes of the QIHEC and Subcommittees

Contemporaneous minutes reflect all committee decisions and actions. These minutes are dated and signed by the committee chair to demonstrate that they are representative of the official findings of the committee.

Minutes of the QIHEC meeting include but are not limited to:

- Goals and objectives outlined in the QIHEC charter
- Active discussion and analysis of quality improvement and health equity activities, outcomes, and issues
- Reports from various committees and subcommittees
- Tracking and trending of quality outcomes
- Recommendations for improvement, actions and follow-up actions
- Monitoring of quality improvement and health equity activities of delegates
- Plans to disseminate QIHE information to network providers
- Tracking of QIHETP Work Plan activities

All agendas, minutes, reports and documents presented to the QIHEC are maintained in a confidential manner. Minutes are maintained in an electronic format and produced only for committee approval.

The QIHEC provides to the QAC quarterly written progress reports of the QIHEC that describes actions taken, progress in meeting QIHETP objectives, and improvements made. A written summary of the QIHEC's quarterly activities is also publicly available on the CalOptima Health website.

Under the QIIHETP, there are six subcommittees that report, at minimum, quarterly to the QIHEC.

#### **Credentialing and Peer Review Committee (CPRC)**

The CPRC provides guidance and peer input into the CalOptima Health practitioner and provider selection process and determines corrective actions, as necessary, to ensure that all practitioners and providers who serve CalOptima Health members meet generally accepted standards for their profession or industry.

The CPRC reviews, investigates and evaluates the credentials of all CalOptima Health practitioners, which include internal and external physicians who participate on the committee. The committee maintains a continuing review of the qualifications and performance of all practitioners every three years. In addition, the CPRC reviews and monitors sentinel events, quality of care issues and identified trends across the entire continuum of CalOptima Health's contracted providers, delegated HNs and OPs to ensure member safety aiming for zero defects. The CPRC, chaired by the CalOptima Health CMO or physician designee, consists of CalOptima Health Medical Directors and physician representatives from CCN and HNs. Physician participants represent a range of practitioners and specialties from CalOptima Health's network. CPRC meets a minimum of six times per year and reports through the QIHEC quarterly. The voting member composition and quorum requirements of the CPRC are defined in its charter.

### **Utilization Management Committee (UMC)**

The UMC promotes the optimal utilization of health care services, while protecting and acknowledging member rights and responsibilities, including their right to appeal denials of service. The UMC is multidisciplinary and provides a comprehensive approach to support the

UM Program in the management of resource allocation through systematic monitoring of medical necessity and quality, while maximizing the cost effectiveness of the care and services provided to members.

The UMC monitors the utilization of medical, BH and LTSS services for CCN and delegated HNs to identify areas of underutilization or overutilization that may adversely impact member care. The UMC oversees Inter-Rater Reliability (IRR) testing to support consistency of application in nationally recognized criteria for making medical necessity determinations, as well as development of evidence-based clinical practice guidelines, and completes an annual review and updates the clinical practice guidelines to make certain they are in accordance with recognized clinical organizations, are evidence-based, and comply with regulatory and other organization standards. These clinical practice guidelines and nationally recognized evidence-based guidelines are approved annually, at minimum, at the UMC. The UMC meets quarterly and reports through the QIHEC. The voting member composition (including a BH practitioner\*) and the quorum requirements of the UMC are defined in its charter.

\* BH practitioner is defined as Medical Director, clinical director or participating practitioner from the organization.

#### **Pharmacy & Therapeutics Committee (P&T)**

The P&T is a forum for an evidence-based formulary review process. The P&T promotes clinically sound and cost-effective pharmaceutical care for all CalOptima Health members. It reviews anticipated and actual drug utilization trends, parameters and results based on specific categories of drugs and formulary initiatives, as well as the overall program. In addition, the P&T reviews and evaluates current pharmacy-related issues that are interdisciplinary, involving interface between medicine, pharmacy and other practitioners involved in the delivery of health care to CalOptima Health members. The P&T includes practicing physicians (including both CalOptima Health employee physicians and participating provider physicians), and the membership represents a cross-section of clinical specialties and clinical pharmacists in order to adequately represent the needs and interests of all members. The P&T provides written decisions regarding all formulary development decisions and revisions. The P&T meets at least quarterly and reports to the UMC. The voting member composition and quorum requirements of the P&T are defined in its charter.

#### **Benefit Management Subcommittee (BMSC)**

The purpose of the BMSC is to oversee, coordinate and maintain a consistent benefit system as it relates to CalOptima Health's responsibilities for administration of member benefits, prior authorization and financial responsibility requirements. The BMSC reports to the UMC and ensures that benefit updates are implemented and communicated accordingly to internal CalOptima Health staff, and are provided to contracted HMOs, PHCs and SRGs. The Regulatory Affairs and Compliance department provides technical support to the subcommittee, which includes analyzing regulations and guidance that impacts the benefit sets and CalOptima Health's authorization rules. The voting member composition and quorum requirements of the BMSC are defined in its charter.

#### Whole-Child Model Clinical Advisory Committee (WCM CAC)

The WCM CAC advises on clinical and behavioral issues relating to CCS conditions, including such matters as treatment authorization guidelines, and ensuring they are integrated into the design, implementation, operation and evaluation of the CalOptima Health WCM program. The WCM CAC works in collaboration with county CCS, the WCM FAC and HN CCS providers. The WCM CAC meets four times a year and reports to the QIHEC. The voting member composition and quorum requirements of the WCM CAC are defined in its charter.

#### **Member Experience Committee (MEMX)**

Improving member experience is a top priority of CalOptima Health. The MEMX committee was formed to ensure strategic focus on the issues and factors that influence the member's experience with the health care system. NCQA's Health Insurance Plan Ratings measure three dimensions: prevention, treatment and customer satisfaction, and the committee's focus is to improve customer satisfaction. The MEMX committee assesses information and data directly from members, which include the annual results of CalOptima Health's Consumer Assessment of Healthcare Providers and Systems (CAHPS) surveys, member complaints, grievances and appeals. Then MEMX identifies opportunities to implement initiatives to improve our members' overall experience. The Access and Availability Workgroups, which report to the MEMX committee, monitor a member's ability get needed care and get care quickly, by monitoring the provider network, reviewing customer service metrics, and evaluating authorizations and referrals for "pain points" in health care that impact our members at the plan and HN level (including CCN), where appropriate. In 2024, the MEMX committee, which includes the Access and Availability Workgroups, will continue to meet at least quarterly and will be held accountable to meet regulatory requirements related to access and implement targeted initiatives to improve member experience and demonstrate significant improvement in subsequent CAHPS survey results.

### **Grievance and Appeals Resolution Services (GARS) Committee**

The GARS Committee serves to protect the rights of members, promote the provision of quality health care services and ensure that the policies of CalOptima Health are consistently applied to resolve member complaints in an equitable and compassionate manner through oversight and monitoring. The GARS Committee also serves to provide a mechanism to resolve provider complaints and appeals expeditiously for all CalOptima Health providers. It protects the rights of practitioners and providers by providing a multilevel process that is fair and progressive in nature, leading to the resolution of provider complaints. The GARS Committee meets at least quarterly and reports through the QIHEC. The voting member composition and quorum requirements of the GARS Committee are defined in its charter.

### **Population Health Management Committee (PHMC)**

The PHMC provides overall direction for continuous process improvement and oversight of population health activities, monitors compliance with regulatory requirements, and ensures that population health initiatives meet the needs of CalOptima Health members. The committee also ensures that all population health initiatives are performed, monitored and communicated

according to the PHM Strategy and Work Plan. The PHMC is responsible for reviewing, assessing and approving the Population Needs Assessment (PNA), PHM Strategy activities, and PHM Work Plan progress and outcomes and recommend evidence-based and/or best practice activities to improve population health outcomes and advance health equity.

# **Confidentiality**

CalOptima Health has policies and procedures to protect and promote proper handling of confidential and privileged medical record information. Upon employment, all CalOptima Health employees, including contracted professionals who have access to confidential or member information, sign a written statement delineating responsibility for maintaining confidentiality. In addition, all committee members of each entity are required to sign a confidentiality agreement on an annual basis. Invited guests must sign a confidentiality agreement at the time of committee attendance.

All records and proceedings of the QIHEC and the subcommittees related to member- or practitioner-specific information are confidential and are subject to applicable laws regarding confidentiality of medical and peer review information, including Welfare and Institutions Code Section 14087.58, which exempts the records of QI proceedings from the California Public Records Act. All information is maintained in confidential files. The delegated networks hold all information in the strictest confidence. Members of the QIHEC and the subcommittees sign a confidentiality agreement. This agreement requires committee members to maintain confidentiality of any and all information discussed during the meeting. The CEO, in accordance with applicable laws regarding confidentiality, issues any QIHE reports required by law or by the state contract.

### **Conflict of Interest**

CalOptima Health maintains a Conflict-of-Interest policy that addresses the process to identify and evaluate potential social, economic and professional conflicts of interest and take appropriate actions so that they do not compromise or bias professional judgment and objectivity in quality, credentialing and peer review matters. This policy precludes using proprietary or confidential CalOptima Health information for personal gain or the gain of others, as well as direct or indirect financial interests in, or relationships with, current or potential providers, suppliers or members, except when it is determined that the financial interest does not create a conflict. The policy includes an attestation that is completed annually by all appointed, volunteer or employed positions serving on the QIHE/UM committees and subcommittees. Additionally, all employees who make or participate in the making of decisions that may foreseeably have a material effect on economic interests file a Statement of Economic Interests form on an annual basis.

# 2024 Quality Improvement and Health Equity Priority Areas and Goals

CalOptima Health's QIHE Priority Areas and Goals are aligned with CalOptima Health's Strategic Plan and DHCS Bold Goals.

#### 1. Maternal Health

- Close racial/ethnic disparities in well-child visits and immunizations by 50%
- Close maternity care disparity for Black and Native American persons by 50%

#### 2. Children's Preventive Care

• Exceed the 50<sup>th</sup> percentile for all children's preventive care measures

#### 3. Behavioral Health Care

- Improve maternal and adolescent depression screening by 50%
- Improve follow-up for mental health and substance disorder by 50%

#### 4. Program Goals

- Medi-Cal: Exceed the minimum performance levels (MPLs) for the Medi-Cal Accountability Set (MCAS)
- OneCare: Attain a Four-Star Rating for Medicare

# **Quality Improvement and Health Equity Transformation Program Work Plan**

The QIHETP Work Plan outlines key activities for the upcoming year. It is reviewed and approved by the QIHEC and the Board of Directors' QAC. The QIHETP Work Plan indicates objectives, scope, timeline, planned monitoring and accountable persons for each activity. Progress against the QIHETP Work Plan is monitored throughout the year. A QIHETP Work Plan addendum may be established to address the unique needs of members in special needs plans or other health plan products, as needed, to capture the specific scope of the plan.

The QIHETP Work Plan is the operational and functional component of the QIHETP and is based on CalOptima Health strategic priorities and the most recent and trended HEDIS, CAHPS, Stars and Health Outcomes Survey (HOS) scores, physician quality measures and other measures identified for attention, including any specific requirements mandated by the state or accreditation standards, where these apply. As such, measures targeted for improvement may be adjusted mid-year when new scores or results are received.

The QIHETP guides the development and implementation of an annual QIHETP Work Plan, which includes but is not limited to:

- Quality of clinical care
- Safety of clinical care
- Quality of service

- Member experience
- QIHETP oversight
- Yearly objectives
- Yearly planned activities
- Time frame for each activity's completion
- Staff member responsible for each activity
- Monitoring of previously identified issues
- Annual evaluation of the OIHETP

Priorities for QIHE activities based on CalOptima Health's organizational needs and specific needs of CalOptima Health's populations for key areas or issues are identified as opportunities for improvement. In addition, ongoing review and evaluation of the quality of individual care aids in the development of QI studies based on quality-of-care trends identified. These activities are included in Quality Improvement Project (QIP), Performance Improvement Project (PIP), Plan-Do-Study-Act (PDSA) and Chronic Care Improvement Projects (CCIP). They are reflected in the QIHETP Work Plan.

The QIHETP Work Plan supports the comprehensive annual evaluation and planning process that includes review and revision of the QIHETP and applicable policies and procedures. The 2024 QIHETP Work Plan includes all quality improvement focus areas, goals, improvement activities, progress made toward goals, and timeframes. Planned activities include strategies to improve access care, the delivery of services, quality of care, over and under utilization, and member population health management. All goals will be measured and monitored in the QIHETP Work Plan, reported to QIHEC quarterly, and evaluated annually. A copy of the QIHETP Work Plan are also publicly available on the CalOptima Health website.

For more details on the 2024 QIHETP Work Plan see Appendix A: 2024 QIHETP Work Plan

# **Quality Improvement and Health Equity Projects**

# **QIHE Project Selection and Focus Areas**

Performance and outcome improvement projects will be selected from the following areas:

- Areas for improvement identified through continuous internal monitoring activities, including but not limited to:
  - o Potential quality issue (PQI) review processes
  - o Provider and facility reviews
  - o Preventive care audits
  - Access to care studies
  - o Member experience surveys
  - o HEDIS results
  - Other opportunities for improvement as identified by subcommittee's data analysis
- Measures required by regulators, such as DHCS and CMS, with a focus on meeting or exceeding the following:
  - o DHCS established Minimum Performance Level (MPL) for each required Quality Performance Measure of Health Equity measures selected by DHCS.
  - Health disparity reduction targets for specific populations and measures as identified by DHCS.

o Performance Improvement Projects (PIPs) required by CMS or DHCS.

The QI Project methodology described below will be used to continuously review, evaluate and improve the following aspects of clinical care: preventive services, perinatal care, primary care, specialty care, emergency services, inpatient services, LTSS and ancillary care services, with specific emphasis on the following areas:

- Access to and availability of services, including appointment availability
- Coordination and continuity of care for SPD members
- Provisions of chronic, complex care management and care management services
- Access to and provision of preventive services

Improvements in work processes, quality of care and service are derived from all levels of the organization. For example:

- Staff, administration and physicians provide vital information necessary to support continuous performance improvement and occurs at all levels of the organization.
- Individuals and administrators initiate improvement projects within their area of authority that support the strategic goals of the organization.
- Other prioritization criteria include the expected impact on performance (if the performance gap or potential of risk for non-performance is so great as to make it a priority), and items deemed to be high-risk, high-volume or problem-prone processes.
- Project coordination occurs through the various leadership structures: Board of Directors, management, QIHEC, UMC, etc., based upon the scope of work and impact of the effort.
- CalOptima Health collaborates with delegated business partners to coordinate QI activities for all lines of business through the following:
  - o Health Network Forums Monthly
  - o HN Quality Forums Quarterly
  - o Joint Operation Meetings (JOM) with Health Networks Quarterly
- These improvement efforts are often cross-functional and require dedicated resources to assist in data collection, analysis and implementation. Improvement activity outcomes are shared through communication that occurs within the previously identified groups.

### **QIHE Project Measurement Methodology**

Methods for identification of target populations will be clearly defined. Data sources may include encounter data, authorization/claims data or pharmacy data. To prevent exclusion of specific member populations, data from the Clinical Data Warehouse will be used.

QI Projects shall include the following:

- Measurement of performance using objective quality indicators
- Implementation of equity-focused interventions to achieve improvement in the access to and quality of care
- Evaluation of the effectiveness of the intervention based on the performance measures
- Planning and initiation of activities for increasing or sustaining improvement

For outcomes studies or measures that require data from sources other than administrative data (e.g., medical records), sample sizes will be a minimum of 411 (with 5%–10% over sampling), in order to conduct statistically significant tests on any changes. Exceptions are studies for which the target population total is less than 411 and for certain HEDIS studies whose sample size is reduced from 411 based on CalOptima Health's previous year's score. Also, smaller sample size

may be appropriate for QI pilot projects that are designed as small tests of change using rapid improvement cycle methodology. For example, a pilot sample of 30% or 100% of the sample size when target population is less than 30 can be statistically significant for QI pilot projects.

The PDSA model is the overall framework for continuous process improvement. This includes:

- **Plan** 1) Identify opportunities for improvement
  - 2) Define baseline
  - 3) Describe root cause(s) including barrier analysis
  - 4) Develop an action plan
- **Do** 5) Communicate change plan
  - 6) Implement change plan
- **Study** 7) Review and evaluate result of change
  - 8) Communicate progress
- **Act** 9) Reflect and act on learning
  - 10) Standardize process and celebrate success
  - 11) As needed, initiate Corrective Action Plan(s), which may include enhanced monitoring and/or re-measurement activities.

# **Types of QIHE Projects**

CalOptima Health implements several types of improvement projects, including QIPs, PIPs, CCIPs and PDSAs to improve processes and outcomes for members.

For each QI Project, specific interventions to achieve stated goals and objectives are developed and implemented. Interventions for each project must:

- Be clearly defined and outlined
- Have specific objectives and timelines
- Specify responsible departments and individuals
- Be evaluated for effectiveness
- Be tracked by QIHEC

For each project, there are specific system interventions that have a reasonable expectation of effecting long-term or permanent performance improvement. System interventions include education efforts, policy changes, development of practice guidelines (with appropriate dissemination and monitoring) and other plan initiatives. In addition, provider- and member-specific interventions, such as reminder notices and informational communication, are developed and implemented.

### **Improvement Standards**

#### A. Demonstrated Improvement

Each project is expected to demonstrate improvement over baseline measurement on the specific quality measures selected. In subsequent measurements, evidence of significant improvement over the initial performance to the measure(s) must be sustained over time.

#### **B.** Sustained Improvement

Sustained improvement is documented through the continued remeasurement of quality measures for at least one year after the improved performance has been achieved.

Once the requirement has been met for both demonstrated and sustained improvement on any given project, there are no other regulatory reporting requirements related to that project. CalOptima Health may choose to continue the project or pursue another topic.

# **Documentation of QIHE Projects**

Documentation of all aspects of each QIHE Project is required. Documentation includes but is not limited to:

- Project description, including relevance, literature review (as appropriate), source and overall project goal
- Description of target population
- Description of data sources and evaluation of their accuracy and completeness
- Description of sampling methodology and methods for obtaining data
- List of data elements (quality measures). Where data elements are process measures, there must be documentation that the process indication is a valid proxy for the desired clinical outcome
- Baseline data collection and analysis timelines
- Data abstraction tools and guidelines
- Documentation of training for chart abstraction
- Rater-to-standard validation review results
- Measurable objectives for each quality measure
- Description of all interventions including timelines and responsibility
- Description of benchmarks
- Remeasurement sampling, data sources, data collection and analysis timelines
- Evaluation of remeasurement performance on each quality measure

# **Communication of QIHE Activities**

Results of performance improvement and collaborative activities will be communicated to the appropriate department, multidisciplinary committee or administrative team as determined by the nature of the issue. The frequency will be determined by the receiving groups and be reflected on the QIHETP Work Plan or calendar. The QIHE subcommittees will report their summarized information to the QIHEC at least quarterly in order to facilitate communication along the continuum of care. The QIHEC reports activities to the QAC of the Board of Directors, through the CMO or designee, on a quarterly basis. Communication of QI trends to CalOptima Health's contracted entities, practitioners and providers is through the following:

- Practitioner participation in the QIHEC and its subcommittees
- HN Forums, Medical Directors' Meetings, Quality Forums and other ongoing ad hoc meetings
- MAC, PAC and WCM FAC

# **Quality Improvement and Health Equity Program Evaluation**

The objectives, scope, organization and effectiveness of CalOptima Health's QIHETP are reviewed and evaluated annually by the QIHEC and QAC, and approved by the Board of Directors, as reflected in the QIHETP Work Plan. Results of the written annual evaluation are used as the basis for formulating the next year's initiatives and are incorporated into the QIHETP Work Plan and reported to DHCS and CMS on an annual basis. In the evaluation, the following are reviewed:

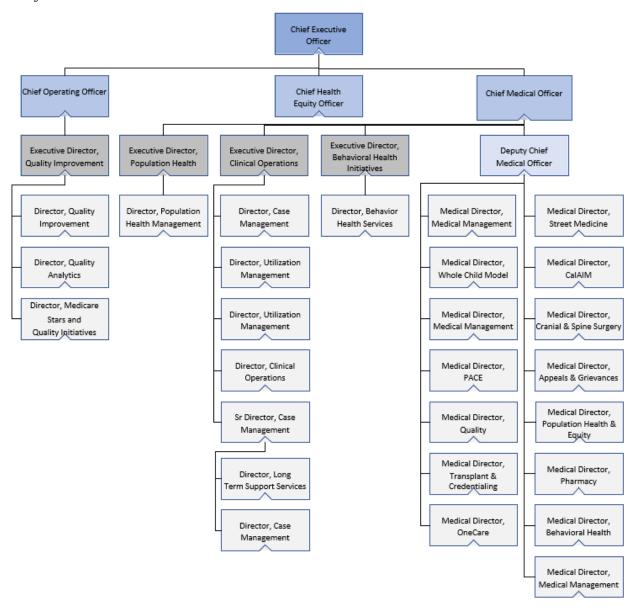
- A description of completed and ongoing QIHE activities that address quality and safety
  of clinical care and quality of services, including the achievement or progress toward
  goals, as outlined in the QIHETP Work Plan, and identification of opportunities for
  improvement.
- Trending of measures to assess performance in the quality and safety of clinical care and quality of service, including aggregate data on utilization.
- An assessment of the accomplishments from the previous year, as well as identification of the barriers encountered in implementing the annual plan through root cause and barrier analyses, to prepare for new interventions.
- An evaluation of the effectiveness of QIHE activities, including QIPs, PIPs, PDSAs and CCIPs.
- An evaluation of the effectiveness of member satisfaction surveys and initiatives.
- A report to the QIHEC and QAC summarizing all quality measures and identifying significant trends.
- A critical review of the organizational resources involved in the QIHETP through the CalOptima Health strategic planning process.
- Recommended changes included in the revised QIHETP Description for the subsequent year for QIHEC, QAC and the Board of Directors' review and approval.

A copy of the QIHETP Evaluation is also publicly available on the CalOptima Health website.

# **Quality Improvement and Health Equity Transformation Program Organizational Structure**

# **Quality Program Organizational Chart — Diagram**

As of December 2023



# **Quality Improvement and Health Equity Transformation Program Organizational Structure**

The Quality and Clinical Operations departments and Medical Directors, in conjunction with multiple CalOptima Health departments, support the organization's mission and strategic goals. These areas oversee the processes to monitor, evaluate and implement the QIHETP so that members receive high-quality care and services. Below lists the QI Program's functional areas and responsibilities.

Chief Executive Officer (CEO) allocates financial and employee resources to fulfill program objectives. The CEO delegates authority, when appropriate, to the Chief Medical Officer (CMO), the Chief Financial Officer (CFO) and the Chief Operating Officer (COO). The CEO makes certain that the QIHEC satisfies all remaining requirements of the QIHETP, as specified in the state and federal contracts.

Chief Operating Officer (COO) is responsible for oversight and day-to-day operations of several departments, including Customer Service, Information Technology Services, Enterprise Project Management Office, Network Operations, Grievance and Appeals Resolution Services (GARS), Claims Administration, Quality, Medi-Cal/CalAIM and Coding Initiatives.

Chief Medical Officer\* (CMO) oversees strategies, programs, policies and procedures as they relate to CalOptima Health's quality and safety of clinical care delivered to members. The CMO has overall responsibility for the QIHETP and supports efforts so that the QIHETP objectives are coordinated, integrated and accomplished. At least quarterly, the CMO presents reports on QIHE activities to the Board of Directors' Quality Assurance Committee.

Chief Compliance Officer (CCO) is responsible for monitoring and driving interventions so that CalOptima Health and its HNs and other First Tier, Downstream and Related Entities (FDRs) meet the requirements set forth by DHCS, CMS and DMHC. The Compliance staff works in collaboration with the Audit & Oversight department to refer any potential noncompliance issues or trends encountered during audits of HNs and other functional areas. The CCO serves as the State Liaison and is responsible for legislative advocacy. Also, the CCO oversees CalOptima Health's regulatory and compliance functions, including the development and amendment of CalOptima Health's policies and procedures to ensure adherence to state and federal requirements.

Chief Health Equity Officer (CHEO) co-chairs the QIHEC and is responsible for overseeing QIHETP activities and quality management functions. The CHEO provides direction and support to CalOptima Health's Quality teams to ensure QIHETP objectives are met.

Chief Human Resources Officer (CHRO) is responsible for the overall administration of the human resources departments, functions, policies and procedures, benefits, and retirement programs for CalOptima Health. The CHRO works in consultation with the Office of the CEO, the other Executive Offices, the Executive Directors, Directors and staff, and helps to develop efficient processes for alignment with CalOptima Health's mission and vision, strategic/business/fiscal plans, and the organizational goals and priorities as established by the Board of Directors.

**Deputy Chief Medical Officer\*** (DCMO), along with the CMO, oversees strategies, programs, policies and procedures as they relate to CalOptima Health's medical care delivery system. The DCMO collaborates with Directors and Medical Directors in the operational oversight of the medical division, including Quality Improvement, Quality Analytics, Utilization Management, Care Management, Population Health Management, Pharmacy Management, LTSS and other medical management programs.

Chief of Staff (COS) acts as advisor to the CEO and facilitates cross-collaborative development, implementation and improvement of organizational programs and initiatives. The COS is

responsible for achieving operational efficiencies to support CalOptima Health's strategic plan, goals and objectives.

Chief Information Officer (CIO) provides oversight of CalOptima Health's enterprisewide technology needs, operations and strategy. The CIO also serves as the Chief Information Security Officer responsible for security and risk management to proactively manage and decrease the organization's risk exposure.

**Medical Director\*** (Behavioral Health) is the designated behavioral health care physician in the QIHETP who serves as a participating member of the QIHEC, as well as the Utilization Management Committee (UMC) and CPRC. The Medical Director is also the chair of the Pharmacy & Therapeutics Committee (P&T).

**Medical Director\*** (CalAIM) [California Advancing and Innovating Medi-Cal] is responsible for the clinical oversight of CalAIM initiatives that include clinical programs and related services, such as Enhanced Care Management, Community Supports and justice-involved services.

**Medical Director\*** (Credentialing and Peer Review) is the designated physician in the QIHETP who serves as a participating member of the QIHEC, as well as the Utilization Management Committee (UMC). The Medical Director is also the chair of the Credentialing and Peer Review Committee (CPRC).

**Medical Director\*** (OneCare) is responsible for oversight of the senior members in OneCare, working on quality improvements to raise CalOptima Health's Star rating and collaborating with others on behalf of members via the interdisciplinary care teams.

**Medical Director\*** (Population Health and Equity) is the designated physician who chairs the Population Health Management Committee and is responsible for overseeing the Population Health Management (PHM) functions. The Medical Director provides direction and support to the CalOptima Health PHM staff to ensure objectives from the Population Health Management Strategy are met.

**Medical Director\*** (Quality Improvement) is the physician designee who chairs the QIHEC and is responsible for overseeing QIHETP activities and quality management functions. The Medical Director provides direction and support to CalOptima Health's Quality teams to ensure QIHETP objectives are met.

**Medical Director\*** (Street Medicine) is responsible for the clinical oversight of the street medicine initiative that includes patient medical assessments and management, urgent care medical interventions, pharmacology management and utilization and the coordination of street medicine services with a multidisciplinary team.

**Medical Director\*** (Whole Child Model) is the physician designee who chairs the Whole Child Model Clinical Advisory Committee and is responsible for overseeing QIHE activities and quality management functions related to Whole Child Model (WCM). The Medical Director provides direction and support to CalOptima Health's Quality teams to ensure QIHETP objectives related to WCM are met.

Executive Director, Quality Improvement (ED QI) is responsible for facilitating the companywide QIHETP deployment; driving performance results in Healthcare Effectiveness Data and Information Set (HEDIS), DHCS, CMS Star measures and ratings; and maintaining NCQA accreditation standing as a high-performing health plan. The ED QI serves as a member of the executive team, reporting to the COO, and with the CMO, DCMO and Executive Director, Clinical Operations, supports efforts to promote adherence to established quality improvement strategies and integrate behavioral health across the delivery system and populations served. Reporting to the ED QI are the Directors of Quality Analytics, Quality Improvement, and Medicare Stars and Quality Initiatives.

**Executive Director, Population Health Management** (ED PHM) is responsible for the development and implementation of companywide PHM strategy to improve member experience, promote optimal health outcomes, ensure efficient care and improve health equity. The ED PHM serves as a member of the executive team, and with the CMO, DCMO and Executive Director, Clinical Operations, supports efforts to promote adherence to established quality improvement strategies and integrate behavioral health across the delivery system and populations served. The Director of Population Health Management reports to the ED PHM.

**Executive Director, Behavioral Health Integration** (ED BHI) is responsible for oversight of CalOptima Health's Behavioral Health (BH) program, including utilization of services, quality outcomes and the coordination and true integration of care between physical and BH practitioners across all lines of businesses.

**Executive Director, Medi-Cal and CalAIM** is responsible for the implementation and oversight of CalAIM, a whole-system, person-centered delivery system reform to improve quality and care to members.

**Executive Director, Clinical Operations** (ED CO) is responsible for oversight of all operational aspects of key Medical Affairs functions, including UM, Care Coordination, Complex Care Management, LTSS and MSSP services, along with new program implementation related to initiatives in these areas. The ED CO serves as a member of the executive team and, with the CMO, DCMO and ED PHM, makes certain that Medical Affairs is aligned with CalOptima Health's strategic and operational priorities.

**Executive Director, Medicare Programs** (ED MP) is responsible for strategic and operational oversight of Medicare programs, including OneCare and PACE.

**Executive Director, Network Operations** (ED NO) leads and directs the integrated operations of the HNs and coordinates organizational efforts internally and externally with members, providers and community stakeholders. The ED NO is responsible for building an effective and efficient operational unit to serve CalOptima Health's networks and making sure the delivery of accessible, cost-effective and quality health care services is maintained throughout the service delivery network.

**Executive Director, Operations** (ED O) is responsible for overseeing and guiding Claims Administration, Customer Service, GARS, Coding Initiatives and Electronic Business.

\*Upon employment engagement, and every three years thereafter, the Medical Directors are credentialed. In that process, their medical license is checked to ensure that it is an unrestricted license pursuant to the California Knox Keene Act Section 1367.01 I. Ongoing monitoring is

performed to ensure that no Medical Director is listed on state or federal exclusion or preclusion lists.

# **Quality Improvement and Health Equity Program Resources**

CalOptima Health's budgeting process includes personnel, Information Technology Services resources and other administrative costs projected for the QIHETP. The resources are revisited on a regular basis to promote adequate support for CalOptima Health's QIHETP.

The QIHE staff directly impacts and influences the QIHEC and related committees through monitoring, evaluation and interventions, providing the various committees with outcomes and effectiveness of corrective actions.

In addition to CalOptima Health's CMO, ED QI and ED PHM, the following staff positions provide direct support for organizational and operational QIHETP functions and activities:

#### **Director, Quality Improvement**

Responsible for day-to-day operations of the Quality Management functions, including credentialing, potential quality issues, facility site reviews (FSRs) and medical record reviews (MRRs), physical accessibility compliance and working with the ED Quality Improvement to oversee the QIHETP and maintain NCQA accreditation. This position also supports the QIHEC, the committee responsible for oversight and implementation of the QIHETP and QIHETP Work Plan.

The following positions report to the Director, Quality Improvement:

- Manager, Quality Improvement (PQI)
- Manager, Quality Improvement (FSR/PARS/MRR)
- Manager, Quality Improvement (Credentialing)
- Supervisor, Quality Improvement (FSR)
- Supervisor, Quality Improvement (PARS)
- QI Nurse Specialists (RN) (LVN)
- Project Manager
- Program Manager
- Credentialing Coordinators
- Program Specialists
- Program Assistants
- Outreach Specialists
- Auditor, Credentialing

#### **Director, Quality Analytics**

Responsible for leading collection, tracking and reporting of quality performance measures, including HEDIS and Stars metrics, as required by regulatory entities. Conducts data analysis to inform root cause analysis, identify opportunities for improvement, and measure effectiveness of interventions. Provides data analytical direction to support quality measurement activities for the agencywide QIHETP.

The following positions report to the Director, Quality Analytics:

• Manager, Quality Analytics (HEDIS)

- Manager, Quality Analytics (Data Analytics)
- Data Analysts
- Project Managers
- HEDIS medical record review nurses

#### **Director, Medicare Stars and Quality Initiatives**

Responsible for leading implementation of quality initiatives to improve quality outcomes for Medi-Cal and Medicare products, including HEDIS, member satisfaction, access and availability, and Medicare Stars. Provides data analytical direction to support quality measurement activities for the organizationwide QIHETP by managing, executing and coordinating QI activities and projects, aligned with the QI department supporting clinical operational aspects of quality management and improvement. Provides coordination and support to the QIHEC and other committees to ensure compliance with regulatory and accreditation agencies.

The following positions report to the Director, Medicare Stars and Quality Initiatives:

- Manager, Quality Analytics
- Manager, Quality Initiatives
- Project Managers
- Program Coordinators
- Program Specialists
- Data Analyst
- Quality Analyst
- Program Assistant

#### Director, Population Health Management

Responsible for program development and implementation for organizationwide population health initiatives while ensuring linkages supporting a whole-person perspective to health and health care with Case Management, UMC, Pharmacy and BHI. This position oversees programs that promote health and wellness services for all CalOptima Health members. PHM services include Perinatal Support Services (Bright Steps Program), Chronic Condition management services using health coaches and Registered Dietitians, and the Childhood Obesity Prevention Program (Shape Your Life). PHM also supports the MOC implementation for members. Reports program progress and effectiveness to QIC and other committees to support compliance with regulatory and accreditation organization requirements.

The following positions report to the Director, Population Health Management:

- Population Health Management Manager (Clinical Operations)
- Population Health Management Manager (Health Education)
- Population Health Management Manager (Maternal Health)
- Population Health Management Manager (Strategic Initiatives)
- Population Health Management Supervisors
- Program Managers and Senior Program Managers
- Health Coaches
- Registered Dietitians
- Health Educators and Senior Health Educators
- Program Specialists

- Program Assistants
- Program Coordinators

#### **Director, Behavioral Health Integration**

Responsible for program development and leadership to the implementation, expansion and/or improvement of processes and services that lead to the integration of physical and behavioral health care services for CalOptima Health members across all lines of business. The director is responsible for the management and strategic direction of the BHI department efforts in integrated care, quality initiatives and community partnerships. The director ensures departmental compliance with all local, state and federal regulations and that accreditation standards and all policies and procedures meet current requirements.

#### **Director, Utilization Management**

Responsible for the development and implementation of the UM program, policies and procedures. This director ensures the appropriate use of evidenced-based clinical review criteria/guidelines for medical necessity determinations. The director also provides supervisory oversight and administration of the UM program, oversees all clinical decisions rendered for concurrent, prospective and retrospective reviews that support UM medical management decisions, serves on the UM committees and participates in the QIHEC and the BMSC.

#### **Director, Clinical Pharmacy Management**

Responsible for the development and implementation of the Pharmacy Management program, develops and implements Pharmacy Management department policies and procedures, ensures that a licensed pharmacist conducts reviews on cases that do not meet review criteria/guidelines for any potential adverse determinations, provides supervision of the coordination of pharmacy-related clinical affairs, and serves on the P&T and UMC. The director also guides the identification and interventions on key pharmacy quality and utilization measures.

#### **Director, Care Management**

Responsible for Care Management, Transitions of Care, Complex Care Management and the clinical operations of Medi-Cal and OneCare. The director supports improving quality and access through seamless care coordination for targeted member populations, and develops and implements policies, procedures and processes related to program operations and quality measures.

#### **Director, Long-Term Services and Supports (LTSS)**

Responsible for LTSS programs, which include CBAS, LTC and MSSP. The position supports a member-centric approach and helps keep members in the least restrictive living environment, collaborates with community partners and other stakeholders, and ensures LTSS are available to appropriate populations. The director also develops and implements policies, procedures and processes related to LTSS program operations and quality measures.

#### **Director, Medicare Programs**

Responsible for the medical management team and providing physician leadership in the Medical Management division, serving as liaison to other CalOptima Health operational and support departments. The director collaborates with the other Medical Directors and clinical, nursing and non-clinical leadership staff across the organization in areas including Quality, Utilization and Care Management, Health Education/Disease Management, Long-Term Care, Pharmacy, Behavioral Health Integration, PACE as well as support departments, including Compliance, Information Technology Services, Claims, Contracting and Provider Relations.

# **Staff Orientation, Training and Education**

CalOptima Health seeks to recruit highly qualified individuals with extensive experience and expertise in health services. Qualifications and educational requirements are delineated in the respective position descriptions.

Each new employee is provided intensive orientation and job-specific training with a staff member. The following topics are covered during the introductory period, with specific training, as applicable to individual job descriptions:

- CalOptima Health New Employee Orientation and Boot Camp (CalOptima Health programs)
- HIPAA Rules and Compliance
- Disability Awareness Fraud, Waste and Abuse
- Compliance and Code of Conduct Training
- Cybersecurity Awareness
- Workplace Harassment Prevention training
- Use of technical equipment (phones, computers, printers, fax machines, etc.)
- Applicable department program training, policies and procedures, etc.
- Health Equity
- Cultural Competency
- Seniors and Persons with Disabilities Awareness training
- Trauma-Informed Care
- Diversity, Inclusion and Unconscious Bias

Employees, contracted providers and practitioner networks with responsibilities for OneCare are trained at least annually on the Model of Care (MOC). The MOC training is a part of the comprehensive orientation process, and includes face-to-face, interactive and web-based platforms as well as paper format.

CalOptima Health encourages and supports continuing education and training for employees, which increases competency in their present jobs and/or prepares them for career advancement within CalOptima Health. Each year, a specific budget is set for education reimbursement for employees.

# **Key Business Processes, Functions, Important Aspects of Care and Service**

CalOptima Health provides comprehensive physical and behavioral health care services, which are based on the philosophy of a medical home for each member. The primary care practitioner is this medical home for members who previously found it difficult to access services within their community.

The Institute of Medicine describes the concepts of primary care and community-oriented primary care, which apply to the CalOptima Health model:

- Primary care, by definition, is accessible, comprehensive, coordinated and continual care delivered by accountable providers of personal health services.
- Community-oriented primary care is the provision of primary care to a defined community, coupled with systematic efforts to identify and address the major health problems of that community.

The important functional areas of care and service around which key business processes are designed include:

- Clinical care and service
- Behavioral health care
- Access and availability
- Continuity and coordination of care
- Transitions of care
- Prenatal and postpartum care
- Preventive care, including:
  - o Initial Health Appointment
  - o Behavioral Assessment
  - o Immunizations
  - o Blood Lead Screenings
- Early and Periodic Screening, Diagnosis and Treatment (EPSDT)
- Diagnosis, care and treatment of acute and chronic conditions
- Care management including complex care management
- Prescription drug services
- Hospice care
- Palliative care
- Major organ transplants
- Long-Term Care Services and Supports
- Enhanced Care Management
- Community Supports
- Transportation
- Health education and promotion
- Disease management
- Member experience
- Patient safety

#### Administrative oversight:

- Delegation oversight
- Member rights and responsibilities
- Provider training
- Organizational ethics
- Effective utilization of resources including monitoring of over and under utilization
- Management of information
- Financial management
- Management of human resources
- Regulatory and contract compliance
- Fraud and abuse\* as it relates to quality of care

\* CalOptima Health has a zero-tolerance policy for fraud and abuse, as required by applicable laws and regulatory contracts. The detection of fraud and abuse is a key function of the CalOptima Health program.

# **Quality Improvement**

The QI department is responsible for implementation of the QIHETP, monitoring quality of care and service, and assuring that credentialing standards, policies, and procedures are implemented to provide a qualified provider network for our members. The QI department fully aligns with departments throughout the organization to support the organizational mission, strategic goals and processes to monitor and drive improvements to the quality of care and services. The QI department ensures that care and services are rendered appropriately and safely to all CalOptima Health members.

#### QI department activities include:

- Monitor, evaluate and act to improve clinical outcomes for members
- Design, manage and improve work processes, clinical, service, access, member safety and quality-related activities
  - o Drive improvement of quality of care received
  - o Minimize rework and unnecessary costs
  - o Measure the member experience of accessing and getting needed care
  - o Empower staff to be more effective
  - Coordinate and communicate organizational information, both department-specific and organizationwide
- Evaluate and monitor provider credentials
- Support the maintenance of quality standards across the continuum of care for all lines of business
- Monitor and maintain organizationwide practices that support accreditation and meet regulatory requirements

# **Peer Review Process for Potential Quality Issues**

Peer Review is coordinated through the QI department. Medical Directors triage potential quality of care issues and conduct reviews of suspected physician and ancillary quality of care issues. All potential quality of care cases are reviewed by a Medical Director who determines a proposed action, dependent on the severity of the case. The Medical Director presents these cases to CPRC, which provides the final action(s). As cases are presented to CPRC, the discussion of the care includes appropriate action and leveling of the care, which results in committee-wide inter-rated reliability process. The QI department tracks, monitors and trends PQI cases to determine if there is an opportunity to improve care and service. Results of Quality of Care reviews, and tracking and trending of service and access issues, are reported to the CPRC and are also reviewed at the time of recredentialing. Potential quality of care case referrals are sent to the QI department from multiple areas at CalOptima Health, which include but are not limited to Prior Authorization, Concurrent Review, Care Management, Legal, Compliance, Customer Service, Pharmacy or GARS, as well as from providers and other external sources.

The QI department provides training guidance for the non-clinical staff in Customer Service and GARS to assist the staff on the identification of potential quality issues. Potential quality of care

grievances are reviewed by a Medical Director with clinical feedback provided to the member. Declined grievances captured by the Customer Service department are similarly reviewed by a Medical Director.

# **Comprehensive Credentialing Program**

The comprehensive credentialing process is designed to provide ongoing verification of the practitioner's ability to render specific care and treatment within limits defined by licensure, education, experience, health status and judgment, thus ensuring the competency of practitioners working within the CalOptima Health contracted delivery system.

Practitioners are credentialed and recredentialed according to regulatory and accreditation standards (DHCS, CMS and NCQA). The scope of the credentialing program includes all licensed MDs, Dos, DPMs (doctors of podiatric medicine), DCs (doctors of chiropractic medicine), DDSs (doctors of dental surgery), allied health and midlevel practitioners, which include but are not limited to non-physician BH practitioners, certified nurse midwives, certified nurse specialists, nurse practitioners, optometrists, physician assistants, registered physical therapists, occupational therapists, speech therapists and audiologists, both in the delegated and CalOptima Health direct environments. Credentialing and recredentialing activities for CCN are performed at CalOptima Health and delegated to HNs and other subdelegates for their providers.

#### **Organizational Providers (OPs)**

CalOptima Health performs credentialing and recredentialing of OPs, including but not limited to acute care hospitals, home health agencies, skilled nursing facilities, free-standing surgery centers, dialysis centers, etc. The intent of this process is to assess that these entities meet standards for quality of care and are in good standing with state and federal regulatory agencies.

#### **CalAIM Providers**

CalOptima Health performs credentialing or vetting of CalAIM providers to ensure providers are qualified to provide Enhanced Care Management and Community Supports to our members. CalAIM providers include but are not limited to the following providers: FQHCs, street medicine providers, homeless navigation centers, transitional housing centers, CBAS centers, home health agencies, school-based clinics, community-based organizations, recuperative care and respite providers, sobering centers, medical tailored meals, and personal care and homemaker services.

#### **Use of QI Activities in the Recredentialing Process**

Findings from QI activities and other performance monitoring are included in the recredentialing process.

#### **Monitoring for Sanctions and Complaints**

CalOptima Health has adopted policies and procedures for ongoing monitoring of sanctions, which include but are not limited to state or federal sanctions, restrictions on licensure or limitations on scope of practice, Medicare and Medicaid sanctions, potential quality concerns, and member complaints between recredentialing periods.

# Facility Site Review, Medical Record and Physical Accessibility Review

CalOptima Health does not delegate PCP facility site, physical accessibility, and medical records review to contracted HMOs, PHCs and SRGs. CalOptima Health assumes responsibility and conducts and coordinates facility site review (FSR) and medical record review (MRR) for delegated HNs. CalOptima Health retains coordination, maintenance and oversight of the FSR/MRR process. CalOptima Health collaborates with the SRGs to coordinate the FSR/MRR process, minimize the duplication of site reviews and support consistency in PCP site reviews for shared PCPs.

CalOptima Health completes initial site reviews and subsequent periodic site reviews comprised of the FSR, MRR and Physical Accessibility Review Survey (PARS) on all PCP sites that intend to participate in their provider networks regardless of the status of a PCP site's other accreditations and certifications.

Site reviews are conducted as part of the initial credentialing process. All PCP sites must undergo an initial site review and receive a minimum passing score of 80% on the FSR Survey Tool. This requirement is waived for precontracted provider sites with documented proof that another local managed care plan completed a site review with a passing score within the past three years. This is in accordance with APL 22-017 Primary Care Provider Site Reviews: Facility Site Review and Medical Record Review and CalOptima Health policies. An Initial Medical Record Review shall be completed within 90 calendar days from the date that members are first assigned to the provider. An additional extension of 90 calendar days may be allowed only if the provider does not have enough assigned members to complete review of the required number of medical records. Subsequent site reviews consisting of an FSR, MRR and PARS are completed no later than three years after the initial reviews. CalOptima Health may review sites more frequently per local collaborative decisions or when deemed necessary based on monitoring, evaluation or CAP follow-up issues. If the provider is unable to meet the requirements through the CAP review, then the provider will be recommended for contract termination.

#### Physical Accessibility Review Survey for Seniors and Persons With Disabilities (SPD)

CalOptima Health conducts an additional DHCS-required physical accessibility review for Americans with Disabilities Act (ADA) compliance for SPD members, which includes access evaluation criteria to determine compliance with ADA requirements.

- Parking
- Building interior and exterior
- Participant areas, including the exam room
- Restroom
- Exam table/scale

#### **Medical Record Documentation**

The medical record provides legal proof that the member received care. CalOptima Health requires that contracted delegated HNs make certain that each member's medical record is maintained in an accurate, current, detailed, organized and easily accessible manner. Medical

records are reviewed for format, legal protocols and documented evidence of the provision of preventive care and coordination and continuity of care services. All data should be filed in the medical record in a timely manner (i.e., lab, X-ray, consultation notes, etc.)

The medical record should provide appropriate documentation of the member's medical care in such a way that it facilitates communication, coordination and continuity of care, and promotes efficiency and effectiveness of treatment. All medical records should, at a minimum, include all information required by state and federal laws and regulations, and the requirements of CalOptima Health's contracts with CMS and DHCS.

The medical record should be protected to ensure that medical information is released only in accordance with applicable federal and state law and must be maintained by the provider for a minimum of 10 years.

# **Corrective Action Plan(s) to Improve Quality of Care and Service**

When monitoring by either CalOptima Health's QI department, Audit & Oversight department or other functional areas identifies an opportunity for improvement, the relevant functional areas will determine the appropriate action(s) to be taken to correct the problem. Those activities specific to delegated entities will be conducted at the direction of the Audit & Oversight department as overseen by the Delegation Oversight Committee, reporting to the Compliance Committee. Those activities specific to CalOptima Health's functional areas will be overseen by the QI department as overseen by and reported to QIHEC. Actions for either delegates or functional areas may include the following:

- Development of cross-departmental teams using continuous improvement tools (i.e., quality improvement plans or PDSA) to identify root causes, develop and implement solutions, and develop quality control mechanisms to maintain improvements.
- Formal or informal discussion of the data/problem with the involved practitioner, either in the respective committee or by a Medical Director.
- Further observation and monitoring of performance via the appropriate clinical monitor. (This process shall determine if follow-up action has resolved the original problem.)
- Intensified evaluation/investigation when a trigger for evaluation is attained, or when further study needs to be designed to gather more specific data, i.e., when the current data is insufficient to fully define the problem.
- Changes in policies and procedures when the monitoring and evaluation results may indicate problems that can be corrected by changing policy or procedure.

# **National Committee for Quality Assurance (NCQA) Accreditation**

CalOptima Health is a National Committee for Quality Assurance (NCQA) accredited Health Plan and achieved its initial commendable accreditation in August 2012. In July 2021, CalOptima Health completed triannual renewal survey for NCQA Health Plan Accreditation and received 100% of the allowable points through the document submission and file review process. From this renewal survey, CalOptima Health received Accredited Status, which is effective through July 27, 2024.

The QI department staff support CalOptima Health accreditation efforts by conducting the NCQA Steering Committee to provide all internal departments with NCQA standards and

updates, survey readiness management and NCQA survey process management. CalOptima Health has acquired NCQA consulting services to support document review and survey readiness prior to submission.

CalOptima Health is seeking another renewal for Health Plan Accreditation and will be completing the submission by April 30, 2024. In addition to Health Plan Accreditation, CalOptima is also seeking Health Equity Accreditation with NCQA by January 2026.

# **Quality Analytics**

The Quality Analytics (QA) department fully aligns with the QI and PHM teams to support the organizational mission, strategic goals, required regulatory quality metrics, programs and processes to monitor and drive improvements to the quality of care and services, and ensure that care and services are rendered appropriately and safely to all CalOptima Health members.

The QA department activities include design, implementation and evaluation of processes and programs to:

- Report, monitor and trend outcomes
- Conduct measurement analysis to evaluate goals, establish trends and identify root causes
- Establish measurement benchmarks and goals
- Support efforts to improve internal and external customer satisfaction
- Improve organizational quality improvement functions and processes to both internal and external customers
- Collect clear, accurate and appropriate data used to analyze performance of specific quality metrics and measure improvement
- Coordinate and communicate organizational, HN and provider-specific performance on quality metrics, as required
- Participate in various reviews through the QIHETP, including but not limited to network adequacy, access to care and availability of practitioners
- Facilitate satisfaction surveys for members
- Incentivize HNs and providers to meet quality performance targets and deliver quality care
  - Design and develop member, provider and organization-wide initiatives to improve quality of care

Data sources available for identifying, monitoring and evaluating opportunities for improvement and intervention effectiveness include but are not limited to:

- Claims data
- Encounter data
- Utilization data
- Care management reports
- Pharmacy data
- Immunization registry
- Lab data
- CMS Star Ratings data
- Population Needs Assessment
- HEDIS results

- Member and provider satisfaction surveys
- Timely Access Survey
- Provider demographic information

By analyzing data that CalOptima Health currently receives (i.e., claims data, pharmacy data and encounter data), the data warehouse can identify members for quality improvement and access to care interventions, which will allow us to improve our HEDIS scores and CMS Star Ratings. This information will guide CalOptima Health and our delegated HNs in identifying gaps in care and metrics requiring improvement.

# **Quality Performance Measures**

CalOptima Health annually collects, tracks and reports all quality performance measures required by CMS and DHCS, including the DHCS Medi-Cal Accountability Set (MCAS), Medicare reporting set and Star measures. Measure rates are validated by a NCQA-certified auditor and reported to NCQA, CMS, DHCS and other entities as required.

# VALUE-Based Payment Program

CalOptima Health's Value-Based Payment Performance Program recognizes outstanding performance and supports ongoing improvement to strengthen CalOptima Health's mission of serving members with excellence and providing quality health care. HNs, including CCN, and HNs' PCPs are eligible to participate in the Value-Based Payment Programs. CalOptima Health has adopted the Integrated Healthcare Association (IHA) pay-for-performance methodology to assess performance. Performance measures are aligned with the DHCS MCAS for Medi-Cal and a subset of CMS Star measures for OneCare.

#### **Five-Year Hospital Quality Program 2023–2027**

CalOptima Health has developed a hospital quality program to improve quality of care to members through increased patient safety efforts and performance-driven processes. The hospital quality program utilizes public measures reported by CMS and The Leapfrog Group for quality outcomes, patient experience and patient safety. Hospitals may earn annual incentives based on achievement of benchmarks.

# **Population Health Management**

Population Health Management (PHM) aims to ensure that member care and services are delivered in a whole-person-centered, safe, timely, efficient and equitable manner across the entire health care continuum and life span. PHM integrates physical health, behavioral health, long-term support services and complex case management to improve the coordination of care between managed care teams. PHM care coordination includes basic population health management, complex care management, enhanced care management (ECM) and transitional care services. PHM's streamlined care coordination interactions are designed to optimize member care to meet their unique and comprehensive health needs.

At least annually, CalOptima Health engages with multidisciplinary care teams, members, community partners and stakeholders to update the PHM Strategy. The PHM Strategy outlines CalOptima Health's cohesive plan of action to address the needs of our members across the

continuum of care. Through the PHM Strategy and our commitment to health equity, CalOptima Health also shares our creative upstream approach to address SDOH and close gaps in care that lead to health disparities among our members. In addition, CalOptima Health aligns our PHM Strategy with the priorities of our federal and state regulators and follows the standards outlined by NCQA. CalOptima Health's PHM Strategy addresses the following areas of focus:

- Keeping members healthy
- Managing members with emerging risks
- Patient safety or outcomes across settings
- Managing members with multiple chronic conditions

To inform our PHM Strategy, CalOptima Health has several processes in place to review collected data that is used to understand our member needs, develop strategies to address those needs and evaluate the impact of those strategies. Mainly CalOptima Health's Population Needs Assessment (PNA) is used to summarize the results of an annual assessment on a variety of member data. The intent of the PNA is to review the characteristics and needs of our organization's member population and relevant focus populations to support data-driven planning and decision-making. In addition, CalOptima Health uses PNA key findings to inform a comprehensive PHM Work Plan.

The PHM Work Plan addresses the unique needs and challenges of specific ethnic communities, including social drivers of health that include but are not limited to economic, social and environmental stressors, to improve health outcomes. CalOptima Health will conduct quality initiatives designed to achieve, through ongoing measurement and intervention, demonstrable and sustained improvement in significant aspects of clinical and non-clinical services. These quality initiatives can be expected to have a beneficial effect on health outcomes and member satisfaction, and may include quality improvement projects (QIPs), program improvement projects (PIPs), Plan-Do-Study-Act (PDSAs) and chronic care improvement projects (CCIPs). Quality Initiatives are tracked in the QIHETP Work Plan and reported to the QIHEC.

In 2024, the PHM Work Plan will continue to focus on addressing health inequities and meeting member's social needs. PHM identified opportunities to expand outreach and initiate new initiatives focused on advancing health equity as follows:

- Improving screening for member social needs and connections to resources through an integrated closed-loop referral platform.
- Increasing CalOptima Health's organizational health literacy through the Health Literacy for Equity project, with support from the Equity in Orange County Initiative (EiOC).
- Expanding in-person group health education classes in the community to promote healthy eating and active living.
- Initiating interventions for members with hypertension and chronic kidney disease.
- Implementing the Comprehensive Community Cancer Screening and Support program that aims to decrease late-stage breast, cervical, colorectal and lung cancer diagnoses.
- Collaborating with the Orange County Health Care Agency to reduce disparities in childhood blood lead and maternal depression screening rates.

Further details of the Population Health Management Program, activities and measurements can be found in the 2024 Population Health Management Strategy (Appendix B)

#### **Health Education and Promotion**

The PHM department provides program development and implementation for organizationwide PHM programs. PHM programs provide for the identification, assessment, stratification and implementation of appropriate interventions for members with certain conditions or chronic diseases. Programs and materials use educational strategies and methods appropriate for members. They are designed to achieve behavioral change and are reviewed on an annual basis. Program topics include exercise, nutrition, hyperlipidemia, hypertension, perinatal health, Shape Your Life/weight management, tobacco cessation, asthma, immunizations and well-child visits.

The primary goals of the department are to achieve member wellness and autonomy through advocacy, communication, education, identification of services, resources and service facilitation throughout the continuum of care. Materials are written at the sixth grade reading level and are culturally and linguistically appropriate.

PHM supports CalOptima Health members with customized interventions, which may include:

- Healthy lifestyle management techniques and health education programs and services at no charge to members
- Medication education to ensure adherence to appropriate pharmacotherapy treatment plans
- Informational booklets for key conditions
- Referrals to community or external resources

# **Managing Members With Emerging Risk**

CalOptima Health staff provide a comprehensive system of caring for members with chronic illnesses. The systemwide, multidisciplinary approach entails the formation of a partnership between the member, the health care practitioner and CalOptima Health. The PHM program stratifies the population and identifies appropriate interventions based on member needs.

These interventions include coordinating care for members, and providing services, resources and support to members as they learn to care for themselves and their condition. The PHM program supports the California Surgeon General and Proposition 56 requirements for Adverse Childhood Event (ACE) screening, as well as identification of SDOH. It proactively identifies those members in need of closer management, coordination and intervention. CalOptima Health assumes responsibility for the PHM program for all lines of business; however, members with more acute needs receive coordinated care with delegated entities.

# **Care Coordination and Care Management**

CalOptima Health is committed to serving the needs of all members and places additional emphasis on the management and coordination of care of the most vulnerable populations and members with complex health needs. Our goal is delivery of effective, quality health care to members with special health care needs across settings and at all levels of care, including but not limited to physical and developmental disabilities, multiple chronic conditions, and complex behavioral health and social issues through:

- Standardized mechanisms for member identification through use of data, including Health Risk Assessment (HRA) for OneCare, SPD and WCM members
- Multiple avenues for referral to care management and disease management programs or management of transitions of care across the continuum of health care from outpatient or ambulatory to inpatient or institutionalized care, and back to ambulatory
- Ability of member to opt out
- Targeted promotion of the use of recommended preventive health care services for members with chronic conditions (e.g., diabetes, asthma) through health education and member incentive programs
- Use of evidence-based guidelines distributed to providers who address chronic conditions prevalent in the member population (e.g., COPD, asthma, diabetes, ADHD)
- Comprehensive initial nursing assessment and evaluation of health status, clinical history, medications, functional ability, barriers to care, and adequacy of benefits and resources
- Development of individualized care plans that include input from the member, caregiver, PCP, specialists, social worker and providers involved in care management, as necessary
- Coordination of services for members for appropriate levels of care and resources
- Documentation of all findings
- Monitoring, reassessing and modifying the plan of care to drive appropriate service quality, timeliness and effectiveness
- Establishing consistent provider-patient relationships
- Ongoing assessment of outcomes

CalOptima Health's Care Management (CM) program includes three care management levels that reflect the acuity of needs: complex care management, care coordination and basic care management. Members within defined models of care, (SPD, WCM and OneCare) are risk-stratified upon enrollment using a plan-developed tool. This risk stratification informs the HRA/HNA outreach process. The tool uses information from data sources, such as acute hospital/emergency department utilization, severe and chronic conditions, and pharmacy.

### Health Risk Assessment (HRA) and Health Needs Assessment (HNA)

The comprehensive risk assessment facilitates care planning and offers actionable items for the ICT. Risk assessments are completed in person, telephonically or by mail and accommodate language preference. The voice of our members is reflected within the risk assessment, which is specific to the assigned model of care. Risk assessments are completed with the initial visit and then on an annual basis.

# **Interdisciplinary Care Team (ICT)**

An ICT is linked to members to assist in care coordination and services to achieve the individual's health goals. The ICT may occur at the PCP (basic) or the HN level (care coordination or complex), depending on the results of the member's HRA and/or evaluation or changes in health status. The ICT always includes the member (and caregivers or an authorized representative with member approval or appropriate authorization to act on behalf of the member) and PCP. For members with more needs, other disciplines are included, such as a Medical Director, specialist(s), care manager, BH specialist, pharmacist, social worker, dietitian

and/or long-term care manager. The ICT is designed to ensure that members' needs are identified and managed by an appropriately composed team.

#### The ICT levels are:

- ICT for Low-Risk Members occurs at the PCP level
  - o Team Composition: member, caregiver or authorized representative, PCP, PCP support staff (nurse, etc.)
    - Roles and responsibilities of this team:
      - Basic care management, including advanced care planning
      - Medication reconciliation
      - Identification of member at risk of planned and unplanned transitions
      - Referral and coordination with specialists
      - Development and implementation of an Individual Care Plan (ICP)
      - Communication with members or their representatives, vendors and medical group
      - Review and update the ICP at least annually, and when there is a change in health status
      - Referral to the primary ICT, as needed
- ICT for Moderate- to High-Risk Members occurs at the HN, or at CalOptima Health for CCN members.
  - Team Composition: member, caregiver or authorized representative, HN Medical Director, PCP and/or specialist, ambulatory care manager, hospitalist, hospital care manager and/or discharge planners, HN UM staff, BH specialist and social worker
    - Roles and responsibilities of this team:
      - Identification and management of planned transitions
      - Care coordination or complex care management
      - Care management of high-risk members
      - Coordination of ICPs for high-risk members
      - Facilitating communication among member, PCP, specialists and vendors
      - Meeting as frequently as is necessary to coordinate care and stabilize member's medical condition

#### **Individual Care Plan (ICP)**

The ICP is developed through the ICT process. The ICP is a member-centric plan of care with prioritization of goals and target dates. Attention is paid to needs identified in the risk assessment (HRA/HNA) and by the ICT. Barriers to meeting treatment goals are addressed. Interventions reflect care manager or member activities required to meet stated goals. The ICP has an established plan for monitoring outcomes and ongoing follow-up per care management level. The ICP is updated annually and with change in condition.

# Seniors and Persons with Disability (SPD)

The goal of care management for SPD members is to facilitate the coordination of care and access to services in a vulnerable population that demonstrates higher utilization and higher risk of requiring complex health care services. The model involves risk stratification and HRA that contributes to the ICT and ICP development.

#### Whole-Child Model (WCM)

The goal of care management for WCM is a single integrated system of care that provides coordination for CCS-eligible and non-CCS-eligible conditions. CalOptima Health coordinates the full scope of health care needs inclusive of preventive care, specialty health, mental health, education and training. WCM ensures that each CCS-eligible member receives care management, care coordination, provider referral and/or service authorization from a CCS paneled provider; this depends upon the member's designation as high or low risk. The model uses risk stratification and an HNA that informs the ICT and ICP development.

# OneCare Dual Eligible Special Needs Plan (D-SNP) Model of Care (MOC)

The MOC is member-centric by design, and it monitors, evaluates and acts upon the coordinated provisions of seamless access to individualized, quality health care for OneCare. The MOC meets the needs of special member populations through strategic activities. Measurable goals are established and reported annually.

#### The MOC goals are:

- Improving access to essential services
- Improving access to preventive health services
- Assuring appropriate utilization of services
- Assuring proper identification of SDOH
- Improving coordination of care through an identified point of contact
- Improving seamless transitions of care across health care settings, providers and health services
- Improving integration of medical, behavioral health and pharmacy services
- Improving beneficiary health outcomes

A formal annual performance evaluation is conducted and strategies for continuous improvement for the coming year are established. Results are evaluated and reported annually.

CalOptima Health's D-SNP care management program includes but is not limited to:

- Complex care management program for a subset of members whose critical event or diagnosis requires extensive use of resources, and who need help navigating the system to facilitate appropriate delivery of care and services
- Transitional care management program focused on evaluating and coordinating transition needs for members who may be at risk of rehospitalization
- High-risk and high-utilization program for members who frequently use emergency department services or have frequent hospitalizations, and high-risk individuals
- Hospital care management program to coordinate care for members during an inpatient admission and discharge planning

Care Management Program focuses on member-specific activities and the coordination of services identified in members' care plans. Care management performs these activities and coordinates services for members to optimize their health status and quality of life.

# **Behavioral Health Integration Services**

CalOptima Health is responsible for providing quality behavioral health care focusing on prevention, recovery, resiliency and rehabilitation. As part of the QI Program with direction and guidance from the QIHEC, the BHI other supporting departments continue to monitor the behavioral health care that CalOptima Health providers our member and continue to seek ways to improve behavioral health care.

#### Medi-Cal Behavioral Health (BH)

CalOptima Health is responsible for providing outpatient mental health services to members with mild to moderate impairment of mental, emotional or behavioral functioning, resulting from a mental health disorder, as defined in the current diagnostic and statistical manual of mental disorders. Mental health services include but are not limited to individual and group psychotherapy, psychology, psychiatric consultation, medication management and psychological testing, when clinically indicated to evaluate a mental health condition.

In addition, CalOptima Health covers behavioral health treatment (BHT) for members 20 years of age and younger who meet medical necessity criteria. BHT services are provided under a specific behavioral treatment plan that has measurable goals over a specific time frame. CalOptima Health provides direct oversight, review and authorization of BHT services.

CalOptima Health offers Alcohol and Drug Screening, Assessment, Brief Interventions and Referral to Treatment (SABIRT) services at the PCP setting to members 11 years and older, including pregnant women. When a screening is positive, providers conduct a brief assessment. Brief counseling on misuse is offered when unhealthy alcohol or substance use is detected. Appropriate referral for additional evaluation and treatment, including medications for addiction treatment, is offered to members whose brief assessment demonstrates probable alcohol use disorder (AUD) or substance use disorder (SUD).

CalOptima Health members can access mental health services directly, without a physician referral, by contacting the CalOptima Health Behavioral Health Line at 1-855-877-3885. A CalOptima Health representative will conduct a brief mental health telephonic screening to make an initial determination of the member's impairment level. If the member has mild to moderate impairments, the member will be referred to BH practitioners within the CalOptima Health provider network. If the member has moderate to severe impairments, the member will be referred to specialty mental health services through the Orange County Mental Health Plan.

CalOptima Health ensures members with coexisting medical and mental health care needs have adequate coordination and continuity of care. Communication with both the medical and mental health specialists occurs as needed to enhance continuity by ensuring members receive timely and appropriate access.

CalOptima Health directly manages all administrative functions of the Medi-Cal mental health benefits, including UM, claims, credentialing the provider network, member services and quality improvement.

CalOptima Health is participating in two of DHCS' incentive programs focused on improving BH care and outcomes. First, the Behavioral Health Integration Incentive Program (BHIIP) is designed to improve physical and BH outcomes, care delivery efficiency and member experience. CalOptima Health is providing program oversight, including readiness, milestones tracking, reporting and incentive reimbursement for the seven provider groups approved to participate in 12 projects. The second incentive program is the Student Behavioral Health Incentive Program (SBHIP), part of a state effort to prioritize BH services for youth ages 0–25. The new program is intended to establish and strengthen partnerships and collaboration with school districts, county BH agencies and CalOptima Health by developing infrastructure to improve access and increase the number of transitional kindergarten through 12<sup>th</sup>-grade students receiving early interventions and preventive BH services.

#### **OneCare Behavioral Health**

OneCare covers inpatient and outpatient behavioral health care services through a directly contracted behavioral health network. OneCare BH continues to be fully integrated within CalOptima Health internal operations. OneCare members can access mental health services by calling the CalOptima Health Behavioral Health Line.

# **Utilization Management (UM)**

Coverage for health care services, treatment and supplies in all lines of business is based on the terms of the plan, member eligibility at the time of service, subject to medical necessity, and are available and accessible to all members, including those with limited English proficiency or diverse cultural and ethnic backgrounds, regardless of race, color, national origin, creed, ancestry, religion, language, age, gender, marital status, sexual orientation, gender identity, health status or disability. All covered services are provided in a culturally and linguistically appropriate manner. Contracts specify that medically necessary services are those that are established as safe and effective, consistent with symptoms and diagnoses, and furnished in accordance with generally accepted professional standards to treat an illness, disease or injury consistent with CalOptima Health medical policy and not furnished primarily for the convenience of the member, attending physician or other provider.

Use of evidence-based, peer reviewed, industry-recognized criteria ensures that medical decisions are not influenced by fiscal and administrative management considerations. As described in the 2024 UM Program, all review staff are trained and audited in these principles. Licensed clinical staff review and approve requested services based on medical necessity, utilizing evidence-based review criteria. Requests not meeting medical necessity criteria are reviewed by a Medical Director or other qualified reviewer, such as a licensed psychologist or clinical pharmacist.

Further details of the UM Program, activities and measurements can be found in the 2024 Integrated UM and CM Program Description.

# **Patient Safety Program**

Patient safety is very important to CalOptima Health; it aligns with CalOptima Health's mission statement: *To serve member health with excellence and dignity, respecting the value and needs of each person.* By encouraging members and families to play an active role in making their care

safe, medical errors will be reduced. Active, involved and informed members and families are vital members of the health care team.

Patient safety is integrated into all components of enrollment and health care delivery and is a significant part of our quality and risk management functions. This safety program is based on a member-specific needs assessment, and includes the following areas:

- Identification and prioritization of member safety-related risks for all CalOptima Health members, regardless of line of business and contracted health care delivery organizations
- Operational objectives, roles and responsibilities, and targets based on risk assessment
- Health education and health promotion
- Over/under utilization monitoring
- Medication management
- PHM
- Operational aspects of care and service
- Care provided in various health care settings
- Sentinel events
- Disease Surveillance and reporting

To ensure member safety, activities for prevention, monitoring and evaluation include:

- Providing education and communication through the Group Needs Assessment to consider the member's language comprehension, culture and diverse needs
- Distributing member information that improves their knowledge about clinical safety in their own care (such as member brochures that outline member concerns or questions that they should address with their practitioners for their care)

Collaborating with HNs and practitioners in performing the following activities:

- Improving medical record documentation and legibility, establishing timely follow up for lab results, addressing and distributing data on adverse outcomes or polypharmacy issues by the P&T, and maintaining continuous quality improvement with pharmaceutical management practices to require safeguards to enhance safety
- Alerting the pharmacy to potential drug interactions and/or duplicate therapies, and discussing these potential problems with the prescribing physician(s), which helps ensure the appropriate drug is being delivered
- Improving continuity and coordination between sites of care, such as hospitals and skilled nursing facilities, to assure timely and accurate communication
- Using FSRs, PARS and MRR results from providers and health care delivery organization at the time of credentialing to improve safe practices, and incorporate ADA and SPD site reviews into the general FSR process
- Tracking and trending of adverse event reporting to identify system issues that contribute to poor safety

Elements of the safety program address the environment of care and the safety of members, staff and others in a variety of settings. The focus of the program is to identify and remediate potential and actual safety issues, and to monitor ongoing staff education and training, including:

- Ambulatory setting
  - O Adherence to ADA standards, including provisions for access and assistance in procuring appropriate equipment, such as electric exam tables
  - o Annual blood-borne pathogen and hazardous material training

- o Preventative maintenance contracts to promote keeping equipment in good working order
- o Fire, disaster and evacuation plan testing and annual training
- Institutional settings, including CBAS, SNF and MSSP settings
  - o Falls and other prevention programs
  - Identification and corrective action implemented to address postoperative complications
  - o Sentinel events, critical incident identification, appropriate investigation and remedial action
  - o Administration of influenza and pneumonia vaccines
  - o COVID-19 infection prevention and protective equipment
- Administrative offices
  - o Fire, disaster and evacuation plan testing and annual training

#### **Encounter Data Review**

CalOptima Health's HNs must submit complete, timely, reasonable, and accurate encounter data that adheres to the guidelines specified in the companion guides for facility and professional claim types and data format specifications. A HN submits encounter data through the CalOptima Health File Transfer Protocol (FTP) site.

CalOptima Health annually measures a HN's compliance with performance standards with regards to the timely submission of complete and accurate encounter data, in accordance with Policy EE.1124 Health Network Encounter Data Performance Standards. CalOptima Health utilizes retrospective encounter data to conduct its evaluation. The measurement year is the twelve (12) month calendar year. CalOptima Health provides a HN with a HN Encounter Data Scorecard to report a HN's progress check score and annual score relating to the status of the HN's compliance with encounter data performance standards.

# **Member Experience**

Improving member experience is a top priority of CalOptima Health and has a strategic focus on the issues and factors that influence the member's experience with the health care system. CalOptima Health performs and assesses the results from member-reported experiences and how well the plan providers are meeting members' expectations and goals. Annually, CalOptima Health fields the Consumer Assessment of Healthcare Providers and Systems (CAHPS) surveys for both Medi-Cal and OneCare members. Focus is placed on coordinating efforts intended to improve performance on CAHPS survey items for both the adult and child population.

Additionally, CalOptima Health reviews customer service metrics and evaluates complaints, grievances, appeals, authorizations and referrals for "pain points" that impact members at the plan and HN level (including CCN), where appropriate.

# **Grievance and Appeals**

CalOptima Health has a process for reviewing member and provider complaints, grievances and appeals. Grievances and appeals are tracked and trended on a quarterly basis for timeliness of

acknowledgment and resolution, issue types and by provider type. The grievance and appeals process includes a thorough investigation and evaluation to ensure timely access to care and the delivery of quality care and/or services. In this process, potential quality of care issues are identified and referred to an appropriately-licensed professional for evaluation and further management of clinical issues, such as timeliness of care, access to care, and appropriateness of care, including review of the clinical judgments involved in the case. The quarterly report is presented and reviewed by the Grievance and Resolutions (GARS) Committee that reports to the QIHEC quarterly.

#### **Access to Care**

Access to care is a major area of focus for the plan and hence the organization has dedicated significant resources to measuring and improving access to care.

CalOptima Health participates in the following to monitor and improve network adequacy and access to our members:

- Annual Network Certification (ANC) with DHCS
- Subcontracted Network Certification (SNC) with DHCS
- Network Adequacy Validation with the EQRO
- Network Adequacy Monitoring with CMS

CalOptima Health monitors the following to ensure that we have robust provider networks for our members to access care and that members have timely access to care to primary and specialty healthcare providers and services:

#### Availability of Practitioners

- CalOptima Health monitors the availability of PCPs, specialists and BH practitioners and assesses them against established standards quarterly or when there is a significant change to the network.
- The performance standards are based on DHCS, CMS, NCQA and industry benchmarks.
- CalOptima Health has established quantifiable standards for both the number and geographic distribution of its network of practitioners.
- CalOptima Health uses a geo-mapping application to assess geographic distribution.
- Data is tracked and trended and used to inform provider outreaching and recruiting efforts.

#### **Appointment Access**

- CalOptima Health monitors appointment access for PCPs, specialists and BH providers and assesses them against established standards at least annually.
- To measure performance, CalOptima Health collects appointment access data from practitioner offices using a timely access survey.
- CalOptima Health also evaluates the grievances and appeals data quarterly to identify potential issues with access to care. A combination of both these activities helps CalOptima Health identify and implement opportunities for improvement.
- Providers not meeting timely access standards are remeasured and tracked and follow-up action may include education, enhanced monitoring and/or issuance of a corrective action.

#### Telephone Access

- CalOptima Health monitors access to its Customer Service department on a quarterly basis.
- To ensure that members can access their provider via telephone to obtain care, CalOptima Health monitors access to ensure members have access to their primary care practitioner during business hours.
- Providers not meeting timely access standards are remeasured and tracked and follow-up action may include education, enhanced monitoring and/or issuance of a corrective action.

# **Cultural & Linguistic Services Program**

As a health care organization in the diverse community of Orange County, CalOptima Health strongly believes in the importance of providing culturally and linguistically appropriate services to members. To ensure effective communication regarding treatment, diagnosis, medical history and health education, CalOptima Health has developed a Cultural and Linguistic Services Program that integrates culturally and linguistically appropriate services at all levels of the operation. Services include but are not limited to face-to-face interpreter services, including American Sign Language, at key points of contact; 24-hour access to telephonic interpreter services; member information materials translated into CalOptima Health's threshold languages and in alternate formats, such as braille, large-print or audio; and referrals to culturally and linguistically appropriate community services programs.

The seven most common languages spoken for all CalOptima Health programs are: English, 58%; Spanish, 27%; Vietnamese, 9%; Farsi, 1%; Korean, 2%; Chinese, less than 1%; and Arabic, less than 1%; and other less than 2%. CalOptima Health provides member materials as follows:

- Medi-Cal member materials are in seven languages: English, Spanish, Vietnamese, Farsi, Korean, Chinese and Arabic.
- OneCare member materials are in seven languages: English, Spanish, Vietnamese, Farsi, Korean, Chinese and Arabic.
- PACE participant materials are provided in three languages: English, Spanish and Vietnamese.

CalOptima Health's Cultural and Linguistic Services Program is committed to member-centric care that recognizes the beliefs, traditions, customs and individual differences of our diverse population. Beginning with identification of needs through a Population Needs Assessment, programs are developed to address the specific education, treatment and cultural norms of the population impacting the overall wellness of the community we serve. Identified needs and planned interventions involve member input and are vetted through the MAC and PAC prior to full implementation.

Objectives for serving a culturally and linguistically diverse membership include:

- Reduce health care disparities in clinical areas.
- Improve cultural competency in materials and communications.
- Improve network adequacy to meet the needs of underserved groups.
- Improve other areas of need as appropriate.

Serving a culturally and linguistically diverse membership includes:

- Analyzing significant health care disparities in clinical areas to ensure health equity
- Using practitioner and provider medical record reviews to understand the differences in care provided and outcomes achieved
- Considering outcomes of member grievances and complaints
- Conducting member-focused interventions with culturally competent outreach materials that focus on race-, ethnic-, language- or gender-specific risks
- Conducting member-focused groups or key informant interviews with cultural or linguistic members to determine how to meet their needs
- Identifying and reducing a specific health care disparity affecting a cultural, racial or gender group
- Implementing and maintaining annual sensitivity, diversity, communication skills, Health Equity, and cultural competency training and related trainings (e.g., providing gender affirming care) for employees and contracted staff (clinical and non-clinical).

Further details of the Culture and Linguistics program, activities and measurements can be found in the 2024 Culture and Linguistics Services Program and Work Plan.

#### **DELEGATED AND NON-DELEGATED ACTIVITIES**

While CalOptima Health is accountable for all QIHE functions, CalOptima Health does delegate responsibilities to subcontractors and downstream subcontractors and specifies these requirements in a mutually agreed upon delegation agreement. CalOptima Health evaluates the delegates ability to perform the delegated activities to ensure compliance with statutory, regulatory and accreditation requirements as part of an annual and continuous monitoring process for delegation oversight.

#### **Delegation Oversight**

Participating entities are required to meet CalOptima Health's QI standards and to participate in CalOptima Health's QIHETP. CalOptima Health has a comprehensive interdisciplinary team that is assembled for evaluating any new potential delegate's ability to perform its contractual scope of responsibilities. A Readiness Assessment is conducted by the Audit & Oversight department and overseen by the Delegation Oversight Committee, reporting to the Compliance Committee.

CalOptima Health, via a mutually-agreed-upon delegation agreement document, describes the responsibilities and activities of the organization and the delegated entity.

CalOptima Health conducts oversight based on regulatory, CalOptima Health and NCQA standards and has a system to audit and monitor delegated entities' internal operations on a regular basis.

Delegation Oversight Performance Monitoring includes but is not limited to the CalOptima Health delegates and monitors the following functions:

• Care Management, Credentialing, Utilization Management, and Claims.

#### **Non-Delegated Activities**

The following activities are not delegated to CalOptima Health's contracted HNs and remain the responsibility of CalOptima Health:

- QI, as delineated in the Contract for Health Care Services
- QIHETP for all lines of business (delegated HNs must comply with all quality-related operational, regulatory and accreditation standards)
- Health Equity
- BH for Medi-Cal and OneCare
- PHM Program, previously referred to as Disease Management or Chronic Care Improvement Program
- Health education, as applicable
- Grievance and appeals process for all lines of business, and peer review process on specific, referred cases
- PQI investigations
- Development of systemwide measures, thresholds and standards
- Satisfaction surveys of members, practitioners and providers
- Survey for Annual Access and Availability
- Access and availability oversight and monitoring
- Second-level review of provider grievances
- Development of UM and Care Management standards
- Development of QI standards
- Management of Perinatal Support Services (PSS)
- Risk management
- Pharmacy and drug utilization review as it relates to quality of care
- Interfacing with state and federal agencies, medical boards, insurance companies, and other managed care entities and health care organizations

#### **APPENDIX:**

- A 2024 QIHETP WORK PLAN
- B-2024 POPULATION HEALTH MANAGEMENT STRATEGY
- C CALOPTIMA HEALTH MEASUREMENT YEAR (MY) 2024

MEDI-CAL AND ONECARE PAY FOR VALUE PROGRAMS

# **Abbreviations**

	ABBREVIATION	DEFINITION
A	ADDICEVIATION	DEFINITION
Λ	ACE	Adverse Childhood Experience
	ADA	Adverse Childhood Experience  Americans With Disabilities Act of 1990
	ADHD	Attention-Deficit Hyperactivity Disorder
	APL	All Plan Letter
	AUD	Alcohol Use Disorder
В	NOD	Alcohol Osc Disorder
	BHI	Behavioral Health Integration
	BHT	Behavioral Health Treatment
	BHIIP	Behavioral Health Integration Incentive Program
	BMSC	Benefit Management Subcommittee
С	Bitise	Bonon Management Successimilates
	CalAIM	California Advancing and Innovating Medi-Cal
	CAHPS	Consumer Assessment of Healthcare Providers and Systems
	CAP	Corrective Action Plan
	CBAS	Community Based Adult Services
	CCIP	Chronic Care Improvement Project
	CCO	Chief Compliance Officer
	CCS	California Children's Services
	CHCN	CalOptima Health Community Network
	CHEO	Chief Health Equity Officer
	CHRO	Chief Human Resources Officer
	CEO	Chief Executive Officer
	CIO	Chief Information Officer
	CMO	Chief Medical Officer
	CMS	Centers for Medicare & Medicaid Services
	COO	Chief Operating Officer
	COPD	Chronic Obstructive Pulmonary Disease
	COS	Chief of Staff
	COD-A	CalOptima Health Direct-Administrative
	CPRC	Credentialing and Peer Review Committee
	CQS	Comprehensive Quality Strategy
	CR	Credentialing
D		
	DC	Doctor of Chiropractic Medicine
	DCMO	Deputy Chief Medical Officer
	DDS	Doctor of Dental Surgery
	DHCS	Department of Health Care Services
	DMHC	Department of Managed Health Care
	DO	Doctor of Osteopathy
	DPM	Doctor of Podiatric Medicine
	D-SNP	Dual-Eligible Special Needs Plan
Е		
	ED PHM	Executive Director, Population Health Management
	ED BH	Executive Director, Behavioral Health Integration
	BH	Behavioral Health
	ED CO	Executive Director, Clinical Operations
	ED MP	Executive Director, Medicare Programs

	ED NO	Executive Director, Network Operations
	ED O	Executive Director, Operations
	ED Q	Executive Director, Quality
F		
	FDR	First Tier, Downstream or Related Entity
	FSR	Facility Site Review
G		· ·
	GARS	Grievance and Appeals Resolution Services
Н		**
	HEDIS	Healthcare Effectiveness Data and Information Set
	HIPAA	Health Insurance Portability and Accountability Act
	HMO	Health Maintenance Organization
	HN	Health Network
	HNA	Health Needs Assessment
	HOS	Health Outcomes Survey
	HRA	Health Risk Assessment
I	111111	11001111001110000
	ICT	Interdisciplinary Care Team
	ICP	Individual Care Plan
	IRR	Inter-Rater Reliability
L		11101 111101 11011101
	LTC	Long Term Care
	LTSS	Long Term Services and Supports
M	2100	Zong Torm Zorvices and Supports
111	MAC	Member Advisory Committee
	MD	Doctor of Medicine
	ME	Member Experience
	MED	Medicaid Module
	WILD	Medicale Module
	MEMX	Member Experience Committee
	MOC	Model of Care
	MOU	Memorandum of Understanding
	MRR	Medical Record Review
	MRSA	Methicillin resistant Staphylococcus aureus
	MSSP	Multipurpose Senior Services Program
	MY	Measurement Year
	NCQA	National Committee for Quality Assurance
	NET	Network
	NF	Nursing Facility
О	- 1-	
	OC	Orange County
	OCHCA	Orange Country Health Care Agency
	OP	Organizational Providers
	OC SSA or SSA	County of Orange Social Services Agency
Q	30 3311 01 3311	Coming of Civings Scottle Settleson ingents
_ <	QAC	Quality Assurance Committee
	QI	Quality Improvement
	QIHE	Quality Improvement and Health Equity
	QIHEC	Quality Improvement and Health Equity Committee
	QIP	Quality Improvement Project
P	Χ11	Quality improvement rioject
1	Į.	

	P4V	Pay for Value
	P&T	Pharmacy & Therapeutics Committee
	PAC	Provider Advisory Committee
	PACE	Program of All-Inclusive Care for the Elderly
	PARS	Physical Accessibility Review Survey
	PBM	Pharmacy Benefit Manager
	PCC	Personal Care Coordinator
	PCP	Primary Care Practitioner/physician
	PDSA	Plan-Do-Study-Act
	PHM	Population Health Management
	PHC	Physician Hospital Consortium
	PIP	Performance Improvement Project
	PPC	Prenatal and Postpartum Care
	PPC	Provider Preventable Condition
	PQI	Potential Quality Issue
	PSS	Perinatal Support Services
S		
	SABIRT	Alcohol and Drug Screening Assessment, Brief Interventions and
		Referral to Treatment
	SBHIP	Student Behavioral Health Incentive Program
	SDOH	Social Drivers of Health
	SNP	Special Needs Plan
	SNF	Skilled Nursing Facility
	SPD	Seniors and Persons with Disabilities
	SRG	Shared Risk Group
	SUD	Substance Use Disorder
T		
	TPL	Third Party Liability
U		
	UM	Utilization Management
	UMC	Utilization Management Committee
V		
	VS	Vision Service
	VSP	Vision Service Plan
W		
	WCM	Whole-Child Model Program
	WCM CAC	Whole-Child Model Clinical Advisory Committee
	WCM FAC	Whole-Child Model Family Advisory Committee

#### I. PROGRAM OVERSIGHT

- 1 2024 Quality Improvement Annual Oversight of Program and Work Plan
- 2 2023 Quality Improvement Program Evaluation
- 3 2024 Integrated Utilization Management (UM) and Case Management (CM) Program Description
- 4 2023 Integrated Utilization Management and Case Managemeth Program Evaluation
- 5 Population Health Management Strategy
- 6 2024 Cultural and Linguistic Services Program and Work Plan
- 7 Population Health Management (PHM) Committee
- 8 Credentialing Peer Review Committee (CPRC) Oversight
- 9 Grievance and Appeals Resolution Services (GARS) Committee
- 10 Member Experience (MEMX) Committee Oversight
- 11 Utilization Management Committee (UMC) Oversight
- 12 Whole Child Model Clinical Advisory Committee (WCM CAC)
- 13 Care Management Program
- 14 Delegation Oversight
- 15 Disease Management Program
- 16 Health Education
- 17 Health Equity
- 18 Long-Term Support Services (LTSS)
- 19 National Committee for Quality Assurance (NCQA) Accreditation
- 20 OneCare STARs Measures Improvement
- 21 Value Based Payment Program
- 22 Quality Performance Measures: Managed Care Accountability Set (MCAS) STAR measures
- 23 School-Based Services Mental Health Services
- 24 CalOptima Health Comprehensive Community Cancer Screening Program

#### II. QUALITY OF CLINICAL CARE- Adult Wellness

25 Preventive and Screening Services

#### III. QUALITY OF CLINICAL CARE- Behavioral Health

- 26 EPSDT Diagnostic and Treatment Services: [ADHD]
  - Mental Health Services: Continuity and Coordination Between Medical Care and Behavioral Healthcare Appropriate Use Of Psychotropic Medications [ADD]
- 27 Health Equity/Mental Health Services:Continuity and Coordination Between Medical Care and Behavioral Healthcare Prevention Programs For Behavioral Healthcare [ACES]
- Mental Health Service: Continuity and Coordination Between Medical Care and Behavioral Healthcare Metabolic Monitoring for Children and Adolescents on Antipsychotics [APM]
- Mental Health Services:Continuity and Coordination Between Medical Care and Behavioral Healthcare Appropriate Diagnosis, Treatment And Referral Of Behavioral Disorders Commonly Seen In Primary Care [AMM]
- 30 Mental Health Services:Continuity and Coordination Between Medical Care and Behavioral Healthcare Severe And Persistent Mental Illness [SMD]
- 31 Mental Health Services:Continuity and Coordination Between Medical Care and Behavioral Healthcare- Exchange of Information [FUM]
- 32 Mental Health Services: Continuity and Coordination Between Medical Care and Behavioral Healthcare-Management Of Coexisting Medical And Behavioral Conditions [SSD]
- 33 Performance Improvement Projects (PIPs) Medi-Cal BH
- 34 Substance Use Disorder Services

#### IV. QUALITY OF CLINICAL CARE- Chronic Conditions

Submitted and approved by QIHEC: 02/13/2024
Quality Improvement Health Equity Committee Chairperson:

Richard Pitts, D.O., Ph.D.

Date

Submitted and approved by QAC: 03/13/2024

Board of Directors' Quality Assurance Committee Chairperson:

Trieu Tharm Tran. M.D.

ate

- 35 Members with Chronic Conditions: Improve HEDIS measures related to Eye Exam for Patients with Diabetes (EED)
- Members with Chronic Conditions: Improve HEDIS measures related to HbA1c Control for Patients with Diabetes (HBD): HbA1c Poor Control (this measure evaluates % of members with poor A1C control-lower rate is better)

#### V. QUALITY OF CLINICAL CARE- Maternal Child Health

37 Maternal and Child Health: Prenatal and Postpartum Care Services

#### VI. QUALITY OF CLINICAL CARE- Pediatric/Adolescent Wellness

- 38 Blood Lead Screening
- 39 EPSDT/Children's Preventive Services: Pediatric Well-Care Visits and Immunizations
- 40 Performance Improvement Projects (PIPs) Medi-Cal
- 41 Quality Improvement activities to meet MCAS Minimum Performance Level

#### VII. QUALITY OF CLINICAL CARE - QUALITY OVERSIGHT

- 42 Encounter Data Review
- 43 Facility Site Review (including Medical Record Review and Physical Accessibility Review) Compliance
- 44 Potential Quality Issues Review
- 45 Initial Provider Credentialing
- 46 Provider Re-Credentialing

#### VIII. QUALITY OF CLINICAL CARE - TBD

- 47 Chronic Improvement Projects (CCIPs) OneCare
- 48 Special Needs Plan (SNP) Model of Care (MOC)

#### IX. QUALITY OF SERVICE- Access

- 49 Improve Network Adequacy: Reducing gaps in provider network
- 50 Improve Access: Timely Access (Appointment Availability) / Telephone Access
- 51 Improving Access: Subcontracted Network Certification
- 52 Increase primary care utilization
- 53 Cultural and Linquistics and Language Accessibility
- 54 Improving Access: Annual Network Certification

#### X. QUALITY OF SERVICE- Member Experience

- 55 Improve Member Experience/CAHPS
- 56 Grievance and Appeals Resolution Services

#### XI. QUALITY OF SERVICE-TBD

57 Customer Service

#### XII. SAFETY OF CLINICAL CARE -

- 58 Coordination of Care: Member movement across settings
- 59 Coordination of Care: Member movement between practitioners
- 60 Emergency Department Visits
- 61 Transitional Care Services (TCS)

Evaluation Category	Evaluation Sub- category	2024 QIHETP Work Plan Element Description	Goal(s)	Planned Activities	Specific date of completion for each activity (i.e. MM//DD/YYYY)	Responsible Business owner	Support Staff	Report to Committee	LOB	Continue Monitoring from 2023	Results/Metrics: Assessments, Findings, and Monitoring of Previous Issues List any problems in reaching the goal or relevant data (i.e. state if goals were met or not met, include what caused the problem/issue)	Next Steps Interventions / Follow-up Actions State what will be done to meet the goal (i.e. continue with plan as listed or modify the plan: add a specific new process, etc.)	Red - At Risk Yellow - Concern Green - On Target
Program Oversight		2024 Quality Improvement Annual Oversight of Program and Work Plan	Obtain Board Approval of 2024 Program and Workplan	Quality Improvement Health Equity Transformation Program (QIHETP) Description and Annual Work Plan will be adopted on an annual basis; QIHETP-QIHEC-BOD, Annual Work Plan-QIHEC-QAC	QIHEC: 02/13/2024 QAC: 03/13/2024 Annual BOD Adoption by April 2024	Director of Quality Improvement	Manager of Quality Improvement	QIHEC	MC,OC	х			
Program Oversight		2023 Quality Improvement Program Evaluation	Complete Evaluation 2023 QI Program	QMETP and Annual Work Plan will be evaluated for effectiveness on an annual basis	QIHEC: 02/13/2024 QAC: 03/13/2024 Annual BOD Adoption by April 2024	Director of Quality Improvement	Manager of Quality Improvement	QIHEC	MC,OC	x			
Program Oversight		2024 Integrated Utilization Management (UM) and Case Management (CM) Program Description	Obtain Board Approval of 2024 UM and CM Program Description	UM and CM Program will be adopted on an annual basis.	QIHEC: 02/13/2024 QAC: 03/13/2024 Annual BOD Adoption by April 2024	ED of Clinical Operations	Director of UM	UMC/QIHEC	MC,OC	х			
Program Oversight		2023 Integrated Utilization Management and Case Management Program Evaluation	Complete Evaluation of 2023 UM CM Integrated Program Description	UM Program will be evaluated for effectiveness on an annual basis.	QIHEC: 02/13/2024 QAC: 03/13/2024 Annual BOD Adoption by April 2024	ED of Clinical Operations	Director of UM	UMC/QIHEC	MC,OC	х			
Program Oversight		Population Health Management (PHM) Strategy	Implement PHM strategy	Conduct the following: Population Needs Assessment (PNA) Risk stratification Screening and Assessment Wellness and prevention Pediatric Risk Stratification Process (PRSP) monitoring	PHMC report to QIHEC: Q1 03/12/2024 Q2 06/11/2024 Q3 06/10/2024 Q4 12/10/2024	Director of PHM	Manager of PHM/Director of Care Management	PHMC Q1 02/29/2024 Q2 05/16/2024 Q3 08/15/2024 Q4 11/21/2024	MC,OC	х			
Program Oversight		2024 Cultural and Linguistic Services Program and Work Plan	Obtain Board Approval of 2024 Program and Workplan	Cultural and Linguistic Services Program Work Plan will be evaluated for effectiveness on an annual basis	QIHEC: 02/13/2024 QAC: 03/13/2024 Annual BOD Adoption by April 2024	Manager of Customer Service	TBD	QIHEC	MC, OC	x			
Program Oversight		Population Health Management (PHM) Committee - Oversight of population health management activities to improve population health outcomes and advance health equily.	Report committee activities, findings from data analysis, and recommendations to QIHEC	PHMC reviews, assesses, and approves the Population Needs Assessment (PNA), PHM Strategy activities, and PHM Workplan progress and outcomes. Committee meets at least quarterly, maintains and approve minutes, and reports to the QHEC quarterly.	PHIMC report to QIHEC: Q1 03/12/2024 Q2 08/11/2024 Q3 09/10/2024 Q4 12/10/2024	Director of PHM	TBD	QIHEC		New			
Program Oversight		Credentialing Peer Review Committee (CPRC) Oversight - Conduct Peer Review of Provider Network by reviewing Credentiating Fies, Quality of Care cases, and Facility Site Review to ensure quality of care delivered to members	Report committee activities, findings from data analysis, and recommendations to QIHEC	Review of Initial and Recredentialing applications approved and denied, Facility Sile Review (including Medical Record Review (MRR) and Physical Accessibility Reviews (PARS)); Clustly of Care cases leveled by committee, critical incidence reports and provider preventable conditions. Committee meets at least 8 times a year, maintains and approve minutes, and reports to the ORFEC quarterly.	CPRC report to QIHEC: Q1 03/12/2024 Q2 06/11/2024 Q3 09/10/2024 Q4 12/10/2024	Manager of Quality Improvement	Manager of Quality Improvement	QIHEC	MC,OC	x			
Program Oversight		Grievance and Appeals Resolution Services (GARS) Committee - Conduct oversight of Grievances and Appeals to resolve complaints and appeals for members and providers in a timely manner.	Report committee activities, findings from data analysis, and recommendations to QHEC	The GARS Committee reviews the Grievances, Appeals and Resolution of complaints by members and providers for CalOptima Health's network and the delegated health networks. Trends and results are presented to the committee quarterly. Committee meets at least quarterly, maintains and approve minutes, and reports to the QREC quarterly maintains.	GARS Committee Report to QIHEC: Q1 03/12/2024 Q2 08/11/2024 Q3 09/10/2024 Q4 12/10/2024	Director of Grievance and Appeals	Manager of GARS	QIHEC	MC,OC	x			
Program Oversight		Member Experience (MEMX) Committee Oversight · Oversight of Member Experience activities to improve quality of service, member experience and access to care.	Report committee activities, findings from data analysis, and recommendations to QHEC	The MEMX Subcommittee reviews the annual results of California Health's CAHPS surveys, monitor the provider network including access & availability (CDN & the HNs), review customer service metrics and evaluate complaints, girevances, appeals, authorizations and referrals for the "pon points" in health care that impact our members. Committee meets at least quarterly, maintains and approve minutes, and reports to the ORHEC quarterly.	MemX Committee report to QIHEC: Q1 03/12/2024 Q2 08/11/2024 Q3 09/10/2024 Q4 12/10/2024	Director of Medicare Stars and Quality Initiatives	Project Manager Quality Analytics	QIHEC	MC,OC	x			
Program Oversight		Utilization Management Committee (UMC) Oversight - Conduct internal and external oversight of UM activities to ensure over and under utilization patterns do not adversely impact member's care.	Report committee activities, findings from data analysis, and recommendations to QIHEC	UMC reviews medical necessity, cost-effectiveness of care and services, reviewed utilization patterns, monitored overfunder-utilization, an reviewed inter-rater reliability results. Committee meets at least quarterly, maintains and approve minutes, and reports to the OMEC quarterly. PAT and BMSC reports to the UMC, and minutes are submitted to UMC quarterly.	UMC Committee report to QIHEC: q1: 03/12/2024 Q2: 08/11/2024 Q3: 08/10/2024 Q4: 12/10/2024	Director of Utilization Management	Manager of UM	QIHEC	MC,OC	x			
Program Oversight		Whole Child Model - Clinical Advisory Committee (WCM CAC)- Ensures clinical and behavior health services for children with California Children Services (CQS) eligible conditions are integrated into the design, implementation, operation, and evaluation of the CatQulima Health WCM program in collaboration with County CCS, Family Advisory Committee, and Health Network CCS Providers.	Report committee activities, findings from data analysis, and recommendations to QIHEC	WCM CAC reviews WCM data and provides clinical and behavioral service advice regarding Whole Child Model operations. Committee meets at least quarterly, maintains and approve minutes, and reports to the OHEC quarterly.	WCM CAC report to QIHEC: Q1: 03/12/2024 Q2: 08/11/2024 Q3: 09/10/2024 Q4: 12/10/2024	Whole Child Model Medical Director / Director of Case Management	Program Assistant QI	QIHEC	MC,OC	x			
Program Oversight		Care Management Program	Report on key activities of CM program, analysis compared to goal, and improvement efforts	Report on the following activities: Enhanced Care Management (EDM) Complex Case Management (CCM) Basic PHMCML Early and Periodic Screening, Disgrostic and Treatment (EPSDT) CM Transitional care services	Update from PHMC to QIHEC: Q1 03/12/2024 Q2 08/11/2024 Q3 09/10/2024 Q4 12/10/2024	Director of Care Management	TBD	PHMC Q1 02/29/2024 Q2 05/16/2024 Q3 08/15/2024 Q4 11/21/2024		New			
Program Oversight		Delegation Oversight	Implement annual oversight and performance monitoring for delegated activities.	Report on the following activities: Implementation of annual delegation oversight activities; monitoring of delegates for regulatory and accredication standard compliance that, at minimum, include comprehensive annual audits.	Report to QIHEC: Q1: 03/12/2024 Q2: 08/11/2024 Q3: 09/10/2024 Q4: 12/10/2024	Director of Audit and Oversight	TBD	QIHEC		New			
Program Oversight		Disease Management Program	Implement Disease Management	Report on the following adfivilies: Evaluation of current utilization of disease management services Martian business for current programs and support for community, terprove process of handling member and provider requests.	Update from PHMC to QIHEC: Q1 03/12/2024 Q2 08/11/2024 Q3 09/10/2024 Q4 12/10/2024	Director of PHM	TBD	PHMC Q1 02/29/2024 Q2 05/16/2024 Q3 08/15/2024 Q4 11/21/2024		New			
Program Oversight		Health Education	Implement Health Education Program	Report on the following advillers: Evaluation of current utilization of health education services Maintain business for current programs and support for community, Improve process of handling member and provider requests.	Update from PHMC to QIHEC: Q1 03/12/2024 Q2 08/11/2024 Q3 09/10/2024 Q4 12/10/2024	Director of PHM/Manager of Health Education	TBD	PHMC Q1 02/29/2024 Q2 05/16/2024 Q3 08/15/2024 Q4 11/21/2024		New			
Program Oversight		Health Equity	Identify health disparities increase member screening and access to resources that support the social determinants of health Report on quality improvement efforts to reduce disparities	Assess and report the following activities:  1) increase members screened for social needs  2) implement active-dop refer all years with resources to meet members' social needs.  3) implement an organizational health literacy (HL4E) project.	By December 2024  Update from PHMC to QIHEC: Q1 03/12/2024 Q2 08/11/2024 Q3 09/10/2024 Q4 12/10/2024	Director of PHM	Manager of PHM	PHMC Q1 02/29/2024 Q2 05/16/2024 Q3 08/15/2024 Q4 11/21/2024	MC,OC	×			
Program Oversight		Long-Term Support Services (LTSS)	Implement LTSS	Report on the following activities: Evaluation of current utilization of LTSS Maintain business for current programs and support for community. Improve process of handling member and provider requests.	Update from UMC to QIHEC Q1: 03/12/2024 Q2: 08/11/2024 Q3: 08/11/2024 Q4: 12/10/2024	Director of LTSS	TBD	UMC		New			_

Evaluation Category	Evaluation Sub- category	2024 QIHETP Work Plan Element Description	Goal(e)	Planned Activities	Specific date of completion for each activity (i.e. MM/IDD/YYYY)	Responsible Business owner	Support Staff	Report to Committee	LOB	Continue Monitoring from 2023	Results/Metrics: Assessments, Findings, and Monitoring of Previous Issues List any problems in reaching the goal or relevant data (i.e. state if goals were met or not met, include what caused the	Next Steps Interventions / Follow-up Actions State what will be done to meet the goal (i.e. continue with plan as listed or modify the plan: add a specific new process, etc.)	Red - At Risk Yellow - Concern Green - On Target
Program Oversight		National Committee for Quality Assurance (NCQA) Accreditation	CalOptima Health must have full NCQA Health Plan Accreditation (HPA) and NCQA Health Equity Accreditation by January 1, 2026	In Implement activities for NCQA Standards compliance for HPA and Health Plan Renewal Submission by April 30, 2024.     Develop strategy and workplan for Health Equity Accreditation with 50% document collect for submission.	1) By April 30, 2024 2) By December 2024 Report program update to QIHEC Q1: 0109/2024 Q2: 0409/2024 Q3: 0711/2024 By December 2024	Program Manger of QI	Director of Quality Improvement	QIHEC	MC	x	problem/issue)		
Program Oversight	Chronic Conditions	OneCare STARs Measures Improvement	Achieve 4 or above	Review and identify STARS measures for focused improvement efforts.	By December 2024  Report program update to QIHEC Q1: 01/09/2024 Q2: 04/09/2024 Q3: 07/11/2024 Q4: 10/09/2024	Director of Medicare Stars and Quality Initiatives	Manager of QA	QIHEC		×			
Program Oversight		Value Based Payment Program	Report on progress made towards achievement of goals; distribution of earned P4V incentives and quality improvement grants . HN P4V . Hospital Quality .	Assess and report the following activities:  1) Will share NN performance on all PAV HEDIS Measures via prospective rates report each month.  2) Will share hospital quality program performance	Report program update to QIHEC Q1: 01/09/2024 Q2: 04/09/2024 Q3: 07/11/2024 Q4: 10/08/2024	Manager of Quality Analytics	TBD	QIHEC	MC, OC	х			
Program Oversight		Quality Performance Measures: Managed Care Accountability Set (MCAS) STAR measures	Track and report quality performance measures required by regulators	Track rates monthly Share final results with QIHEC annually	Report program update to QIHEC Q1: 01/09/2024 Q2: 04/09/2024 Q3: 07/11/2024 Q4: 10/09/2024	Director of Quality Analytics	TBD	QIHEC	MC, OC	х			
Program Oversight		School-Based Services Mental Health Services	Report on activities to improve access to preventive, early intervention, and BH services by school-affiliated BH providers.	Assess and report the following Student Behavioral Health Incentive Program (SBHP) activities:  1 Implement SBHIP DHCS targeted interventions  2. Bi-quarterly reporting to DHCS	Report program update to QIHEC Q1: 01/09/2024 Q2: 04/09/2024 Q3: 07/11/2024 Q4: 10/08/2024	Director of Behavioral Health Integration	Project Manager BHI	QIHEC	МС	х			
Program Oversight	Adult Wellness	CalOptima Health Comprehensive Community Cancer Screening Program	Increase capacity and access to cancer screening for breast, colorectal, cervical, and lung cancer.	Assess and report the following:  1) Establish the Comprehensive Community Cancer Screening and Support Grants program  2) Work with vendor to develop a comprehensive awareness and education campaign for members.	Report Program update to QIHEC Q1: 01/09/2024 Q2: 04/09/2024 Q3: 07/11/2024 Q4: 10/08/2024	Director of PHM	Manager of PHM	QIHEC	MC, OC	х			
Quality of Clinical Care	Adult Wellness	Preventive and Screening Services	Centrical Cancer Screening (CCS), Colorectal Cancer Screening (COL), Breast Cancer Screening (BCS) MY 2024 Goals: CCS: MC 98.85% BCS-E: MC 22.67% OC 71% CCJ: CCJ: MC 98.85% BCS-E: MC 22.67% OC 71% CCJ: CCJ: MC 98.85% BCS	Assess and report the following activities:  1) Targeted member engagement and outreach campaigns in coordination with health network partners.  2) Strategic Quality Initiatives intervention Plan - Multi-modal, omni-channel largeted member, provider and health network engagement an o	Report progress to QIHEC Q1 2024 Update (05/13/2024) Q2 2024 Update (08/13/2024) Q3 2024 Update (11/2)/2024 Q4 2024 Update (01/14/2025)	Director of Medicare Stars and Quality Initiatives	Quality Analyst	QIHEC	МС	х			
Quality of Clinical Care	Behavioral Health	EPSOT Diagnostic and Treatment Services: ADHD Merital Health Services: Continuiny and Coordination Between Medical Care and Echanician Healthcare Appropriate Use Of Psychologic Medications	Follow-Lly Claim for Children Prescribed ADHD medication (ADD) HEDIS MY2034 Goal: MC - Init Phase - 44.22% MC - Cord Phase - 50.93%	Assess and report the following activities:  1) Work collaboritively with the Communications department to Fax blast non-compliant providers letter activity ( approx. 200 providers) by accord quater.  2) Participates in provider educational events, related to follow-up visits and best practices.  2) Participates moved ordered to improve opportment follow up adherence.  a. Monthly Telephonic member outreach (approx. 60-100 mbrs)  b. Member Nester (Fall), Test Messaging (approx. 60-100 mbrs)  4) Member Health Reward Program.  6) Information sharing via provider portal to PCP on best practices, with list of members that need a diabetes screening.	Report progress to GMEC G1 2024 Update (6/13/2024) G2 2024 Update (6/13/2024) G4 2024 Update (7/14/2025)	Director of Behavioral Health integration	BHI Program Specialist	QIHEC	MC	x			
Quality of Clinical Care	Behavioral Health	Health Equily/Mental Health Services Continuity and Coordination Between Medical Clars and Behavioral Healthcare - Prevention Programs For Sehavioral Healthcare	Improve Adverse Childhood Experiences (ACES) Screening	Assess and report the following activities: 1) Collaborative meetings between teams to identify best practices to implement 2) Provider and member education	Report progress to GMEC O1 2024 Update (0513/2024) O2 2024 Update (0613/2024) O3 2024 Update (1011/2024) O4 2024 Update (1111/2024) O4 2024 Update (1111/2025)	Director of Behavioral Health Integration	TBD	QIHEC		Now			
Quality of Clinical Care	Behavioral Health	Mental Health Service: Continuity and Coordination Between Medical Care and Behavioral Healthcare	Melabolic Monitoring for Children and Adolescents on Antipsycholics (APM) HEDIS MY2024 Goals: Blood Glucose-M Alges 58,43% Childrenterol 44,094 44,05% Glucose and Childrenter Continent-All Ages: 39,01%	Assess and report the following activities:  1) Morthly review of melabolic monitoring data to identify prescribing providers and Primay Care Providers (PCP) for members in need of merabolic monitoring, with provider relations to conduct monthly face to face provider outreach to the top 10 prescribing providers to remind of best practices for members in need of screening.  3) Morthly mainly be the next top 60 prescribing providers to termind of best practices for members in need of screening.  4) Send monthly reminder text message to members (approv 600 monity) and only the provider point of the provider but the provider but the provider but members (approv 600 monity) for inclination shirtly only to provider point the PCP to tests production, with std of members that need a diabetes screening.	Report progress to QIHEC 01 2024 Update (06113/2024) 02 2024 Update (08113/2024) 03 2024 Update (1111/20204) 04 2024 Update (1111/20204)	Director of Behavioral Health Integration	BHI Program Specialist	QIHEC	МС	×			
Quality of Clinical Care	Behavioral Health	Mental Health Services-Confinuity and Coordination Between Medical Carra and Behavioral Healthcare - Appropriate Diagnosis, Treatment And Referral Of Behavioral Disorders Commonly Seen in Primary Care	Arridepressant Medication Management (AMM) HEDIS MY202A Coal: Acute Phase - 74,16% Continuation Phase - 58,06%	Assess and report the following activities:  1) Educate provider on the importance of follow up appointments through outreach to increase follow up appointments for Rx management  2) Educate members on the importance of follow up appointments through newslettens/ustreach to increase follow up appointments for Rx management associated with AMM treatment plan.  3) Trank number of educational events on degression screening and treatment.	Report progress to QIHEC Q1 2024 Update (05/13/2024) Q2 2024 Update (08/13/2024) Q3 2024 Update (11/2/2024) Q4 2024 Update (11/12/2024)	Director of Behavioral Health Integration	TBD	QIHEC		New			
Quality of Clinical Care	Behavioral Health	Mestal Mealth Services Continuity and Coordination Between Medical Car and Bethavioral Healthcare - Severe And Pensistent Mental liness	Diabetes Monitoring For People With Diabetes And Schizophrenia (SMD) HEDIS MY2024 Goat: 76.60%	Assess and report the following activities:  1) Collaborative meetings between teams to identify best practices to implement 2) Provider and member education	Report progress to QIHEC 01 2024 Update (051'372024) 02 2024 Update (081'372024) 03 2024 Update (111'127024) 04 2024 Update (111'127024) 04 2024 Update (111'14'20'25)	Director of Behavioral Health Integration	TBD	QIHEC		New			
Quality of Clinical Care	Behavioral Health	Mental Health Services Continuity and Coordination Between Medical Care and Behavioral Healthcare. Exchange of Information	Follow-Up After Emergency Department Visit for Mental Biness (FUM) HEDS MYZDAK Godi: MXC 20-Up; (2014) 7-109-7 (2014) COD	Assess and report the following activities:  1) Share read-line ED data with our health restorks on a secured FTP site.  2) Participate in protioner educational events related to follow-up visits.  3) Utilize California Health NAMI Field Based Mentor Grant to assist members connection to a follow-up after ED visit.  4) Implement new behavior a health visits provider visit for increases access to follow-up appointments.  5) Bi-Weekly Member Text Messaging (approx. 500 mbrs)  (6) Member Newsletter (Spring)	Report progress to QIMEC O1 2024 Update (05/13/2024) O2 2024 Update (08/13/2024) O3 2024 Update (11/12/2024) Q4 2024 Update (11/12/2025)	Director of Behavioral Health Integration	BHI Program Specialist	QIHEC	MC	х			
Quality of Clinical Care	Behavioral Health	Mental Health Services-Confinuity and Coordination Between Medical Care and Behavioral Healthcare-Management Of Coexisting Medical And Behavioral Conditions	Diabetes Screening for People with Schizophrenia or Bipolar Disorder (SSD) (Medicaid orbi) HEDIS 2024 Goal: MC 77.40% OC (Medicaid orby)	Assess and report the following activities:  1) Identify members in meed of disbeless screening.  2) Conduct provider outneath, work collaboritiesy with the communications department to fax blast best practice and provide list of members still members still members and provide of screening providers and/or Primary Care Physician (PCP).  3) Information sharing via provide portal to PCP on best practices, with 1st of members that need a diabetes screening.  5) Member Health Reward Provincement to members (approx 1100 mbm).	Report progress to QIHEC Q1 2024 Update (05/13/2024) Q2 2024 Update (08/13/2024) Q3 2024 Update (11/12/2024) Q4 2024 Update (11/12/2024)	Director of Behavioral Health Integration	BHI Program Specialist	QIHEC	MC, OC	х			
Quality of Clinical Care	Behavioral Health	Performance Improvement Projects (PIPe) Medi-Cal BH	Meet and exceed goals set forth on all improvement projects	Non Clinical PP-Improve the percentage of members enrolled into care management, Caloptina Helath community network (CCN) members, complex care management (CCM), or enhanced care management (ECM), within 14-days of a ED visit where the member was diagnosed sent SMM-SQLD.	Report progress to QIHEC Q1 2024 Update (05/13/2024) Q2 2024 Update (05/13/2024) Q3 2024 Update (11/12/2024) Q3 2024 Update (11/12/2024) Q4 2024 Update (01/14/2025)	Director of Behavioral Health Integration	BHI Program Specialist	QIHEC	MC	x			

Evaluation Category	Evaluation Sub- category	2024 QBHETP Work Plan Element Description	Goal(s)	Planned Activities	Specific date of completion for each activity (i.e. MM/DD/YYYY)	y Responsible Business owner	Support Staff	Report to Committee	LOB	Continue Monitoring from 2023	Kesults/Metrics: Assessments, Findings, and Monitoring of Previous Issues List any problems in reaching the goal or relevant data (i.e. state if goals were met or not met, include what caused the problem/issue)	Next Steps Interventions / Follow-up Actions State what will be done to meet the goal (i.e. continue with plan as listed or modify the plan: add a specific new process, etc.)	Red - At Risk Yellow - Concern Green - On Target
Quality of Clinical Care	Behavioral Health	Substance Use Disorder Services	Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence (FLIA) MY2024 Goals: MC: 30-days: 36.34%; 7-days: 20.0%	Assess and report the following activities:  1) Share real-time ED data with our health relavorks on a secured FTP site. 2) Participate in provider educational events related to follow-up visits. 3) URIZE CAIQUITINA Health NAMI Field Based Mentor Grant to assist members connection to a follow-up after ED visit. 4) Implement new behaviour's health Vindual provider visit for increase access to follow-up appointments. 5) Bi-Weekly Member Text Messaging (approx. 500 mbms)  0) Member Nevelotier (Spring)	Report progress to QIHEC 01 2024 Update (05/13/2024) Q2 2024 Update (08/13/2024) Q3 2024 Update (11/12/2024) Q4 2024 Update (01/14/2025)	Director of Behavioral Health Integration	BHI Program Specialist	QIHEC	МС	x			
Quality of Clinical Care	Chronic Conditions	Members with Chronic Conditions	Improve HEDIS measures related to Eye Exam for Patients with Diabetes (EEC) 44EDIS Goals:  MC 68.33%  OC: 81%;	Assess and report the following activity:  1) Strategic Quality initiatives intervention Plan - Multi-modal, omni-channel targeted member, provider and health network engagement and collaborative efforts.	By December 2024 Report progress to QIHEC 9 (1 2024 Update (05/13/2024) Q2 2024 Update (08/13/2024) Q3 2024 Update (11/12/2024) Q4 2024 Update (01/14/2025)	Director of Medicare Stars and Quality Initiatives	Manager of Quality Analytics	PHMC	MC,OC	х			
Quality of Clinical Care	Chronic Conditions	Members with Chronic Conditions	Improve HEDIS measures related to HbA1c Control for Patients with Dabelee.  (HBD) HeA1c Poor Centrol (this measure evaluates % of members with poor MYZ02G Goals.  MYZ02G Goals.  OC. 294%.	Assess and report the following activities:  1) Targeted member engagement and outreach campaigns in coordination with health network partners.  2) Strategic Quality initiatives intervention Plan - Multi-modal, omni-channel targeted member, provider and health network engagement and collaborative efforts.	Update from PHMC to QIHEC: Q1: 001/2024 Q2: 001/12024 Q3: 0910/2024 Q4: 1210/2024	Director of Medicare Stars and Quality Initiatives	Manager of Quality Analytics	PHMC	MC,OC	x			
Quality of Clinical Care	Maternal Child Health	Maternal and Child Health: Prenatal and Postpartum Care Services	Timelines of Prenatal Care and Postpartum Care (PHM Strategy). HEDIS MY2024 Goal: Postpartum 82.0% Prenatal: 91.07%	Assess and report the following activities:  1) Targeted member engagement and outreach campaigns in coordination with health network partners:  1) Targeted member engagement and outreach campaigns in coordination with health network provider and health network engagement and collaborative eithers.  3) Continue expansion of Bright steps comprehensive maternal health program through community partnerships, provider health network partnerships, and member engagement. Examples: WIC Coordination, Dueler Bank Frod Control (1998) and the partnerships and partnerships and the control (1998) and the partnerships and described in the partnerships and the partnerships are partnerships and the partnerships and the partnerships and the partnerships are partnerships and the partnerships and the partnerships are partnerships and the partnerships and the partnerships are partn	By December 2024  1 Report progress to QIHEC  01 2024 Update (0611/3/2024)  02 2024 Update (0611/3/2024)  03 2024 Update (111/12/2024)  04 2024 Update (111/12/2024)	Director of Medicare Stars and Quality Initiatives	Manager of Quality Analytics	QIHEC	мс	x			
Quality of Clinical Care	Pediatric/Adolescent Wellness	Blood Lead Screening	HEDIS MY2024 Goal: 67.12%, Improve Lead Screening in Children (LSC) HEDIS measure.	Adeates and report the following:  Stronger Gualithiumser Fine to increase lead testing will consist of: 1) A multi-modal, targeted member approach as well as provider and health network collaborative efforts 2) Partnership with by cold statlesholders  3024 Member Cualith y lottlatives will consist of the following but not limited to: 4 Member has the reward and monitoring of impact on LSC HEDIS rate  - IVR campaign to  - Teating campaign  - Lead leading campaign for members  - Lead leading campaign for members  - Medic-Call member newsletter article(s)  In partnership with the Orange County Health Care Agency, Cal Optima Health will co-develop educational toolst on blood lead testing.	By December 2004  By December 2004  By December 2004  Georgia (1973)  Georgia	Director of Medicare Stars and Quality Initiatives	Manager of Quality Analytics	QIHEC	мс	x			
Quality of Clinical Care	Pediatric/Adolescent Wellness	EPSDT/Children's Preventive Services: Pediatric Well-Care Visits and Immunizations	HEIDS MY2024 Goal CIS-Combo 10: 45.20% BIA-Combo 2: 48.07% BIA-Combo 3: 48.07% BIA-Com	Assess and report the following activities:  1) Targeted member engagement and outreach campaigns in coordination with health network partners.  2) Strategic Quality Initiatives Intervention Plan - Multi-modal, ornis-channel targeted member, provider and health network engagement and 3) Early Identification and Data Gap Bridging Remediation for early intervention.	Report progress to QIHEC Q1 2024 Update (06/13/2024) 10 22/024 Update (08/13/2024) Q3 2024 Update (11/12/2024) Q4 2024 Update (11/12/2024)	Director of Medicare Stars and Quality Inlitatives	Manager of Quality Analytics	QIHEC	мс	x			
Quality of Clinical Care	Pediatric/Adolescent Wellness	Performance Improvement Projects (PIPs) Medi-Cal	Meet and exceed goals set forth on all improvement projects	Conduct quarterly/Annual oversight of MC PP's (Jan 2023 - Dec 2025): 1) Clinical PP — Increasing W30 or measure rate among Black/African American Population	Report progress to QIHEC Q1 2024 Update (05/13/2024) Q2 2024 Update (08/13/2024) Q3 2024 Update (11/12/2024) Q4 2024 Update (01/14/2025)	Director of Medicare Stars and Quality Initiatives	Quality Analyst	QIHEC	MC,OC	х			
Quality of Clinical Care	Pediatric/Adolescent Wellness	Quality Improvement activities to meet MCAS Minimum Performance Level	Meet and exceed MPL for DHCS MCAS	Conduct quarterly/Annual oversight of MCAS Performance Improvement Plan PDSA: Well-Child Visitis in the First 30 Months (W30.2+) - To increase the number of Medi-Cal members 15-30 months of age who complete their recommended well-child visits.  Perform root cause analysis, strategize and execute planned interventions targeting members, providers and systems.	Report progress to QIHEC 01 2024 Update (05/13/2024) Q2 2024 Update (08/13/2024) Q3 2024 Update (11/12/2024) Q4 2024 Update (01/14/2025)	Director of Medicare Stars and Quality Initiatives	Manager of Quality Analytics	QIHEC	MC	х			
Quality of Clinical Care	Quality Oversight	Encounter Data Review	Conduct regular review of encounter data submitted by health networks	Monitors health network's compliance with performance standards regarding timely submission of complete and accurate encounter data.	Semi-Annual Report to QIHEC Q2: 05/13/2024 Q4: 11/12/2024	Director of Finance	Manager of Finance	QIHEC	MC, OC	New			
Quality of Clinical Care	Quality Oversight	Facility Site Review (including Medical Record Review and Physical Accessibility Review) Compliance	PCP and High Volume Specialist sites are monitored utilizing the DHCS audit tool and methodology.	Review and report conducted initial reviews for all sites with a PCP or high volume specialists and a review every three years. Tracking and bending of reports are reported quarterly.	Update from CPRC to QIHEC 01: 03/12/2024 02: 08/12/2024 03: 09/10/2024 04: 12/10/2024	Director Qualty Improvement	Manager Quality Improvement	CPRC		New			
Quality of Clinical Care	Quality Oversight	Potential Quality Issues Review	Referred quality of care grievances and PQIs are reviewed timely	Review and report conducted referred cases are properly reviewed by appropriate clinical staff, cases are leveled according to severify of findings, and recommendations for actions are made, which may include a presentation to the CPRC for peer reviewed.	Update from CPRC to QIHEC Q1: 09/12/2024 Q2: 06/12/2024 Q3: 09/10/2024 Q4: 12/10/2024	Director Quality Improvement	Manager Quality Improvement	CPRC		New			
Quality of Clinical Care	Quality Oversight	Initial Provider Credentialing	All providers are credentialed according to regulatory requirements	Review and report providers are credentialed according to regulatory requirements and are current within 180 days of review and approval (60 days for BH providers)	Update from CPRC to QIHEC Q1: 03/12/2024 Q2: 08/12/2024 Q3: 09/10/2024 Q4: 12/10/2024	Director Qualty Improvement	Manager Quality Improvement	CPRC		New			
Quality of Clinical Care	Quality Oversight	Provider Re-Credentialing	All providers are re-credentiated according to regulatory requirements	Review and report providers are re-credentialed within 35 months according to regulatory requirements	Update from CPRC to QIHEC Q1: 03/12/2024 Q2: 08/11/2024 Q3: 09/10/2024 Q4: 12/10/2024	Director of Quality Improvement	Manager Quality Improvement	CPRC		New			

Evaluation Category	, Evaluation Sub- category	2024 QIHETP Work Plan Element Description	Goal(s)	Planned Activities	Specific date of completion for each activity (i.e. MM/DD/YYYY)	Responsible Business owner	Support Staff	Report to Committee	LOB	Continue Monitoring from 2023	Kesults/Metrics: Assessments, Findings, and Monitoring of Previous Issues List any problems in reaching the goal or relevant data (i.e. state if goals were mer or not met, include what caused the problem/issue)	Next Steps Interventions / Follow-up Actions State what will be done to meet the goal (i.e. continue with plan as listed or modify the plan: add a specific new process, etc.)	Red - At Risk Yellow - Concern Green - On Target
Quality of Clinical Care		Chronic Care Improvement Projects (CCIPs) OneCare	Meet and exceed goals set forth on all improvement projects (See individual projects for individual goals)	Conduct quarterly/i/nnual oversight of specific goals for OneCare CCIP (Jan 2023 - Dec 2025): CCIP Study - Comprehensive Diabetes Monitoring and Management Measures: Diabetes Care Eye Exam Diabetes Care Exity Disease Monitoring Enabletes Care Exity Sugar Controlled Studies Care Exity Sugar Controlled Statin Use in Persons with Diabetes Statin Use in Persons with Diabetes	Report progress to GHEC Q1 2024 Update (05/13/2024) Q2 2024 Update (06/13/2024) Q3 2024 Update (11/12/2024) Q4 2024 Update (11/12/2024) Q4 2024 Update (01/14/2025)	Director of Medicare Stars and Quality Initiatives	Manager of Quality Analytics	QIHEC	MC,OC	x			
Quality of Clinical Care		Special Needs Plan (SNP) Model of Care (MOC)	% of Members with Completed HRA: Goal 100% % of Members with ICP: Goal 100% % of Members with ICP: Goal 100%	Assess and report the following activities:  1)Utilize neely developed monthly reporting to validate and oversee outreach and completion of both HRA and ICP per regulatory guidance 2) Develop communication process with behaviors for tracking outreach and completion to meet benchmarks.  3) Creation and implementation of the Oversight audit tool. Updated Oversight process implimentation and monitoring.	Report progress to QIHEC Q1 2024 Update (05/13/2024) Q2 2024 Update (06/13/2024) Q3 2024 Update (11/2)/2024 Q4 2024 Update (11/12/2024)	Director Medical Management/Case Management	QI Nurse Specialist	QIHEC	ос	х			
Quality of Service	Access	Improve Network Adequacy: Reducing gaps in provider network	Increase provider network to meet regulatory access goals	Assess and report the following activities:  1) Conduct gap analysis of our network to identify opportunities with providers and expand provider network 2) Conduct outreach and implement recruiting efforts to address network gaps to increase access for Members	Update from MemX to QIHEC Q1: 03/12/2024 Q2: 06/11/2024 Q3: 09/10/2024 Q4: 12/10/2024	Director of Provider Network     Director of Contracting	TBD	MEMX	MC,OC	х			
Quality of Service	Access	Improve Timely Access: Appointment Availability/Telephone Access	Improve Timely Access compliance with Appointment Wait Times to meet 80% MPL.	Assess and report the following activities:  1) Issue corrective action for areas of noncompliance.  2) Collaborative discussion between CalCiptima Health Medical Directors and providers to develop actions to improve timely access.  4) Develop and/or share looks to assist with improving access to services.	Update from MemX to QIHEC Q1: 001/22024 Q2: 0011/2024 Q3: 0011/2024 Q4: 12110/2024	Director of Medicare Stars and Quality Initiatives	TBD	MEMX	MC,OC	х			
Quality of Service	Access	Improving Access: Subcontracted Network Certification	Comply with Subdelegate Network Certification requirements	Annual submission of SNC to DHCS with AAS or CAP     Monitor for Improvement     Communicate results and remediation process to HN	Submission: 1) By end of January 15, 2024 2) By end of Q2 2024 3) By end of Q3 2024 Uodate from MemX to QIHEC:	Director of Provider Network / Director of Medicare Stars and Quality Initiatives	Quality Analyst	MEMX	мс	x			
Quality of Service	Access	Increase primary care utilization	Increase rate of Initial Health Appointments for new members, increase primary care utilization for unengaged members.	Assess and report the following activities:  1) increase health network and provider communications, trainings, and resources  2). Expand oversity of provider IVA completion  3) increase member outreach efforts	Quarterly Report to QIHEC Q1 2024 Q2 2024 Q3 2024 Q4 2024	Director of PHM	Manager of PHM	QIHEC	MC	x			
Quality of Service	Access	Cultural and Linguistics and Language Accessibility	Implement interpreter and translation services	Track and herd interpreter and translation services utilization data and analysis for language needs.  Comply with regulatory standards  Marihain business for current programs  Improve process for handling these services	Report progress to QIHEC 01 2024 Update (0611/3/2024) 02 2024 Update (0811/3/2024) 03 2024 Update (111/2/2024) 04 2024 Update (10211/2025)	Director of Customer Service	Manager of Customer Service	QIHEC	MC, OC				
Quality of Service	Access	Improving Access: Annual Network Certification	Comply with Annual Network Certification requirements	1) Annual submission of ANC to DHCS with AAS 2) Implement improvement efforts 3) Monitor for Improvement	Submission: 1) By June 2024 2) By December 2024 Update from MemX to QIHEC: Q1: 03/12/2024 Q2: 08/11/2024	Director of Provider Network / Director of Medicare Stars and Quality Initiatives	TBD	MEMx		New			
Quality of Service	Member Experience	Improve Member Experience/CAHPS	Increase CAHPS performance to meet goal	Assess and report the following activities:  1) Conduct outreach to members in advance of 2024 CAHPS survey.  2) Just in Time campaign contines makes with live call campaigns to members deemed likely to respond negatively.  3) These items also confines to the include in all PVI discounties with INN.	Update from MemX to QIHEC Q1: 03/12/2024 Q2: 06/11/2024 Q3: 09/10/2024 Q4: 12/10/2024	Director of Medicare Stars and Quality Initiatives	Carol Matthews	MEMx/QIHEC		х			
Quality of Service	Member Experience	Grievance and Appeals Resolution Services	implement grievance and appeals and resolution process	Track and trend member and provider grievances and appeals for opportunities for improvement.  Maintain business for current programs.  Improve process of handling member and provider grievance and appeals	Report progress to QIHEC Q1 2024 Update (05/13/2024) Q2 2024 Update (06/13/2024) Q3 2024 Update (11/2)/2024 Q4 2024 Update (11/2)/2024 Q4 2024 Update (02/11/2025)	Director of GARS	Manager of GARS	GARS	MC, OC	New			
Quality of Service		Customer Service	Implement customer service and monitor against standards	Track and trend customer service utilization data Comply with regulatory standards Mariania business for current programs Improve process for handling customer service calls	Report progress to QIHEC Q1 2024 Update (05/13/2024) Q2 2024 Update (08/13/2024) Q3 2024 Update (11/2)/2024 Q4 2024 Update (11/12/2024)	Director of Customer Service	TBD	QIHEC	MC, OC				
Safety of Clinical Care		Coordination of Care: Member movement across settings	Improve care coordination between the hospital and primary care physician (PCP) following patient discharge from an acute care setting	Assess and report the following activities:  1) Collaborative meetings between teams to identify best practices to implement 2) Provider and member education	Report progress to QIHEC Q1 2024 Update (05/13/2024) Q2 2024 Update (08/13/2024) Q3 2024 Update (11/2/2024) Q4 2024 Update (11/12/2024)	Director of Utilization Management	TBD	QIHEC		New			
Safety of Clinical Care		Coordination of Care: Member movement between practitioners	Improve coordination of care, prevention of complications, and facilitation of bes practice diabetes care management between vision care specialists (SPCs) and primary care providers (PCPs)	Assess and report the following activities:  1) Collaborative meetings between teams to identify best practices to implement 2) Provider and member education	Report progress to QIMEC Q1 2024 Update (05/13/2024) Q2 2024 Update (08/13/2024) Q3 2024 Update (11/12/2024) Q4 2024 Update (10/14/2025)	Director of Case Management	TBD	QIHEC		New			
Safety of Clinical Care		Emergency Department Visits	Emergency Department Diversion Pilot Pilot has been implemented. In 2024 plan to expand the program to additional hospital partners.	Assess and report the following activities:  1) Promoting communication and member access across all CalOptima Networks  2) Increase LOAM Community Supports Referrais  3) Increase PCP follow-up visit within 30 days of an ED visit  4) Decrease Registrative ED (Millatchion)  1) Decrease Registrative ED (Millatchion)	Ge 2024 Update (1/14/2025)  Update from UMC to QIHEC Q1: 03/12/2024 Q2: 06/11/2024 Q3: 06/10/2024 Q4: 12/10/2024	Director of LTSS	Manager of LTSS	UMC	MC	х			
Safety of Clinical Care		Transitional Care Services (TCS)	UNCMLTO to collaborate and set goals on improving care coordination after discharge. For example, including but not limited to improving successful interactions for TCS high-risk members within 7 days of their discharge.	Assess and report the following activities: 1) Set up a Transition of Care workgroup among UM, CM and LTC to discuss ways to increase post hospitalization visits with PCP and address barriers. 2) Update the UTC letter for members that UM/CM are unable to reach post discharge.	Report progress to QIHEC Q1 2024 Update (05/13/2024) Q2 2024 Update (08/13/2024) Q3 2024 Update (11/12/2024) Q4 2024 Update (01/14/2025)	Director of UM, CM and LTSS	TBD	QIHEC	MC,OC	x			



# 2024 POPULATION HEALTH MANAGEMENT STRATEGY & WORK PLAN

#### **Responsible Staff:**

Shilpa Jindani, MD Medical Director, Population Health Management and Equity <a href="mailto:shilpa.jindani@caloptima.org">shilpa.jindani@caloptima.org</a>

Katie Balderas, MPH Director, Population Health Management katie.balderas@caloptima.org

# TABLE OF CONTENTS

Introduction		. 3
Agency O	verview	
Strategy P	Turpose	
Strategic Man	agement	. 4
Population	n Needs Assessment	
PHM Strat	tegy and Workplan	
PHM Prog	gram	
PHM Impa	act Assessment	
Promoting Hea	alth Equity	10
Social Det	terminants of Health	
	Resources	
<b>Delivery System</b>	m Supports	13
Informatio	on Sharing	
Shared De	ecision-Making Aids	
Transform	nation Support	
Training o	on Equity, Cultural Competency, Bias, Diversity and Inclusion	
Pay for Va	alue (P4V)	
PHM Structur	e	14
Team Role	es and Responsibilities	
PHM Oversigh	nt	19
PHM Ove	rsight Responsibilities	

# INTRODUCTION

# **Agency Overview**

Caring for the people of Orange County has been CalOptima Health's privilege since 1995. As a public agency, CalOptima Health was founded by the community as a County Organized Health System that offers health insurance programs for low-income children, adults, seniors and people with disabilities. We believe that our members deserve the highest quality of care and service. To achieve this, CalOptima Health works in collaboration with members, providers, community stakeholders and government agencies guided by our mission and vision.

#### Our Mission

To serve member health with excellence and dignity, respecting the value and needs of each person.

#### Our Vision

By 2027, remove barriers to health care access for our members, implement same day treatment authorizations and real-time claims payments for our providers, and annually assess members' social determinants of health.

### Strategy Purpose

To meet the unique and comprehensive health needs of our members, CalOptima Health engaged with multidisciplinary care teams, community partners and stakeholders to co-create the Population Health Management (PHM) Strategy.

The PHM Strategy outlines CalOptima Health's cohesive plan of action to address the needs of our members across the continuum of care. Through the PHM Strategy and our commitment to health equity, CalOptima Health also shares our creative upstream approach to address social determinants of health (SDOH) and close gaps in care that lead to health disparities among our members.

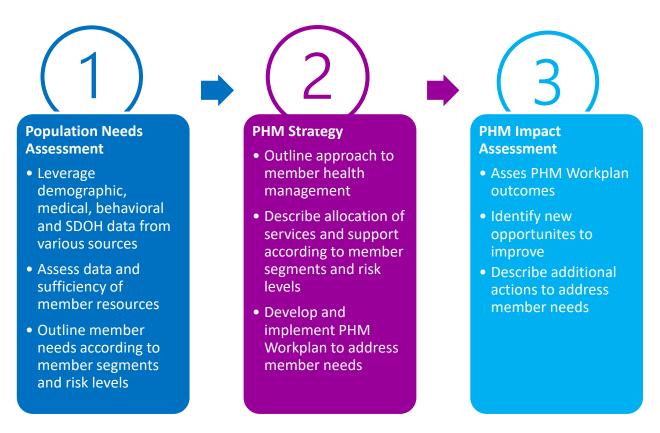
In addition, CalOptima Health aligns our PHM Strategy with the priorities of our federal and state regulators and follows the standards outlined by the National Accreditation of Quality Assurance (NCQA).

CalOptima Health's PHM Strategy addresses the following areas of focus:

- 1. Keeping members healthy
- 2. Managing members with emerging risks
- 3. Member safety
- 4. Managing members with multiple chronic conditions

# STRATEGIC MANAGEMENT

To inform our PHM Strategy and programs, CalOptima Health has several processes in place to review collected data that is used to understand our member needs, develop strategies to address those needs and evaluate the impact of those strategies through a comprehensive PHM Workplan. The following diagram illustrates the relationship of these activities:



# Population Needs Assessment

CalOptima Health's Population Needs Assessment (PNA) summarizes the results of an annual assessment on a variety of data. The intent of the PNA is to review the characteristics and needs of our agency's member population and relevant focus populations to support data-driven planning and decision-making. This report specifically focuses on CalOptima Health's:

- Overall member population, including SDOH
- Children and adolescent members ages 2–19 years old
- Members with disabilities
- Members with serious and persistent mental illness (SPMI)
- Members according to racial and ethnic groups
- Members with limited English proficiency
- Relevant focus populations

CalOptima Health uses PNA key findings to inform the PHM Strategy and Workplan which aim to address gaps in member care through intervention strategies and quality initiatives. Report findings also helped identify the need for process updates and resource allocation.

### Population Segmentation and Care Coordination

CalOptima Health's PHM program aims to ensure the care and services provided to our members are delivered in a whole-person-centered, safe, effective, timely, efficient and equitable manner across the entire health care continuum and life span. The PHM program integrates physical health, behavioral health, long-term support services, care coordination and complex case management to improve coordination of care between managed care teams. The PHM program includes basic population health management, complex care management, Enhanced Care Management (ECM) and transitional care services.

**Highest Risk** 

Medium - High Risk

No - Low Rick Enhanced Care Management (ECM) is for the highest-need CalOptima Health members and provides intensive coordination of health and health-related services.

Complex Care Management (CCM) is for CalOptima Health members at higher and medium-rising risk and provides ongoing chronic care coordination, interventions for temporary needs and disease-specific management interventions.

Basic Population Health Management is an array of services for all CalOptima Health members, including care coordination and comprehensive wellness and prevention programs, all of which require a strong connection to primary care.

# PHM Strategy and Workplan

The following table provides a high-level overview of CalOptima Health's 2024 PHM Strategy and Workplan. This table shows how CalOptima Health aligns federal and state guidance with NCQA standards to guide our PHM Program efforts.

# CalOptima Health 2024 PHM Workplan Overview

Area of Focus	Program/Service	Description
Keeping Members Healthy	Blood Lead Testing in Children	In babies and young children, whose brains are still developing, even a small amount of lead can cause learning disabilities and behavioral problems. CalOptima Health works with providers and members to ensure that all young children are tested for lead at age-appropriate intervals.
	Well-Child Visits	Well-child visits are important during the early months of a child's life to assess growth, development and identify and address any concerns early. CalOptima Health promotes preventive care for its youngest members to help them live long, happy and healthy lives.
	Health Disparity Remediation for Well-Child Visits	CalOptima Health aims to reduce the racial/ethnic disparities in well child visits in support of the statewide goals. Well-child visits are the foundation of pediatric health promotion and disease prevention. These visits are intrinsically linked to the key indicators in the Children's Health domain. Accordingly, improving the W30-6 measure rate among African American child members has the potential to improve their overall health status.
	Childhood Immunizations	Childhood vaccinations are a safe and effective way to protect children from a variety of serious or potentially fatal diseases. CalOptima Health works to promote immunizations and ensure that children are healthy, growing and ready to learn.
	Comprehensive Community Cancer Screening and Support Program	CalOptima Health partnered with external stakeholders in the fight against cancer to launch this program. Together, we aim to decrease late-stage breast, cervical, colorectal and lung cancer diagnoses through early screening.
	Bright Steps Program	CalOptima Health's prenatal and postpartum care program aims to inform and provide resources to pregnant members to help them have a healthy pregnancy, delivery and baby.
	Shape Your Life	CalOptima Health offers no-cost, in-person and virtual group classes for children ages 5 to 18 and their families. Topics include healthy eating, physical activity and other ways to build healthy habits.
Emerging Risk	Chronic Condition Care and Self- Management Program	CalOptima Health's programs promote self-management skills for people with chronic conditions to enable them to manage their health on a day-to-day basis and to take an active role in their health care.
Patient Safety	CalAIM Community Supports	California Advancing and Innovating Medi-Cal (CalAIM) is a five-year initiative by DHCS to improve the quality of life and health outcomes of the Medi-Cal population by addressing social drivers of health and breaking down barriers in accessing care. Community Supports are a core component of CalAIM.
	Street Medicine Program	CalOptima Health's Street Medicine Program model is implemented by a contracted medical and social service provider who is responsible for identifying and managing the comprehensive needs of Orange County's un-housed individuals and families through whole person care approaches and addressing social drivers of health.
	Follow-Up After Emergency Department Visit for Alcohol and Other Drug Abuse or Dependence	CalOptima Health's program assesses the percentage of emergency department (ED) visits for members aged 6 and older with a principal diagnosis of alcohol and other drug abuse or dependence to ensure our members receive appropriate follow-up care.
Multiple Chronic Conditions	Complex Case Management Program	Complex Case Management is the coordination of care and services provided to a member who has experienced a critical event, or diagnosis that requires the extensive use of resources, and who needs assistance in facilitating the appropriate delivery of care and services.

### PHM Program

The PHM Strategy serves to guide CalOptima Health's PHM Program that aims to motivate, educate and empower members to become self-advocates in their healthcare, manage conditions, prevent acute episodes and enhance their quality of life. Our PHM Program and related services are also developed by a multidisciplinary team of health professionals, community partners and stakeholders. Together, we ensure that our PHM Program is committed to health equity, member involvement and accountability. This is achieved by:

- Building trust and meaningful engagement with members.
- Using data-driven risk stratification and predictive analytics to address gaps in care.
- Revising and standardizing assessment processes.
- Providing care management services for all high-risk members.
- Creating robust transitional care services (TCS) to promote continuity of care and limit service disruptions.
- Developing effective strategies to address health disparities, SDOH and upstream drivers of health.
- Implementing interventions to support health and wellness for all members.

#### PHM Framework

CalOptima Health adopted guiding principles of the PHM Framework to plan, implement and evaluate the PHM Program and our delivery of care. The diagram below outlines the key components used to operationalize the PHM Program, which includes:

- **Population needs assessment and PHM Strategy** that are used to measure health disparities and identify the health priorities and social needs of our member population, including cultural and linguistic, access and health education needs.
- *Gathering member information* on preferences, strengths and needs to connect every member to services at the individual level, and to allocate resources.
- *Understanding risk* to identifying opportunities for more efficient and effective interventions.
- Providing services and supports to address members needs across a continuum of care.

#### **Gathering Providing Services Understanding** Member and Supports Risk **Information** Risk Stratification Basic Population Health Management and Segmentation Initial Screening Everyone in the o HIF/MET Risk Tiering Medi-Cal population Assessment & Claims/Encounters Care Management /Other Data Reassessment for о ЕСМ Care Management Complex Care /Health Education **Transitional Care** Services (as needed)

PHM Strategy and Population Needs Assessment (PNA)

### PHM Program Coordination

CalOptima Health's PHM Program spans across several settings, providers and levels of care in an effort to meet our members' needs. To streamline PHM Program activities and avoid duplication, CalOptima Health utilizes a care management system to facilitate the coordination of care and data management for members among several care teams including:

- Behavioral Health Integration
- Case Management
- Long Term Care and Support
- Program of All-inclusive Care for the Elderly (PACE)
- Population Health Management
- Pharmacy
- Utilization Management

Through the agency's care management system, CalOptima Health can determine member eligibility for services, share data to identify and address care gaps, and coordinate care across settings. The system is available to all care team staff responsible for member care and enables them to:

- Create links between all systems that allow appropriate coordination of care and support delivered at the proper time, while minimizing duplication of effort between the coordinating teams.
- Access member records to expedite and view all relevant data in one location.
- Identifying member needs through established system logics or from providers and member self-referrals to plan an appropriate level of support whereby a staff (e.g., Personal Care Coordinator) is assigned to help the member with managing their health and social needs.
- Provide members with appropriate assessments and educational materials, derived from evidence-based tools and standardized practices.
- Create an individualized Care Plan with prioritized goals and facilitate services that minimize or eliminate barriers to care for optimal health outcomes.
- Inform Interdisciplinary Care Team (ICT) of member care needs, related activities and health goal progress.

#### Informing Members about PHM Programs

CalOptima Health deploys several interactive methods to inform members about PHM programs. These interactive methods are designed to share program eligibility and how to use program services. All PHM programs are voluntary. Based on members' language preferences, they are informed of various health promotion programs or how to contact care management staff via initial mailed Member Welcome Packet, member informing materials (e.g., newsletters, program/service letters, benefit manuals, etc.), CalOptima Health's member website, text messaging, personal phone outreach, robocalls and/or in person.

The following descriptions provide more details on how CalOptima Health's eligible members are informed about PHM programs:

• *Eligibility to participate*: CalOptima Health's PHM programs are accessible to members from Medi-Cal and OneCare lines of business that meet the PHM program criteria. When a member has a referral into a PHM program, the member is directed to the appropriate staff for assistance with enrollment to the program best matching the member's level of need.

- *Use of services*: CalOptima Health provides instruction on how to use these services in multiple languages and with appropriate health literacy levels.
- Accepting or declining services: CalOptima Health honors member choice; hence, all the PHM
  programs are voluntary. Members can self-refer to any PHM program by contacting CalOptima
  Health. When CalOptima Health conducts outreach to eligible members identified through risk
  stratification or provider referral, members are informed that the program is voluntary, and they
  are able to opt-out at any time.

### PHM Impact Assessment

CalOptima Health's annual PHM Impact assessment measures the effectiveness of the agency's PHM Strategy and related programs to address member care needs. Through this analysis, CalOptima Health also identifies and addresses opportunities for improvement. Specifically, the assessment focuses on the:

- Clinical impact of programs
- Cost and/or utilization impact of programs
- Member experience with programs

CalOptima Health uses key performance indicators (e.g., primary care, ambulatory care, emergency department visit, inpatient utilization) and quality measures (e.g., Healthcare Effectiveness Data and Information Set [HEDIS®]) to assess the effectiveness of the PHM program and adjust it to meet the needs of our members. The PHM Impact findings are shared with our care management team, stakeholders and regulatory agencies at least annually.

# **PROMOTING HEALTH EQUITY**

CalOptima Health is working to advance health equity throughout our strategic management process to ensure that PHM programs and services support our members in attaining their highest level of health. Health equity is not something that a person can do for themselves. It requires commitment from community, healthcare organizations and governments to remove obstacles to health such as poverty, discrimination and their consequences, including powerlessness and lack of access to good jobs with a living wage, quality education and housing, safe environments and health care. In response, CalOptima Health has prioritized health equity so that all members are empowered and able to access resources to be as healthy as possible, regardless of background and identity. In 2022, CalOptima Health launched an organization-wide Equity Initiative, with focus areas in:

- Health equity and SDOH
- Communications and narrative change
- Diversity, equity and inclusion for CalOptima Health workforce
- Stakeholder engagement

To meet the needs of members who are impacted by the greatest health inequities, CalOptima Health has develop a roadmap to meet the following overarching goals:

- Make an explicit commitment to advance health equity to internal and external stakeholders.
- Identify existing and needed organizational assets, resources and leadership.
- Measure health inequities and identify impactful strategies focused on SDOH.
- Implement short- and long-term strategies at the member, organizational and community level.
- Enhance data collection, shared lessons and expanded capacity.

CalOptima Health has operationalized our health equity efforts through a broad range of programs and services.

#### Social Determinants of Health

To guide our effort in healthy equity, CalOptima Health developed the Member Risk Dashboard to help us understand the impact that SDOH has on our members. This dashboard is informed by the Chronic Illness and Disability Payment System (CDPS) + Rx risk model which assigns a risk score to each member using diagnosis codes from claims and encounters plus pharmacy data to help assess the effective disease burden a population may face. The Member Risk Dashboard can overlay risk with several different factors (e.g., gender, ethnicity, age, health conditions, SDOH factors, etc.) to stratify and segment members. Furthermore, the SDOH data collected using diagnosis codes present on claims and encounters is categorized as follows:

- Adverse family events
- Criminal justice involved
- Housing instability
- Indications of extreme poverty
- Psychosocial circumstances

Among the different features available through this dashboard are the SDOH Profile and SDOH Comparison. The SDOH Profile provides an overview of how SDOH factors impact CalOptima Health members. The SDOH Comparison is used to compare health metrics between SDOH categories such as:

- Condition prevalence
- Hospital readmissions
- Emergency room visits
- Dental visits
- Uncontrolled A1c
- Unused authorizations

The Member Risk Dashboard serves to highlight CalOptima Health's current efforts to better identify and address the health disparities seen in our member population that are caused by SDOH. CalOptima Health plans to continue enhancing our understanding of the impact that SDOH has on our members through the expansion of data collection efforts and community engagement.

# **ACTIVITIES AND RESOURCES**

CalOptima Health recognizes the importance of mobilizing multiple resources to support our members' health needs. At least annually, CalOptima Health conducts a strategic review of existing structures, programs, activities and resources using its PNA and dashboards. This strategic assessment helps CalOptima Health leaders set new program priorities, re-calibrate existing programs, re-distribute resources to ensure health equity and proactively mitigate emerging risks. Please see the annual PNA Report for details of this review and a description of the activities and resources supported by CalOptima Health.

In addition, CalOptima Health describes activities that are designed to support the PHM Strategy, including activities not directed at individual members, in our PHM Workplan. Indirect member activities apply to multiple areas of focus to and include:

- Building partnerships with community-based organizations, local health care agencies, hospitals and clinics, universities and more to streamline efforts and leverage resources.
- Developing toolkits and resources to support health network providers and community partners.
- Conducting improvement projects (e.g., Plan, Do, Study, Act (PDSA) and Performance Improvement Projects (PIP)) to address health disparities.
- Investing in community implementation and expansion efforts to support PHM programs and services.
- Regularly sharing guidance and information relevant to members with staff, providers and stakeholders using multimodal communication strategies (e.g., newsletters, web portals, meetings, etc.)
- Exchanging data between CalOptima Health and supporting health entities (e.g., Health Network providers, local health agencies, etc.)
- Facilitating continuous education, training and professional development opportunities for staff and providers.

# **DELIVERY SYSTEM SUPPORTS**

Providers and practitioners play an integral role in helping CalOptima Health members meet their highest level of health. Therefore, CalOptima Health works intentionally and collaboratively to support our provider and practitioner community to fulfill PHM goals. CalOptima Health offers ongoing support to providers and practitioners in our health networks, such as sharing patient-specific data, offering evidenced-based or certified decision-making aids, continuing education sessions and providing comparative quality and cost information. These supports are described below:

### **Information Sharing**

CalOptima Health provides member-level prospective rates (or gaps in care) reports for providers on a monthly basis to support preventive care outreach and engagement. CalOptima Health will continue to improve information sharing using integrated and actionable data. Additionally, CalOptima Health facilitates ongoing collaboration and open lines of communication regarding member health outcomes through quarterly Joint Operations Meetings and quarterly Health Network Forums to discuss strategies, barriers and opportunities for improvement.

# **Shared Decision-Making Aids**

CalOptima Health aligns decision-making aids with our clinical practice guidelines to promote shared decision making among providers and their members. These are approved by CalOptima Health's Quality Improvement Committees, posted to CalOptima Health's provider website and promoted through our providers newsletters. Shared Decision-Making Aid topics include:

- Cardiac Conditions
- Treatment for Opioid Use Disorder
- Diabetes Medication Choice
- Heart Disease
- Hypertension
- Treatment for Kidney Failure

# **Transformation Support**

CalOptima Health's Orange County Population Health and Transition to Value-Based Care Initiative (PHVBC) aims to support participating health centers and their providers in transforming access to quality of care while strengthening the safety net system across OC. Over the course of five years, teams from local community clinics will advance their internal systems and implement projects that strengthen their population health capacities and readiness for high-quality and value-based care with the incentives provided by the \$50 million PHVBC initiative. Activities will focus on advancing population and community supports (i.e., advocating for support, expanding access to coverage and quality of care) provided to disproportionately impacted communities in Orange County; ultimately, shifting from the idea that the volume of services rendered can serve as a proxy for better health outcomes to a value- and team-based model of care that focuses on the whole person.

The Institute for High Quality Care (IHCQ) will provide technical assistance throughout the initiative, and the Center for Community Health and Evaluation (CCHE) will be the initiative evaluator. Furthermore, the IHCQ will provide a variety of technical assistance to support participating teams throughout the initiative, including training, topic-specific working groups, coaching and curating best

practices and other resources. These supports will be designed and tailored on the PHVBC health centers' specific project and areas of interest and/or need.

CalOptima Health will use the provider profiles to identify practitioners, organizations or communities that do not meet accepted standards of care. Profiling can be used to evaluate both the overuse and underuse of appropriate services. This will help them transform their practices to be more quality and outcome focused. CalOptima Health will use the profiles as a mechanism to administer its financial incentives program for providers to improve quality. The incentives are designed to support practitioners with the necessary funding so they can focus more on care coordination and preventive care. It will provide clinics with the resources to bring on additional staff that can coordinate member care across the spectrum of providers. CalOptima Health will establish goals for providers that align with the quality improvement goals to focus on high priority measures.

# Training on Equity, Cultural Competency, Bias, Diversity and Inclusion

CalOptima Health's Cultural Competency training is required for all health care providers and staff who care for our members. The training is available on CalOptima Health's website for providers to complete. The training provides an overview of CalOptima Health's diverse membership, helps providers identify members with potential cultural or language needs where alternate communication methods are needed, and ensures that persons interacting with CalOptima Health members understand how culture and language may influence health.

# Pay for Value (P4V)

CalOptima Health's Pay for Value (P4V) program recognizes outstanding performance and supports ongoing improvement to strengthen CalOptima Health's mission of serving members with excellence and providing quality health care. Health networks and CalOptima Health Community Network (CCN) PCPs are eligible to participate in the P4V programs.

The purpose of CalOptima Health's P4V program is to:

- 1. Recognize and reward health networks and their physicians for demonstrating quality performance;
- 2. Provide comparative performance information for members, providers and the public on CalOptima Health's performance; and
- 3. Provide industry benchmarks and data-driven feedback to health networks and physicians on their quality improvement efforts.

The Medi-Cal P4V program incentivizes performance on all HEDIS® measures that are included in the DHCS Managed Care Accountability Sets (MCAS) required to achieve a minimum performance levels (MPL) and Consumer Assessment of Healthcare Providers and Systems (CAHPS) member satisfaction measures.

# PHM STRUCTURE

PHM operations at CalOptima Health are supported by a leadership team, allied health professionals and administrative staff. PHM assumes responsibility for health education and disease management programs for all CalOptima Health members. In addition, PHM oversees the strategic management efforts including the identification the health and wellness needs of CalOptima Health members and aligning

organizational and community efforts to meet these needs, in accordance with DHCS and NCQA requirements. The following is a description of PHM team roles and responsibility.

# Team Roles and Responsibilities

Chief Executive Officer (CEO) allocates financial and employee resources to fulfill program objectives. The CEO delegates authority, when appropriate, to the Chief Medical Officer (CMO), the Chief Financial Officer (CFO) and the Chief Operating Officer (COO). The CEO makes certain that the QIHEC satisfies all remaining requirements of the PHM Program, as specified in the state and federal contracts.

Chief Operating Officer (COO) is responsible for oversight and day-to-day operations of several departments, including Operations, Network Management, Information Services, Claims Administration, Customer Service, Grievance and Appeals Resolution Services (GARS), Coding Initiatives, Electronic Business and Human Resources.

Chief Medical Officer (CMO) oversees strategies, programs, policies and procedures as they relate to CalOptima Health's quality and safety of clinical care delivered to members, including Population Health Management. At least quarterly, the CMO presents reports on PHM activities to the Board of Directors' Quality Assurance Committee.

Chief Health Equity Officer (CHEO) leads the development and implementation of health equity as a core competency through collaboration with leaders across CalOptima Health and serves as the voice and content expert on health equity for CalOptima Health's members, affiliates and partners, providing strategic direction around clinical interventions, benefit design, engagement strategies and participates in testing and evaluation initiatives.

Deputy Chief Medical Officer (DCMO), along with the CMO, oversees the strategies, programs, policies and procedures as they relate to CalOptima Health's medical care delivery system. The DCMO and CMO oversee Population Health Management (PHM), Quality Analytics (QA), Quality Improvement (QI), Utilization Management (UM), Case Management (CM), Pharmacy Management (PM), Behavioral Health Integration (BHI), Long-Term Support Services (LTSS) and Enterprise Analytics (EA).

Executive Director, Population Health Management (ED PHM) is responsible for the development and implementation of companywide PHM strategy to improve member experience, promote optimal health outcomes, ensure efficient care and improve health equity. The ED PHM serves as a member of the executive team, and with the Chief Medical Officer (CMO), Deputy Chief Medical Officer (DCMO) and Executive Directors from Behavioral Health, Quality, and Clinical Operations Departments, supports efforts to promote adherence to established quality improvement strategies and integrate behavioral health across the delivery system and populations served. The Director of Population Health Management reports to the ED PHM.

Executive Director, Clinical Operations (EDCO) is responsible for oversight of all operational aspects of key Clinical Operations functions including the UM, Care Coordination, Complex Case Management, and Managed LTSS (MLTSS) programs, along with all new program implementations related to initiatives in these areas. The EDCO serves as a member of the executive team, and, with the CMO, DCMO and the Executive Director of Quality and Population Health Management.

Executive Director, Quality (ED QI) is responsible for facilitating the companywide QI Program deployment; driving performance results in Healthcare Effectiveness Data and Information Set (HEDIS), DHCS, CMS Star measures and ratings; and maintaining NCQA accreditation standing as a high performing health plan. The ED QI serves as a member of the executive team, reporting to the COO, and with the CMO, DCMO and Executive Director, Clinical Operations, supports efforts to promote adherence to established quality improvement strategies and integrate behavioral health across the delivery system and populations served. Reporting to the ED QI are the Directors of Quality Analytics, Quality Improvement and Credentialing.

Executive Director, Behavioral Health Integration (ED BHI) is responsible for the management and oversight of CalOptima's Behavioral Health Integration department, along with new implementation related to state and county behavioral health initiatives. The ED BHI leads strategies for integrating behavioral health across the health care delivery system and populations served.

Medical Director, Population Health Management and Equity is responsible for advancing population-wide health and well-being for CalOptima Health members by providing clinical guidance for PHM strategies and programs, conducting staff and provider trainings on relevant PHM issues, reviewing and approving health education materials, group class curricula, clinical practice guidelines, shared decision-making aids, and consulting on individual member cases within PHM programs.

Director, Population Health Management (PHM Director) is responsible for advancing population-wide health and well-being for CalOptima Health members by coordinating the development and implementation of a comprehensive population health management plan and health equity framework aligned with the organization's strategic goals. PHM Director provides oversight and supervision of staff to monitor the implement organization-wide population health initiatives amongst internal departments, contracted providers health networks and external stakeholders aligned with CalOptima's overall mission and strategic goals. The PHM Director ensures that the department meets ongoing regulatory compliance and accreditation standards. PHM Director plays a key leadership role, interacting with all levels of CalOptima staff and external stakeholders to implement programs and Quality Improvement (QI) processes that improve cost savings, quality outcomes and member and provider satisfaction.

The following staff support the implementation of strategies within the Population Health Management department:

Managers, Population Health Management (PHM Managers) in Health Education, Disease Management, Maternal Health and Strategic Initiatives:

- Assist with the development of PHM goals and program priorities.
- Analyze best practices for population management and generating ideas to improve operational efficiency within the department.
- Oversee processes to ensure all regulatory requirements are met and exceed all standards.

Supervisors, Population Health Management (PHM Supervisors) in Health Education and Disease Management:

• Provide guidance and support for the implementation of special projects and pilots, or directly handling complex PHM requests from members, providers or staff.

- Monitor staff goals and productivity.
- Ensure compliance with cultural and linguistic requirements and processes, desktop procedures, organizational policies or contractual requirements.

Program Managers, Population Health Management (PHM Program Managers) in strategic initiatives:

- Develop cross-agency workstreams to meet standards in population health as outlined by regulatory entities, strategic priorities and Board directives.
- Plan, implementing and/or evaluating new interventions, programs and interventions. Keep current on the local, state, and federal healthcare environment, identifying issues that may impact CalOptima's medical management programs.

#### Health Educator, Population Health Management (PHM HEs) team:

- Provides health education coaching to individuals or group classes using a member-centric approach.
- Prepares written materials for distribution to members in the appropriate formats and literacy levels as needed.
- Delivers health education interventions through various methods and techniques that are effective to CalOptima Health's members.

#### Health Coaches, Population Health Management (PHM HCs) team:

- Assesses and develops self-management plans for CalOptima Health members benefiting from chronic condition management, nutrition management and/or psychosocial support.
- Shares the member's specific self-management goals, progress and other pertinent information with their health care team to ensure consistency of member goals.
- Monitors member's health condition and self-management goal outcomes.

#### Registered Dietitians, Population Health Management (PHM RDs) team:

- Provides individual nutrition assessments, counseling and education by phone or in person using a patient-centered approach.
- Develops nutrition education materials to promote prevention, management of chronic illness and healthy living.
- Works closely with other departments and medical support staff to assist with member care planning.

#### Personal Care Coordinators, Population Health Management (PHM PCCs) team:

- Provides outreach to members to coordinate completion of trimester specific assessments including postpartum following CPSP protocols.
- Collaborates with licensed professionals in the development of an initial care plan for each member, incorporating all assessment findings.
- Facilitates warm transfers to member's assigned case manager in accordance with member needs, when appropriate. Notifies member's care team of key event triggers.

### Program Coordinator, Population Health Management (PHM PC):

- Provides analytical support to Population Health Management functions, including program development, evaluation and targeted initiatives.
- Manages department calendar by updating and bringing awareness to upcoming milestones and events.
- Acts as administrative support for company-wide and department-specific projects, such as
  generating reports and maintaining the department's tracking logs, including, but not limited to,
  action items and executive briefs.

#### Program Specialists, Population Health Management (PHM PS) team:

- Participates in cross-functional teams responsible for the identification, implementation and evaluation of health education activities.
- Supports management in the development, running and evaluation of new population-based disease management programs that support department initiatives.
- Supports management by developing and/or overseeing the process of written tools for programmatic use including program plans, surveys and evaluation instruments.

# PHM OVERSIGHT

CalOptima Health strives to ensure that PHM strategic management processes are co-created, monitored and evaluated with input from members, providers, stakeholders and leadership. This helps ensure that all PHM programs and services are informed by multidisciplinary experts and approved through careful leadership consideration. The following description provides a high-level summary of our PHM strategic management oversight process.

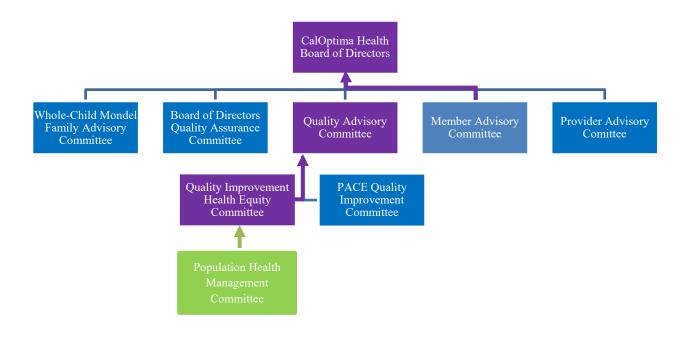
# PHM Oversight Responsibilities

Dedicated staff from PHM, in collaboration with other multidisciplinary work teams throughout the agency and guidance from CalOptima Health leadership, assess service utilization patterns, disease burden and SDOH factors to identify gaps in member care. This comprehensive assessment is summarized in an annual PNA. Key findings of the PNA are shared with CalOptima Health's Member Advisory Committee, multidisciplinary care teams and stakeholders to propose new interventions to overcome member gaps in care. Proposed interventions are reviewed by Population Health Management Committee (PHMC) and documented as part of the annual PHM Strategy and Workplan proposals. The PHM Strategy and Workplan proposals are presented to the Quality Improvement Health Equity Committee (QIHEC) for approval. CalOptima Health's QIHEC reports summarize approved PHM Strategy and Workplans to the Board of Director's Quality Assurance Committee (QAC).

#### Committee Approval Descriptions

The diagram below illustrates the pathway of approval and oversight of the PHM Strategic Management activities along with committee descriptions.

#### **PHM Approval Diagram**



#### Population Health Management Committee (PHMC)

The purpose of the PHMC is to provide overall direction for continuous process improvement and oversight of the PHM Program; ensure PHM activities are consistent with CalOptima Health's strategic goals and priorities; and monitor compliance with regulatory requirements.

#### Quality Improvement Health Equity Committee (QIHEC)

The purpose of the QIHEC is to assure that all quality improvement activities are performed, integrated and communicated internally and to the contracted delegated health networks to achieve the result of improved care and services for members.

#### Board of Directors' Quality Assurance Committee (QAC)

The QAC routinely receives progress reports from the QIHEC describing improvement actions taken, progress in meeting objectives and quality performance results achieved. The QAC also makes recommendations to the Board for annual approval with modifications and appropriate resources allocations.

#### CalOptima Health Board of Directors

The Board of Directors has ultimate accountability and responsibility for the quality of care and services provided to CalOptima Health members. The responsibility to oversee the program is delegated by the Board of Directors to the Board's Quality Assurance Committee — which oversees the functions of the QI Committee described in CalOptima Health's state and federal contracts — and to CalOptima Health's CEO.

# CalOptima Health Measurement Year (MY) 2024 Medi-Cal and OneCare Pay for Value Programs

#### MY 2024 Medi-Cal Pay for Value (P4V)

The Medi-Cal P4V program incentivizes performance on all Healthcare Effectiveness Data and Information Set (HEDIS®) that are included in the Department of Health Care Services (DHCS) Managed Care Accountability Set (MCAS) measures required to achieve a minimum performance level (MPL). The Medi-Cal P4V programs also incentives for Consumer Assessment of Healthcare Providers and Systems (CAHPS) member satisfaction measures. Health networks (HNs) and CalOptima Health Community Network (CCN) primary care physicians (PCPs) are eligible to participate in the Medi-Cal P4V program.

#### Recommended for MY 2024 Medi-Cal P4V

1. Include measures held to an MPL in the MY2024 MCAS measure set.

MY 2024 Medi-Cal Pay for Value Program Measurement Set				
Follow-up After ED Visit for Mental Illness- 30 days	Chlamydia Screening in Women			
Follow-Up After ED Visit for Substance Abuse- 30 days	Prenatal and Postpartum Care: Postpartum Care			
Child and Adolescent Well-Care Visits	Prenatal and Postpartum Care: Timeliness of Prenatal Care			
Childhood Immunization Status- Combination 10	Breast Cancer Screening			
Development Screening in the First Three Years of Life	Cervical Cancer Screening			
Immunizations for Adolescents- Combination 2	CAHPS- Rating of Health Plan: Adult and Child			
Lead Screening in Children	CAHPS- Rating of Health Care: Adult and Child			
Topical Fluoride in Children	CAHPS- Rating of Personal Doctor: Adult and Child			
Well-Child Visits in the First 30 Months of Life- 0 to 15 Months- Six or More Well-Child Visits	CAHPS- Rating of Specialist Seen Most Often: Adult and Child			
Well-Child Visits in the First 30 Months of Life- 15 to 30 Months- Six or More Well-Child Visits	CAHPS- Getting Needed Care: Adult and Child			
Asthma Medication Ratio	CAHPS- Getting Care Quickly: Adult and Child			
Controlling High Blood Pressure*	CAHPS- Coordination of Care: Adult and Child			
Hemoglobin A1c Control for Patients with Diabetes- HbA1c Poor Control (>9%) lower is better*				

- Utilize both Child and Adult CAHPS scores.
  - To calculate performance, average scores
- 2. Maintain program funding methodology at ten percent (10%) of professional capitation (base rate only).
- 3. Adopt IHA scoring methodology to assess overall quality rating score based on performance for each HN.
  - Attainment and Improvement score calculated for each measure. The better of the two scores is used.

# CalOptima Health Measurement Year (MY) 2024 Medi-Cal and OneCare Pay for Value Programs

- Scoring
  - Attainment Points
    - o Scale of 0-10 points
    - O Points based on performance between 50<sup>th</sup> percentile and 95<sup>th</sup> percentile.

$$0 \quad 1 + \left(\frac{(MY2022 Rate - 50th Percentile)}{((MY2022 Rate - MY2021 Rate)/9)}\right)$$

- Improvement Points
  - o Scale of 0-10 points
  - o Points reflect performance in the prior year compared to the current year.

```
O \left(\frac{(MY2022 Rate-MY2021 Rate)}{((95th Percentile-MY2021 Rate)/10)}\right)
```

- National Committee for Quality Assurance (NCQA) Quality Compass National Medicaid percentiles used as benchmarks.
- Measure weighting
  - HEDIS measures weighted 1.0
  - CAHPS measures weighted 1.5
- Performance incentive allocations will be distributed upon final calculation and validation of and each health network's performance.

# CalOptima Health Measurement Year (MY) 2024 Medi-Cal and OneCare Pay for Value Programs

#### OneCare Pay for Value Program (P4V)

The OneCare P4V program focuses on areas with the greatest opportunity for improvement and incentivizes performance on select Centers for Medicare and Medicaid Services (CMS) Star Part C and Part D measures. Measures are developed from industry standards including HEDIS, CAHPS member experience, and Pharmacy Quality Alliance. Health networks (HNs) and CalOptima Health Community Network (CCN) primary care physicians (PCPs) are eligible to participate in the OneCare P4V program.

#### Recommended for MY 2024 OneCare P4V

Alignment with the CMS Star program and the following components:

1. Utilize the following CMS Star Part C and Part D measures, measure weights, and Star thresholds as benchmarks:

Measure Category	Measure
Part C	Breast Cancer Screening
HEDIS	Colorectal Cancer Screening
	Controlling Blood Pressure*
	Comprehensive Diabetes Care – Eye Exam
	Comprehensive Diabetes Care – HbA1c Poor Control
	Kidney Health Evaluation for Patients with Diabetes
	Transitions of Care*
	Follow-Up After ED Visit for Patients with Multiple Chronic Conditions
	Plan All-Cause Readmission
Part C	Care Coordination
Member Experience	Getting Care Quickly
	Getting Needed Care
	Customer Service
	Rating of Health Plan Quality
	Rating of Health Plan
Part D	Medication Adherence for Diabetes
	Medication Adherence for Hypertension
	Medication Adherence for Cholesterol
	Statin Use in Persons with Diabetes
	Polypharmacy Use of Multiple Anticholinergic Medications in
	Older Adults
	Polypharmacy Use of Multiple Central Nervous System Active
	Medications in Older Adults
	Rating of Drug Plan
	Getting Needed Prescription Drugs

- 2. Adopt IHA scoring methodology to assess overall quality rating score based on performance for each HN
  - Attainment and Improvement score calculated for each measure. The better of the two scores is used.

# CalOptima Health Measurement Year (MY) 2024 Medi-Cal and OneCare Pay for Value Programs

- Scoring
  - Attainment Points
    - o Scale of 0-10 points
    - o Points based on performance between 50<sup>th</sup> percentile and 95<sup>th</sup> percentile.
    - $0 \quad 1 + \left(\frac{(MY2022 \, Rate 50th \, Percentile)}{((MY2022 \, Rate MY2021 \, Rate)/9)}\right)$
  - Improvement Points
    - o Scale of 0-10 points
    - o Points reflect performance in the prior year compared to the current year.
    - $O \left(\frac{(MY2022 Rate-MY2021 Rate)}{((95th Percentile-MY2021 Rate)/10)}\right)$
- National Committee for Quality Assurance (NCQA) Quality Compass National Medicaid percentiles used as benchmarks.
- Measure weighting
  - HEDIS process measures weighted 1.0
  - CAHPS measures weighted 2.0
  - Outcome measures weighted 3.0
- Performance incentive allocations will be distributed upon final calculation and validation of and each health network's performance.
- 3. Apply a program funding methodology of \$20 PMPM