

# CalOptima Community Grants

Impact of Awarding Intergovernmental Transfer (IGT)  
Grant Funding to Community Organizations

December 2021



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# CalOptima Community Grants

## Impact of Awarding Intergovernmental Transfer (IGT) Grant Funding to Community Organizations for 12 Projects

Summaries of activity from grant inception to June 30, 2021. Some organizations have slightly different reporting periods. Most grants continue through 2022 or beyond.

	<b>Adult Dental Grant</b> <ul style="list-style-type: none"><li>Korean Community Services' Adult Oral Care Access</li></ul>	2
	<b>Children's Dental Grants</b> <ul style="list-style-type: none"><li>Coalition of Orange County Community Health Centers' Mouths Matter</li><li>Healthy Smiles for Kids of Orange County's Full Cycle Dentistry</li></ul>	3
	<b>Children and Families' Food Distribution Grant</b> <ul style="list-style-type: none"><li>Serve the People's OC Food Oasis Partnership</li></ul>	5
	<b>Integrate Children's Mental Health Services Into Primary Care Settings Grants</b> <ul style="list-style-type: none"><li>CHOC Children's Expanding Mental Health Access Project</li><li>Friends of Family Health Center's Healthy Steps</li></ul>	7
	<b>Medication-Assisted Treatment Grant</b> <ul style="list-style-type: none"><li>Coalition of Orange County Community Health Centers' MATCONNECT</li></ul>	9
	<b>Outpatient Children's Mental Health Services Grants</b> <ul style="list-style-type: none"><li>Boys &amp; Girls Clubs of Garden Grove's Teen Mental Health Leadership Project</li><li>Children's Bureau of Southern California's Children's Mental Health Access Collaborative</li><li>Jamboree Housing's Children's Behavioral Health Peer Navigation Collaboration</li><li>Orange County Asian &amp; Pacific Islander Community Alliance's Asian and Pacific Islander Project HOPE</li></ul>	10
	<b>Primary Care Services and Programs Addressing Social Determinants of Health Grant</b> <ul style="list-style-type: none"><li>Santa Ana Unified School District's Family and Community Engagement (FACE) Wellness Centers</li></ul>	14



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# Adult Dental Grant

## CalOptima Grant Overview

Expanding adult dental services was identified in CalOptima's 2017–18 Member Health Needs Assessment. As a result, CalOptima's Board of Directors allocated grant funds (totaling \$1.0 million) to improve access for adult dental services and provide outreach. The grant includes partnership/collaboration with other organizations to increase the number of CalOptima members served. Additionally, it requires outreach and education as part of the program to promote awareness.

Following a competitive process, CalOptima's Board of Directors approved in 2019 the grant award to Korean Community Services (KCS) Health Center.

CalOptima's grant requirements include:

- Expand availability of dental services/treatment at health centers and/or mobile units with medical care integration for comprehensive health care.
- Ensure provider/staff capacity to perform assessment and restorative dental services and help link care for CalOptima members.
- Expand availability of dental services to nontraditional evening and weekend hours.
- Establish collaboration with community clinics/resources for specialized dental care.

## KCS' Adult Oral Care Access Project Overview

The \$1 million grant to KCS was originally for one year, but CalOptima Board of Directors granted an extension through October 2021\* due to the impact of COVID-19. The adult dental project focuses on building a collaborative to increase access to and use of dental services by adult and senior CalOptima members and integrating oral health services with primary care. The integration of MECCA as part of the project supports mobile sites in partnering with Multi-Ethnic Collaborative of Community Agencies (MECCA) community-based organizations (CBO) locations. Due to the urgent need for dental services after standard business hours, the project extends the hours of operation to nontraditional hours at KCS Health Center and Southland Integrated Services Inc. This project increases culturally inclusive access for Farsi, Arabic, Spanish, Khmer, Mandarin, Vietnamese and Korean speakers. It strengthens dental collaboration between several ethnic CBOs and community health centers in Orange County, connecting hard-to-reach members to quality dental care integrated with primary health care.

Integration of MECCA with the Federally Qualified Health Center Adult Oral Care Access in Mobile and Nontraditional Delivery Modalities' primary objectives include:

- Engage a fully equipped mobile van by building program infrastructure and building the physical exam rooms for a mobile van dental program.
- Create four mobile dental sites at each partner CBO and one mobile dental site at a senior center.
- Provide outreach and education through delivery of materials, seminars and learning sessions.
- Open the dental program for nontraditional hours, such as after work and on weekends.
- Contract with in-language oral surgeons and specialty dental providers to provide specialty dental care to CalOptima members.

### From inception to June 30, 2021, the project has:

- ✓ Recruited and hired an entire dental staff (dentist, dental director and dental assistant) who are credentialed and Medi-Cal approved.
- ✓ Provided mobile dental services at Cambodian Family, Orange County Asian and Pacific Islander Alliance, and homeless shelters in Buena Park and Santa Ana.
- ✓ Made progress with returning to pre-COVID hours, which are Tuesday–Friday from 11 a.m. to 7 p.m. and Saturdays from 9 a.m. to 5 p.m.

\*A request for a no-cost extension is pending.



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# Children's Dental Grant

## CalOptima Grant Overview

Improving children's access to dental services was identified in CalOptima's 2017–18 Member Health Needs Assessment. As a result, CalOptima's Board of Directors allocated grant funds (totaling \$1 million) to expand access to children's dental services and provide outreach to help decrease the number of children who have not seen a dentist within the past 12 months.

Following a competitive process, CalOptima's Board of Directors approved in 2019 two grant awards:

1. Coalition of Orange County Community Health Centers (COCCHC) and
2. Healthy Smiles for Kids of Orange County (HSFK).

CalOptima's grant requirements include:

- Provide mobile dental outreach at schools with preventative and restorative treatment/services as well as outreach and education.
- Assist children/families with establishing a dental home close to their homes for regular and emergency dental care.
- Provide or partner with other community dental providers to ensure children receive restorative services in addition to exams and screenings as needed.
- Integrate dental care and early childhood medical care through referrals for well-check visits

## 1. COCCHC's Mouths Matter: Establishing a Dental Home for All Children Project Overview

The \$500,000 grant for COCCHC's Mouths Matter three-year project (until September 2022) expands pediatric dental services by serving at least 5,000 CalOptima children annually with preventative and restorative dental care. The project staffs a three-chair mobile dental unit to operate throughout Central, North and West Orange County at schools and community-based organizations in high-need service areas. The collaborative work enables five federally qualified health centers (FQHCs) and FQHC Look-Alikes to offer a dental home with regular and emergency care for children and families. Because mobile dental services are provided where the health centers are located, the project addresses access barriers while increasing rates of treatment completion through a seamless system of follow-up care. Dental services are integrated with medical care at the health centers for well-check visits.

Mouths Matter's primary objectives include:

- Expand access to oral health care for CalOptima children and adolescents through mobile dental

services, outreach and education at a minimum of 15 schools and community sites throughout Central, North and West Orange County.

- Increase the number of children and adolescents receiving primary and secondary preventative dental services by at least 5,000 CalOptima children and adolescents annually, delivering oral health education, screenings, exams, dental cleanings and fluoride varnish application.
- Increase the provision of oral health intervention by at least 50% of eligible CalOptima children and adolescents receiving dental sealants on one or more molar teeth.
- Increase compliance rates for dental treatment by at least 38% of CalOptima children and adolescents in need of restorative care completing their treatment plans within 12 months from diagnosis.
- Strengthen the integration of oral health into primary medical care by establishing dental homes with five community health centers and providing a direct connection for at least 2,500 CalOptima children and families to the health centers for well-check visits.



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### From inception to June 30, 2021, Mouths Matter has:

- ✓ Finalized (or is close to finalizing) agreements with eight Orange County school districts for dental services in fall 2021.
- ✓ Provided preventive and restorative dental treatment, and oral education at fixed dental clinics to 4,339 CalOptima members.
- ✓ Helped 60% of CalOptima members complete their treatment plan within 12 months of diagnosis, in the most recent quarter.

## 2. HSFK's Full Cycle Dentistry Project Overview

The \$500,000 grant for HSFK's two-year Full Cycle Dentistry project (until January 2022) provides preventive (screenings, dental cleanings, fluoride, sealants) and restorative treatment (fillings and cavity treatment) to CalOptima children at schools, primary care clinics and community sites. HSFK refers children who require advanced restorative treatment (such as treatment under general anesthesia) to their traditional clinics in Garden Grove and at CHOC Children's. All facets of the program start with education and parent outreach, where families can learn about oral health hygiene and the connection between oral health and overall health. By providing services to children at their schools and in their own communities, the goal is to stop the cycle of dental decay by eliminating barriers, such as parent work schedules and lack of reliable transportation.

Full Cycle Dentistry's primary objectives include:

- Provide preventive services to 6,300 children (12,638 encounters) at schools, primary care offices and community sites, which helps resolve the transportation barriers facing many CalOptima members.
- Expand the Healthy Smiles' Mobile Prevention/ Restorative program, providing 4,945 clinical encounters for children with transportation barriers who are unable to visit a traditional dental clinic.
- Provide educational services to 50,000 children and families.
- Link 2,177 children through the Care Coordination team to dental homes, including the mobile restorative sites, the Healthy Smiles Clinic in Garden Grove or partner providers.

### From inception to July 31, 2021\*, Full Cycle Dentistry has:

- ✓ Provided 2,078 preventative encounters and 847 restorative encounters.
- ✓ Educated 4,545 children and families at virtual events, food distributions, drive-thru resource fairs and other locations.
- ✓ Helped 31% of children with urgent decay get linked to a dental home within 72 hours and 82% of children diagnosed with cavities connect to a dental home within 10 days, for the most recent quarter.

*\*Grantee has different reporting period*

# Children and Families' Food Distribution Grant

## CalOptima Grant Overview

Expanding access and food distribution for children and families was identified in CalOptima's 2017–18 Member Health Needs Assessment. As a result, CalOptima's Board of Directors allocated grant funds (totaling \$1.0 million) to help address the unmet need for food access and assistance for Orange County Medi-Cal members.

Following a competitive process, CalOptima's Board of Directors approved in 2019 one grant award to Serve the People (STP).

CalOptima's grant requirements include:

- Target services to CalOptima children and families in the areas of greatest need to help them access healthier food options, such as fresh fruits, vegetables and other groceries. Services should address health conditions in CalOptima members (e.g., diabetes, obesity, hypertension, etc.).
- Increase access to culturally and ethnically appropriate food options.
- Provide simple recipes and education to help families learn to prepare nutritious meals on a limited budget.
- Provide take-home meals for children and families who may not have access to cooking facilities.
- Provide outreach and education about available food distribution service programs and ensure connection to services.
- Serve a minimum of 64,000 meals (or equivalent) to CalOptima members.
- Enroll CalOptima members in food distribution programs.

## STP's OC Food Oasis Partnership Project Overview

The \$1.0 million grant for OC Food Oasis Partnership helps address the unmet need of food access and assistance for CalOptima members by establishing a sustainable, food-focused partnership. The grant was originally projected for 18 months; however, the grantee requested and received approval for a no-cost extension due to the impact of COVID-19. The partnership expands mobile food distribution to five Federally Qualified Health Center (FQHC) sites as well as shelters that serve individuals who are homeless. Strategies include healthy food and meal distribution, nutrition education, a "food as medicine" prescription food box program for people with chronic diseases, and demonstrations on healthy food preparation and cooking. In addition, linking outreach and case management to food distribution services establishes a system to address social determinants of health (SDOH). The program serves low-income children, families and individuals who are homeless from diverse racial and ethnic communities and integrates into the FQHCs' scope of services. The program seeks

to distribute 64,400 meals to people in areas of high need.

OC Food Oasis Partnership's primary objectives include:

- Establish a rotating schedule of weekly and biweekly mobile food distribution that provides 360 mobile food pantry visits to collaborative homeless service providers and FQHCs, totaling 36,000 meals over the duration of the project.
- Operate mobile kitchens to engage 740 CalOptima members in learning healthier food preparation using food pantry ingredients while providing an additional 18,000 hot meals for the duration of the project.
- Serve a projected 576 CalOptima members 10,400 individualized prescription food boxes, enabling individuals to gain access to healthy foods that are part of chronic disease self-management.
- Integrate a program addressing SDOH within the five FQHCs.
- Provide 430 CalOptima member households (1,720 individuals) with prescription food boxes delivered to their homes when someone tests positive for COVID-19 in their household.



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**From inception to June 30, 2021, OC Food Oasis Partnership has:**

- ✓ Purchased the mobile pantry, hired a project manager, fielded the PREPARE Toolkit, used the advisory committee for support in the PREPARE Toolkit's development, and secured resources for patients related to their SDOH.
- ✓ Provided 18,687 boxes of food, with an estimated 4,681 boxes going to STP patients who are CalOptima members.
- ✓ Developed boxes for home delivery to COVID-19-positive patients' homes that contain items to support immune response, such as vitamins C and D, and personal protective equipment, such as face masks, sanitizers and pulse oximeters.



# Integrate Children's Mental Health Services Into Primary Care Settings Grants

## CalOptima Grant Overview

Integrating children's mental health services into primary care settings was identified in CalOptima's 2017–18 Member Health Needs Assessment. As a result, CalOptima's Board of Directors allocated grant funds (totaling \$4.85 million) to expand access and availability of mental health services for children. It includes partnership/collaboration with other organizations to increase the number of CalOptima members served.

Following a competitive process, CalOptima's Board of Directors approved in 2019 two grant awards:

1. CHOC Children's and
2. Friends of Family Health Center (FOFHC).

CalOptima's grant requirements include:

- Integrate outpatient mental health services into pediatric primary care settings where children receive their day-to-day health care services from a doctor, nurse practitioner or physician assistant.
  - » Include behavioral health providers in clinics and/or other settings where children receive health care services.
    - Provide culturally sensitive and competent services.
    - Provide services in member's preferred language.
  - » Provide efficient and immediate access to mental health consultation.
    - Ensure service availability and follow-up visits with the assistance of a Health Navigator or scheduling coordinator for the children/parents.
- Provide outreach, engagement and education to reduce the stigma of mental illness among parents, school personnel and others.

## 1. CHOC Children's Expanding Mental Health Access Project Overview

The \$4.25 million grant was originally for three years, but CalOptima's Board of Directors granted an extension through September 2023 due to the impact of COVID-19. The project is a tiered structure of integrated children's mental health services, supports and education to move CalOptima closer to a cohesive, countywide system of fully integrated pediatric care. Mental health screenings, embedded mental health services, telehealth and resources for members are being established in clinics served by CHOC Medical Group (CMG). Other practices in CHOC's Primary Care Network (PCN) are conducting mental health screenings and providing access including embedded services. Additional practices in CHOC Health Alliance are receiving on-site training to build their capacity to assess and respond to mental health needs. Finally, CHOC Children's

provides regular trainings tailored to the needs of CalOptima's providers, schools and community organizations to build knowledge of children's mental health, reduce stigma and improve access.

Expanding Mental Health Access and Knowledge in Pediatric Primary Care and Community Settings' primary objectives include:

- Fully integrate mental health services into the day-to-day operations of five primary care clinics in the cities of Orange, Garden Grove and Santa Ana that are served by CMG. Screen 60% of CalOptima's well-child visit patients from age 2–18 by the end of the project.
- Build the mental health-related capacity of three other CHOC PCN practices: Pediatric and Adult Medicine, Sea View Pediatrics and Southern Orange County Pediatric Associates, for a total of 19 locations serving 14,500 CalOptima members.



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## Integrate Children's Mental Health Services Grants (continued)

- Build the capacity of additional CHOC Health Alliance practices (185 practices at approximately 450 locations) by providing mental health-related training and practice improvement coaching through quarterly visits by existing Quality Improvement Advisors to benefit CalOptima members age 2–18.
- Provide pediatric mental health training on topics relevant to children, teens and young adults at various locations throughout the county. Provide training a minimum of three times per year for the three-year period and make it available to all CalOptima primary care providers.
- Provide pediatric mental health training for school personnel (administrators, nurses, counselors and teachers) and community members on topics relevant to child, teen and young adult mental health at schools and other community locations throughout the county a minimum of 10 times per year for the three-year period.

### From inception to June 30, 2021, CHOC Children's has:

- ✓ Provided service to 7,017 members.
- ✓ Hired and onboarded 3.5 FTE (full-time equivalent) psychologists.
- ✓ Trained CMG providers on the use of CHOC's telehealth psychiatry consultation line.
- ✓ Offered a comprehensive Vicarious Trauma Conference to community providers, which also included the impact of racial trauma on both providers and patients as it relates to Adverse Childhood Experiences (ACEs).
- ✓ Held approximately 50 school trainings for parents, educators, administrators and counseling staff covering a variety of mental health topics.
- ✓ Maintained a Mental Health webpage: [www.choc.org/mental-health/mental-health-toolkit](http://www.choc.org/mental-health/mental-health-toolkit)

## 2. FOFHC's Healthy Steps Project Overview

The \$600,000 grant for FOFHC's project which ended in September 2021\* was an evidence-based, interdisciplinary pediatric primary care program designed to promote nurturing parenting and healthy development for young children. A Healthy Steps Specialist (a member of the FOFHC behavioral health staff and a child development professional)

connected with families during well-child visits as part of the primary care team. This professional is referred to as a Healthy Steps Specialist to avoid the stigma associated with mental health services. As part of project, the Healthy Steps Specialist offered screening and support for common and complex concerns that physicians may identify within the child or family, including, for example, feeding, behavior, sleep, attachment, depression, anxiety, social determinants of health, and adapting to life with a baby, young child or multiple children. Specialists provided families with parenting guidance, behavioral health counseling and support, referrals, and care coordination, all specific to their needs. Services were organized according to three tiers based on a risk assessment conducted by the Healthy Steps Specialist in consultation with the physician.

Healthy Steps' primary objectives include:

- Enroll 350 families and provide screenings for child development, socio-emotional needs and behavioral health as well as social determinants of health.
- Provide 375 pediatric patients and 250 families with child development and behavior consultations, care coordination and systems navigation, positive parenting guidance and information, and community-based resources.
- Counsel 150 individuals and families on behavioral health issues, totaling more than 1,200 sessions.
- Develop 125 individualized intervention plans.
- Show improvement in behavioral health metrics using standardized assessment tools (e.g., PHQ-9, GAD-7) among 80% of Tier Three service recipients.

### From inception to June 30, 2021, Healthy Steps has:

- ✓ Screened 2,485 pediatric patients for behavioral health issues (child development, socio-emotional needs and behavioral health as well as social determinants of health).
- ✓ Found 393 pediatric patients with a positive screening for behavioral health issues and referred them for further assessment and treatment services.
- ✓ Held 4,415 individual or family sessions with FOFHC's behavioral health providers/Healthy Steps team.

\*A final report is pending details with final outcomes.

# Medication-Assisted Treatment Grant

## CalOptima Grant Overview

Increasing access to medication-assisted treatment (MAT) was identified in CalOptima's 2017–18 Member Health Needs Assessment. As a result, CalOptima's Board of Directors allocated grant funds (totaling \$6.0 million) to address the growing issue of opioid and other substance overuse among Orange County Medi-Cal members. The MAT grant funds are from the Intergovernmental Transfer program. Grant funds can be used for infrastructure and operations but not for reimbursement of MAT services; providers seeking reimbursement should follow regular payor billing processes.

Following a competitive process, CalOptima's Board of Directors approved in 2019 the grant award to the Coalition of Orange County Community Health Centers (COCCHC).

MAT is the use of FDA-approved medications for alcohol and opioid use disorder, in combination with counseling and behavioral therapies, to provide a "whole-patient" approach to the treatment of substance use disorders (SUD).

CalOptima's grant requirements include:

- Implement or expand an evidence-based MAT program that supports recovery and health improvement for CalOptima members including:
  - » A holistic and patient-centered approach with behavioral and physical health services to CalOptima members with SUD, including management of members overall care coordination.
  - » Oversight and prescribing of FDA-approved medications with pain management services integrated into care.
  - » Availability of providers/staff trained and certified to deliver appropriate services.
  - » A partnership with the Orange County Health Care Agency's Drug Medi-Cal Organized Delivery System (DMC-ODS) for referrals and collaboration.
  - » A collaborative and culturally appropriate campaign to address stigma and provider bias.

## COCCHC's MATCONNECT Project Overview

The \$6.0 million grant for COCCHC's MATCONNECT project three-year project (through September 2022) addresses the opioid epidemic in Orange County through a collaboration among COCCHC, as the lead agency, Community Health Centers (CHCs), DMC-ODS providers, UCI School of Medicine, Providence St. Joseph Health System, Multi-Ethnic Collaborative of Community Agencies (MECCA) and Solace Foundation. A list of participating CHCs is below.














MATCONNECT's primary objectives include:

- Have 10 CHCs trained and capable of providing MAT services.
- Build capacity and sustain 10,000 additional referrals through the DMC-ODS Beneficiary Access Line, resulting in 2,400 MAT enrollments at the MAT CHCs.
- Outreach to 30,000 contacts for the anti-stigma campaign.
- Explore mobile and telehealth service options to break down access barriers and use alternative treatment plans for MAT.


### From inception to June 30, 2021, MATCONNECT has:

- ✓ Served 1,528 patients, with a total of 5,215 MAT visits. More than 90% of these patients were CalOptima members.
- ✓ Supported 33 providers in receiving X-Waiver training, enabling them to actively prescribe MAT medications.

### MATCONNECT Participating CHCs, as of June 30, 2021

Families Together of Orange County	  
Hurtt Family Health Clinic	 
Korean Community Services	  
Serve the People	
Share Our Selves	
Southland Integrated Services Inc.	
UCI Health	 

 MAT for adolescents

 MAT for pregnant women

 MAT for adults



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# Outpatient Children's Mental Health Services Grants

## CalOptima Grant Overview

Expanding access to outpatient children's mental health was identified in CalOptima's 2017–18 Member Health Needs Assessment. As a result, CalOptima's Board of Directors allocated grant funds (totaling \$4.85 million) to help address the growing issue of children's mental health among CalOptima members. The grant is for outpatient children's mental health services that include partnership/collaboration with other organizations to increase the number of CalOptima members served.

Following a competitive process, CalOptima's Board of Directors approved in 2019 four grant awards:

1. Boys & Girls Clubs of Garden Grove (BGCGG),
2. Children's Bureau of Southern California (CBSC),
3. Jamboree Housing Corp. and
4. Orange County Asian & Pacific Islander Community Alliance Inc. (OCAPICA).

CalOptima's grant requirements include:

- Create/expand school or resource center-based mental health services for children.
  - » Focus on early intervention programs.
  - » Provide mental health services to children directly on-site, in-home and/or in co-located sites.
  - » Identify/establish a partnership with school resources/personnel at the local schools, school district and/or family resource centers.
- Provide program services (e.g., mental health and wellness, empowerment, in-home, outpatient, and/or support services, etc.) for children that include the following:
  - » Use an integrated model with community health workers.
  - » Provide age and culturally appropriate mental health and educational services.
  - » Provide services to CalOptima members.
  - » Provide services in CalOptima's threshold languages that are culturally and linguistically appropriate.
  - » Provide additional support services to children and their families to help promote stability and success.
  - » Serve a minimum of 10% or more of the target population described.
- Target vulnerable populations, such as children with Adverse Childhood Experiences (ACEs) and children experiencing homelessness, violence, abuse or other traumatic experiences.
- Provide outreach, engagement and education to reduce stigma against mental illness among parents and school personnel.

## 1. BGCGG's Teen Mental Health Leadership Project Overview

The \$325,000 grant for BGCGG's Teen Mental Health Leadership's three-year project (through September 2022) aims to reduce stigma, increase coping skills and triage mental health care by providing prevention, intervention and connection to direct services. Teens are trained to be mental health first responders via a six-session mental

health literacy curriculum about stigma, mental health illness, coping skills, seeking help and overall mental health wellness. The peer first responders provide community support and become connectors to providers. Parental engagement to bridge the generational gap of understanding mental health is provided via the Youth Mental Health Task Force, which offers bimonthly seminars and an annual conference targeting the Vietnamese community.



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## Outpatient Children's Mental Health Services Grants (continued)

Teen Mental Health Leadership's primary objectives include:

- Enroll 300 teens to participate in the Teen Mental Health Leadership program and have them attend at least three sessions.
- Distribute information to 700 community members about the Teen Mental Health Leadership program.
- Show that 80% of the Teen Mental Health Leadership program participants demonstrate a five-points education gain based on pre/post testing, and 50% inquire or have assisted their peers in inquiring about mental health resources or services.
- Engage 300 parents or older adults to bridge the generational gap of understanding mental health.
- Demonstrate engagement and educational gain in 60% of parents or older adults in understanding mental health and community resources.

### **From inception to June 30, 2021, Teen Mental Health Leadership has:**

- ✓ Enrolled/registered 157 students in teen mental health workshops/series facilitated through Zoom.
- ✓ Planned a community engagement meeting under the OC Mental Health Services Act for Vietnamese- and Spanish-speaking populations, with 175 community members and 25 community partners in attendance.
- ✓ Engaged more than 313 adults through workshops, groups and outreach events.

## 2. CBSC's Children's Mental Health Access Collaborative Project Overview

The \$3,390,000 grant to CBSC is for a 2.5-year project (through May 2022) collaborative initiative to enhance access to and increase coordination of children's mental health services. The collaborative consists of the following organizations: Children's Bureau, Child Guidance Center, Western Youth Services (WYS) and the Multi-Ethnic Collaborative

of Community Agencies (MECCA), which includes Abrazar, Access California Services, Korean Community Services, OMID, Children's Therapeutic Arts Center, Southland Integrated Services Inc. and The Cambodian Family. Activities will include access coordination, outreach, peer support, systems integration, and culturally competent outreach curricula development and implementation.

The Collaborative touches a majority of CalOptima members in need of children's mental health services through its extensive network of community-based outpatient therapy locations, school-based sites, all Families and Communities Together (FaCT) Family Resource Centers, as well as all MECCA sites. Key existing relationships with school districts in North, Central and South Orange County further extend this reach, supporting community-school-clinic integrated access. The Collaborative links to CHOC Children's primary care providers, The Safety Net Foundation and American Academy of Pediatrics-Orange County Chapter integration efforts.

Children's Mental Health Access Collaborative's primary objectives include:

- Complete community mental health outreach sessions in all threshold languages for at least 5,811 parents of CalOptima members from age 0–18 and 3,874 CalOptima members from ages 12–18.
- Complete 15,969 mental health screenings for at least 8,000 unduplicated CalOptima members from age 0–18.
- Provide mental health treatment services to an additional 5,537 CalOptima members from age 0–18.
- Implement a Children's Mental Health Toolkit and make it available to parents.
- Complete system changes that result in sustained improvement of the children's mental health system.

## Outpatient Children's Mental Health Services Grants (continued)

### **From inception to May 31, 2021\*, Children's Mental Health Access Collaborative has:**

- ✓ Reached an estimated 15,546 CalOptima members through outreach, screenings, trainings and mental health linkages.
- ✓ Supported MECCA in providing mental health training services to 1,924 CalOptima parents and teens, with 114 parents and 79 teens being reached in the most recent quarter.
- ✓ Provided 2,984 screenings to CalOptima members age 0–18 years, with 1,095 of those screenings being completed in the most recent quarter through two large-scale screening events at Santiago Middle School and Cypress High School, as well as access coordination, early childhood mental health interventions, Patient-Child Care (PC-CARE) and Clinical Peer Support Specialist services.
- ✓ Linked 643 CalOptima members to mental health treatment, with 147 of those linkages being made in the most recent quarter.

*\*Grantee has different reporting period*

### **3. Jamboree Housing's Children's Behavioral Health Peer Navigation Collaboration Project Overview**

The \$450,000 grant to Jamboree Housing was for a two-year project, which ended September 2021, for collaboration with Child Guidance Center (CGC) to provide accessible behavioral health services for children and families living at Jamboree's Clark Commons affordable housing property in Buena Park who are current CalOptima members. The project provided services at the community resource center located on-site at Clark Commons for residents of the surrounding community. The program used a peer navigation model to help reduce the stigma surrounding behavioral health challenges. Under this model, a behavioral health team that included, not only clinically trained and culturally competent treatment professionals, but also "peer navigators" with real life experiences. The goal was to improve the emotional and behavioral functioning of low-income children, teens and their families through on-site access to resources and services, improving their housing outcomes and overall well-being.

Primary objectives for Children's Behavioral Health Peer Navigation included:

- Provide behavior management services to at least 25 children per year to improve family functioning and emotional well-being.
- Provide social behavior management group services to at least 25 tweens/teens per year to reduce risky behaviors.
- Provide at least 25 parenting classes/workshops to 50 adults per year, helping to promote increased awareness and use of parenting tools.
- Link at least 100 community members per year to CalOptima and CGC services through Peer Navigators.
- Coordinate or present at 25 events per year to reduce stigma and educate community members about CalOptima and CGC services through Peer Navigators.

### **From inception to June 30, 2021\*, Children's Mental Health Access Collaborative has:**

- ✓ Provided 20 children with behavior management services in the first year and another 25 were seen in the second year.
- ✓ Offered 19 days of teen programming that included Teen Friday, guitar class and mental health workshops, bringing in 158 participants (all CalOptima members).
- ✓ Welcomed 31 CalOptima members at least one of the seven adult workshops (mental health, physical health or community-requested), in the most recent quarter.

*\* A final report is pending details with final outcomes.*

### **4. OCAPICA's Asian and Pacific Islander (API) Project HOPE Overview**

The \$685,000 grant for OCAPICA's API Project HOPE for a three-year project (through September 2022) provides culturally competent and linguistically appropriate mental health and wellness services in the different Asian and Pacific Islander (API) languages. The services include outreach and education to promote mental health awareness, healthy social activities, educational trainings, resource referrals and linkages, short-term counseling, and rehab/case management to connect CalOptima members to services.



## Outpatient Children's Mental Health Services Grants *(continued)*

API Project HOPE's primary objectives includes:

- Increase knowledge, skills and awareness of mental illness and wellness to 1,500–2,000 community members.
- Decrease the stigma of receiving mental health services and promote wellness recovery to 500–800 children, youth, young adults, family members and community providers.
- Ensure and improve service delivery as well as to empower participants in identifying their needs for 500–800 children, youth, young adults and family members.
- Provide new or stronger skills and understanding about mental wellness and healthy coping skills to 150–200 children, youth and young adults and family members.
- Ensure participants have a larger support system and foster positive relationships with their communities for 150–200 children, youth, young adults and family members.

**From inception to June 30, 2021, API Project HOPE has:**

- ✓ Reached 2,759 people through outreach and engagement activities.
- ✓ Provided consultations and presentations to reduce the stigma of mental illness and promote well-being to 2,413 community members of all ages.
- ✓ Shared information about resources with 2,710 community members.
- ✓ Delivered case management, rehabilitation (skill-building), parent support and counseling services or a combination of services to 199 individuals.
- ✓ Had 125 clients either graduate from API Project Hope after having met their wellness plan goals or successfully link to more appropriate programs based on needs.



# Primary Care Services and Programs Addressing Social Determinants of Health Grant

## CalOptima Grant Overview

Expanding access to primary care services and programs addressing social determinants of health was identified in CalOptima's 2017–18 Member Health Needs Assessment. As a result, CalOptima's Board of Directors allocated grant funds totaling (\$1.4 million) for primary care services and programs addressing social determinants of health, including partnership/collaboration with other organizations to increase the number of CalOptima members served. The grantee will also provide outreach and education as part of their program to promote awareness.

Following a competitive process, CalOptima's Board of Directors approved in 2019 one grant to Santa Ana Unified School District (SAUSD).

CalOptima's grant requirements include:

- Establish and/or operate school-based wellness centers where family, staff and community partners collaborate to align resources.
- Partner with health clinics, which allows for intake of school referrals and follow-up care.
- Provide health assessments/screenings on school campuses and health care education for families.
- Determine social needs of children and demonstrate how children will get linked to the services that they need.
- Provide community health workers/navigators to connect student/families to services.

## SAUSD's Family and Community Engagement (FACE) Wellness Centers Project Overview

The \$1.4 million SAUSD three-year FACE Wellness Center project (through September 2022) is designed to expand access to primary care services and provide program support through 57 Wellness Centers established across all SAUSD school K–12 sites. All FACE Wellness Centers are staffed with bilingual FACE community personnel. FACE liaisons and community workers cooperate with service providers, health care professionals and local clinics to establish and coordinate on-site health education, health care delivery and referrals as well as CalOptima enrollment. Available translation services eliminate language barriers. Service providers, health care professionals and local clinics conduct services within the centers that are located within walking distance from the homes of families in Santa Ana.

FACE Wellness Centers' primary objectives include:

- Increase access to health care and enroll at least 5,000 individuals per year.

- Provide health education for at least 100 people at each Wellness Center, totaling 5,700.
- Connect a minimum of 75 participants (4,275 total) within each local school community to CalOptima health care services.
- Provide a minimum of one community awareness event at each center.
- Provide a minimum of two trainings per year for staff at each center.

### From inception to June 30, 2021, FACE Wellness Centers have:

- ✓ Provided CalOptima/Medi-Cal information and referrals to 10,503 families.
- ✓ Made 22,240 total health referrals (9,874 for physical health and 1,863 for mental health).
- ✓ Implemented a new data tracking system for all 36 FACE workers (All FACE Workers are now FACE Liaisons) and FACE liaisons that includes 22,240 different points of contact to help families.



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