



# Health Risk Assessment



A Health Risk Assessment is an important part of your health care. Your answers to the questions about your health will help us better understand your needs. Once you complete your Health Risk Assessment, it will take at least 8 weeks to process your no-cost \$25 gift card. This program may end at any time without notice.

Get a no-cost  
**\$25**  
gift card  
for completing  
your Health Risk  
Assessment!

## How to qualify for the no-cost gift card:

- 1** You must be an eligible CalOptima Health OneCare (HMO D-SNP), a Medicare Medi-Cal Plan, member.
- 2** Complete your Health Risk Assessment between January 1, 2024, and December 31, 2024.
- 3** CalOptima Health will take care of the rest. There is NO form to submit!

If you have any questions, call OneCare Customer Service toll-free at **1-877-412-2734** (TTY **711**) 24 hours a day, 7 days a week. We have staff who speak your language. Visit us at **[www.caloptima.org/HealthRewards](http://www.caloptima.org/HealthRewards)** for more information about this health reward.

***Disclaimer:** You must meet **all** health reward eligibility requirements to qualify for the gift card. It takes at least 8 weeks after you complete the survey to process your gift card. The gift card cannot be used to purchase alcohol, tobacco or firearms. The gift card has no cash value, and CalOptima Health is not responsible if it is lost or stolen. You may only receive 1 gift card per calendar year for this health reward. Gift cards are available while supplies last. This program may end at any time without notice. OneCare (HMO D-SNP), a Medicare Medi-Cal Plan, is a Medicare Advantage organization with a Medicare contract. Enrollment in OneCare depends on contract renewal. OneCare complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. Call OneCare Customer Service toll-free at **1-877-412-2734** (TTY **711**), 24 hours a day, 7 days a week. Visit us at **[www.caloptima.org/OneCare](http://www.caloptima.org/OneCare)**.*