



Annual Wellness Visit

Your Annual Wellness Visit is an important part of your health care. As a CalOptima Health Medi-Cal member, you can get your Annual Wellness Visit at no cost. During the visit, your doctor will review your medical history, go over any risks to your health and make a plan to help keep you healthy.



How to qualify for the no-cost gift card:

- 1** You must be an eligible CalOptima Health Medi-Cal member age 45 or older.
- 2** Complete your Annual Wellness Visit and a Social Determinants of Health Assessment with your doctor between January 2025 and December 2025.
- 3** CalOptima Health will take care of the rest. There is NO form to submit!

Once we get the claim from your doctor, it will take at least 8 weeks to process your \$50 gift card. This program may end at any time without notice.

Visit us at www.caloptima.org/HealthRewards for more information about this health reward.



You do not need to send this flyer back to CalOptima Health. Keep it for your personal records.

Disclaimer: You must meet **all** health reward eligibility requirements to qualify for your reward. It takes at least 8 weeks after we get the completed form or claim from your visit to process your reward. Rewards cannot be used to purchase alcohol, tobacco, firearms, gift cards or lottery tickets. Rewards have no cash value, and CalOptima Health is not responsible if they are lost or stolen. You may only be approved 1 time per calendar year for each health reward. Rewards are available while funds last. Rewards are not accessible after disenrollment from the plan. This program may change or end at any time without notice.