



Get a no-cost \$50  
gift card for having a  
postpartum checkup!

# GET YOUR POSTPARTUM CHECKUP

**Eligible CalOptima Medi-Cal members can qualify for a \$50 gift card if you follow these steps:**

**STEP  
1**

You must have had a postpartum checkup within 1–12 weeks after having your baby to qualify for the gift card.

**STEP  
2**

Fill out the other side of this form and send it to CalOptima, to get your \$50 gift card.

# Postpartum Checkup Form

## How to qualify for the no-cost member gift card:

1. Complete your postpartum checkup within 1–12 weeks after your delivery.
2. Fill out this form. **Make sure your provider or doctor stamps this form.**
3. Send the completed form to CalOptima.

## How to submit this form to CalOptima:

- **Fax:** Ask your provider to fax this form on your behalf to **714-796-6613**, or
- **Mail:** Use the enclosed stamped envelope or send to:  
CalOptima  
Attn: Health Management  
PO Box 11033  
Orange, CA 92856-9902

If you qualify, you will receive your no-cost \$50 gift card in the mail within 6-8 weeks.

**All sections must be fully completed and stamped by the provider to receive the no-cost gift card.**

Member Name:

Date of Birth:

CalOptima ID Number:

Mailing Address:

City:

State:

Zip Code:

Phone Number:

Date of Delivery	Date of Postpartum Checkup	Provider Information	Provider Stamp
		Name:	
		Phone Number:	

*Disclaimer: Please note that you must meet all incentive eligibility requirements to qualify for the gift card. Your form must be fully completed to be processed. It may take 6 to 8 weeks after we receive the completed form for you to receive your gift card. The gift cards are available while supplies last. The gift card cannot be used to purchase alcohol, tobacco or firearms. The card has no cash value, and CalOptima is not responsible if it is lost or stolen. You may only receive 1 gift card per incentive program per calendar year or qualifying event.*

