

Housing is Health



As a CalOptima Health member, you may be eligible for:

- Resources to help you find and keep housing
- Help with move-in expenses
- Help arranging your move
- Assistance working with your landlord

To learn if you are eligible

Call CalOptima Health Customer Service toll-free at **1-888-587-8088** (TTY 711) 24 hours a day, 7 days a week.

Not a CalOptima Health member?

Call the County of Orange Social Services Agency to apply for Medi-Cal at **1-800-281-9799**.

More Benefits

Day Habilitation

Help learning daily living skills needed to stay housed

Personal Care Services

Help with daily tasks, bathing, dressing, meal preparation and grocery shopping

Medically Tailored Meals

Meals that meet your dietary needs if you have a chronic condition



CalOptima Health

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Healing is Health

As a CalOptima Health member, you may be eligible for:

- A place to stay post-hospitalization during recovery (for those without homes)
- Housing navigation support
- Help for healing and recovery
- Ongoing care for medical and behavioral health conditions

To learn if you are eligible

Call CalOptima Health Customer Service toll-free at **1-888-587-8088** (TTY **711**) 24 hours a day, 7 days a week.

Not a CalOptima Health member?

Call the County of Orange Social Services Agency to apply for Medi-Cal at **1-800-281-9799**.

More Benefits

Medically Tailored Meals

Meals that meet your dietary needs if you have a chronic condition

Housing Transition Navigation

Support in navigating and securing housing

Housing Deposits

Funding to secure housing



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Support is Health

As a CalOptima Health member, you may be eligible for:

- Aid completing daily living skills, such as bathing, getting dressed and eating
- Help learning skills to navigate daily life
- Support while your caregiver is away
- Air filters and services that can improve air quality at home

To learn if you are eligible

Call CalOptima Health Customer Service toll-free at **1-888-587-8088** (TTY **711**) 24 hours a day, 7 days a week.

Not a CalOptima Health member?

Call the County of Orange Social Services Agency to apply for Medi-Cal at **1-800-281-9799**.

More Benefits

Community Transition Services

Support to keep living in the community

Environmental Accessibility Adaptations

Changes to ensure health and safety

Medically Tailored Meals

Meals that meet your dietary needs if you have a chronic condition



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Recovery is Health



As a CalOptima Health member, you may be eligible for:

- A safe, supportive environment to become sober
- Food, water and treatment for nausea
- Referrals for ongoing substance use or behavioral health services

To learn if you are eligible

Call CalOptima Health Customer Service toll-free at **1-888-587-8088** (TTY **711**) 24 hours a day, 7 days a week.

Not a CalOptima Health member?

Call the County of Orange Social Services Agency to apply for Medi-Cal at **1-800-281-9799**.

More Benefits

Day Habilitation

Help learning daily living skills needed to stay housed

Housing Deposits

Funding to secure housing

Recuperative Care

Medically supportive housing while recovering from an illness



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Food is Health

As a CalOptima Health member, you may be eligible for:

- Healthy meals or grocery boxes delivered to your home
- Working with a Registered Dietitian to learn about healthy eating

To learn if you are eligible

Call CalOptima Health Customer Service toll-free at **1-888-587-8088** (TTY **711**) 24 hours a day, 7 days a week.

Not a CalOptima Health member?

Call the County of Orange Social Services Agency to apply for Medi-Cal at **1-800-281-9799**.

More Benefits

Community Transition Services

Support to keep living in the community

Environmental Accessibility Adaptations

Changes to ensure health and safety

Personal Care Services

Help with daily tasks, bathing, dressing, meal preparation and grocery shopping



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Independence is Health



As a CalOptima Health member, you may be eligible for:

- Help moving back to your home from a facility
- Support services to help you stay in your home
- Changes to your home so you can live safely

To learn if you are eligible

Call CalOptima Health Customer Service toll-free at **1-888-587-8088** (TTY **711**) 24 hours a day, 7 days a week.

Not a CalOptima Health member?

Call the County of Orange Social Services Agency to apply for Medi-Cal at **1-800-281-9799**.

More Benefits

Asthma Remediation

Changes to improve air quality at home

Personal Care Services

Help with daily tasks, bathing, dressing, meal preparation and grocery shopping

Respite Services

Short-term relief provided to caregivers of members



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