When It Comes to Cancer, Knowledge Is a Powerful Tool

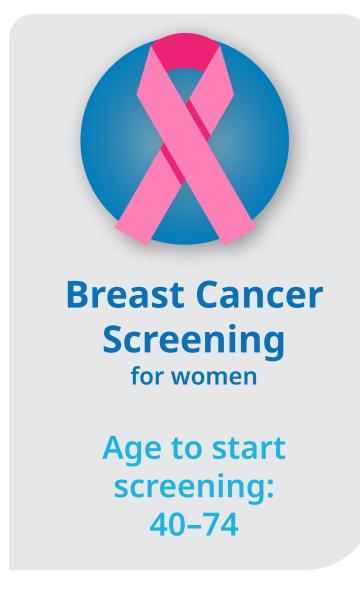


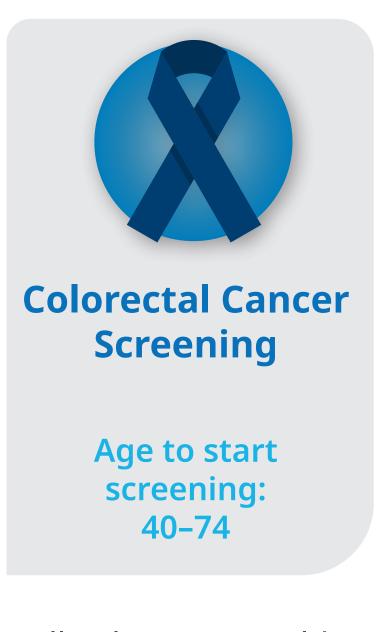
Did you know?

The best way to prevent cancer or to stop it from growing is to get tested. Cancer screenings can find cancer early when it may be easier to treat. The earlier the better.

CalOptima Health aims to prevent, detect and treat cancer with excellence and dignity. We are here to help you at every step of your health journey.

Below are recommened screenings for the most common cancers by the U.S. Preventive Services Taskforce. Ask your doctor what test is best for you.









If you have questions, call CalOptima Health Customer Service at the toll-free numbers below.

We have staff who speak your language.

Medi-Cal 1-888-587-8088 (TTY 711) Monday–Friday, 8 a.m. to 5:30 p.m. OneCare (HMO D-SNP) 1-877-412-2734 (TTY 711) 24 hours a day, 7 days a week

Please visit us at caloptima.org/CancerScreening for more information.

