



# Postpartum Checkup

Eligible CalOptima Health Medi-Cal members can receive a no-cost \$50 gift card for completing a postpartum checkup!



STEP  
**1**

Complete your postpartum checkup within 1 to 12 weeks after having your baby.

STEP  
**2**

Fill out the information on the back of this form and send it to CalOptima Health to receive your no-cost \$50 gift card.

If you have any questions about this member health reward, please visit us at [www.caloptima.org/HealthRewards](http://www.caloptima.org/HealthRewards) for more details.

# Postpartum Checkup Health Reward Form

## How to qualify for the no-cost gift card:

1. Complete your postpartum checkup within 1 to 12 weeks after having your baby.
2. Fill out this form. **Make sure your provider stamps this form.**
3. Submit the completed form to CalOptima Health **within 8 weeks of your postpartum visit.** This program may end at any time without notice.

## How to submit this form to CalOptima Health:

- Fax:** Ask your provider to fax this form for you to **714-796-6613**, or
- Mail:**  
 CalOptima Health  
 Attn: Quality Initiatives  
 P.O. Box 11033  
 Orange, CA 92856-9902

If you qualify, it will take at least **8 weeks** after we receive the completed form for you to get your no-cost \$50 gift card.

**All sections must be fully completed and stamped by your provider to receive the no-cost gift card.**

| Member Name:                |                            | Date of Birth:       |           |                |
|-----------------------------|----------------------------|----------------------|-----------|----------------|
| CalOptima Health ID Number: |                            | Phone:               |           |                |
| Mailing Address:            |                            |                      |           |                |
| City:                       |                            | State:               | ZIP Code: |                |
| Date of Delivery            | Date of Postpartum Checkup | Provider Information |           | Provider Stamp |
| ___/___/___                 | ___/___/___                | Name:                |           |                |
|                             |                            | Phone:               |           |                |

**Disclaimer:** You must meet **all** health reward eligibility requirements to qualify for the gift card. It takes at least 8 weeks after we receive the completed form to process your gift card. The gift card cannot be used to purchase alcohol, tobacco or firearms. The gift card has no cash value, and CalOptima Health is not responsible if it is lost or stolen. You may only be approved 1 time per pregnancy for this health reward. Gift cards are available while supplies last. This program may end at any time without notice.